

Chapter 1 : tingly, prickly feeling all over - Neurology - MedHelp

For the woman of strength who never compromises. Let it shine through with jewelry designed specifically for you. I help busy women like you, by designing minimalist, perfect-for-any-occasion jewelry, so you can feel beautiful and empowered without complication.

Prickly itchiness has been appeared all over the body without any rash or lumps since a month ago. This unbearable prickly itchiness occurs from scalp to feet all over the body at random time and area. When I apply ice pack or something cold directly on the itching area, the symptom is relief. I feel warmth in the area where it is itching regardless how cold my body gets. If I focus on doing something, I forget about the itchiness. But it seems like the symptom gets worse if I sit still especially at office meetings or in the car and when I am relaxing at night. I went to see doctors and checked in hospital, but the blood work came out normal. I took allergy pills in the interim. They make my body numb, but itchiness kicks back as soon as the medicine wears off. Surprisingly, many people from all over the ages have the same symptom over the years, yet there is no specific diagnose to it. Those who have been having the symptom over 30 years have been taking anti-histamine all those years and this symptom has been critically affected their daily lives and marriage. After sharing my symptoms to him, he diagnosed me that this is something called "heat in the blood stream. If this heat has been generating continuously over the extensive period of time, then the heat penetrates into the organs and later causing symptoms like no digestion, constipation, irregular periods, etc. So as blood circulates, it carries the heat which causes the prickly heat at random places and sometimes it causes a headache. He said that this symptom used to occur to widowers especially those who had been taking care of ill spouses, but in modern days, many people get it. I wonder that is why there is no diagnosis to this particular symptom yet even though many people have it. When he later was about to acupuncture my body, I became bit panic because I am a needle phobia and was not happy to see those tiny needles sticking out on my skin. There, I felt a sudden rush of prickly itchiness from head to toe all at the same time. I still have prickly itchiness time-to-time but the symptom subdued very much and at least I now can sleep at night. For those who do not have an access to eastern medicine doctor or an acupuncturist nearby, I would start taking a multi-vitamin pill as someone mentioned above and checking with doctors at the same time.

Chapter 2 : 2 Easy Ways to Eat Prickly Pear Cactus (with Pictures)

Prickly pear cactus is a plant. It is part of the diet in Mexican and Mexican-American cultures and is also used for medicine. Prickly pear cactus is most commonly used for diabetes. Diabetes.

I am sorry to read what everyone is going through. I am a female 67 yrs. I had the same experience as you yesterday.. Also, I am having a Cat Scan for my head and Ultrasound for my neck. Like everyone here in the Forum.. I have the same things going on with my body. Started a year ago. I put ice packs on my body to feel better, but it only lasts for a few minutes and then it starts up again. I exercise, eat well, I look after myself and the only meds. I am on is Pepcid and Prevacid for acid reflux. Thank you everyone for sharing your stories. I thought I was the only one with this condition. I have no other solutions. So as I find the answer I will share this with everyone. You may want to get checked out for this also caicosbound Thought i would post my case here. I am 42, executive in pharmaceutical development. I do not exercise regularly but i am in "semi-fit" shape, at 5 foot 10 and pounds. Since OCT , i have suffered from the following symptoms: A little research led me first instantly to MS, which i was certain was not possible at my later age. Could my nerves be demylenating? I thought this highly unlikely. Very hot showers YES 2. Standing in hot sun YES 3. Lying to a complete stranger at a store YES - stress response, when i got caught due to a mis-matched phone number in their system 4. Hyper-exercise YES after doing 30 push ups very rapidly; and same upon climbing a rope ladder 5. Intentionally wearing too many layers in a warm environment YES 6. I then began to work with physicians and to research the drugs i was taking. I saw two internal medicine physicians, who both referred me to a neurologist after inconclusive blood tests. They both suspected anxiety or panic attacks. The EEG was negative. The neurologist prescribed an anti-anxiety med as a test and suggested i see a cognitive psychiatrist. I had no spikes in BP. I have seen two chriopractors since, and while both have been "fun" i enjoy getting my back adjusted there has been no change at all in my symptoms. My labs have improved considerably since i adjusted my diet in early reduced sugar intake and reduced calorie intake, and tried hard to eat more greens, basically. My glucose is now under My CHOL is under but only by the grace of simvastatin. My HDL is sub-par at My thyroid is chronically low. I have suffered from GERD, hyperthyroidism, and hyperlipidemia for decades, and for at least 12 years i have consistently taken simvastatin, protonix, and levothyroxine. The low thyroid could come into play here I take vitamins, not any partticular brand for any particular reapon, but i am consistent for about 6 months at a time, and they are multi-vit types. I should have my vit levels tested, but i suspect they will be within normal range. So that brings me to the present. One year into this, multiple care providers visited, no answers yet. I am wondering if this could be caused by: Caicosbound Caring Caicosbound, Very comprehensive self-testing. She recommended adrenal supplements she has them at her clinic as my adrenal glands were exhausted from stress. They seemed to work as my symptoms went away in a few weeks. I have the tingling again though re-emerging so I likely need another round of supplements and to get more sleep. To those on this post, I would recommend seeing a naturopath prior to just buying the supplements. I like the detox suggestion from some on this post. Last year they suddenly got very bad. I was working part time too and have 2 kids. I was diagnosed with low calcium and vit d a year ago and 8 months later hypoparathyroidism main symptoms being tingling and cramping hands face and feet. Now my calcium has reached the high end of normal on prescription medication yet the past few weeks have been the worst. Whereas my left cheek would often have tingles and cramp, at the weekend my right cheek started it. My skin is warm to touch but i feel i have a cold breeze on me, my feet and back currently the worst. I feel a bit wobbly today on my feet and am unable to concentrate properly. I also have pins and needles feels more like vibrations in my mouth Last night i was sweating and my skin was warm to touch and yet it was cold to me. I noticed a few posts saying ppl had a normal mri with sensory symptoms so i am hoping for that too. On my search for illnesses to put on a list and raise with my neurologist, i found fibromyalgia to be one that has appeared with body temp issues. While im told i have an endocrine disorder which can interfere with body temp, since my cal and vit d are no longer low, i wonder how this could be the cause now and fibormyalgia has been mentioned on other forums with ppl saying they experience similar problems. Another cause of

sensory problems is a problem with the arteries supplying the brain with blood. When changing dosage I felt always itchy. I am glucose intolerant and have smoked cigarettes. What kind of doctor should I go to??? What kind of home remedies could I use? StateG I too have been feeling these symptoms since late I do have a lymph node swelled on my left side groin area Started suddenly about 2 months ago in October and has not relented since. Severe pins and needles all over chest, back and body when core gets hot or heart beats rapidly. It almost feels like my skin is being electrocuted I have been on lorazepam and testosterone for a number of years but never had any kind of problem before. The symptoms started after a vacation to Los Cabos, Mexico so I was not under any stress at the time. I have read other posts on the internet describing these same symptoms without resolution. I sometimes think it is connected to the drugs I am taking but other posters with similar symptoms are not on these drugs. Please post if you have anything additional to add. I have similar symptoms that recently started and I am in the SF area. I have had a CT scan on my head which was normal. I have had all the blood work which indicates normal on everything. My head prickly sensations are getting better but have now gone to migraines and I get shocks in certain areas of my body esp. I have GERD as well which started during this period as well I have to check with a neurologist to find out more but seems like the big stuff is ruled out right now.. It may be a question of time for things to improve.. I would recommend you check your Vitamin D levels as mine was low..

Chapter 3 : Prickly Skin | Health And Nutrition Tips

In the last few months I have had a prickly foot pain that feels like a cactus being rolled over your foot for a few seconds. It can happen anytime, and from 2 - 12 times a day, some days being worse.

This is a condition that most of us will experience at least once in our lifetime, although some of us experience it much more often than others. Prickly skin is a quirky condition that can be caused by a number of things. The people who experience this sensation are so varied that it can oftentimes be difficult for scientists to put it down to a definite factor. Symptoms Prickling of skin can be described in a number of ways. To some it may feel as though the skin is being pricked by tons of tiny needles. In this circumstance, the sensation is often accompanied by burning or itching. Goose bumps are small bumps that form on the skin. Depending on the cause behind these bumps, they may appear red and be accompanied by itching, or they may simply appear as skin-colored bumps with no real discomfort associated with them. Goose bumps can affect the entire body in one go or they can be localized, such as on the chest, back, arms, legs, or scalp. Causes Prickly skin can be caused by a number of things. The most likely cause behind this condition is a change in temperature. A sudden change from warm to cold often produces prickly skin or goose bumps. This is caused by the tiny muscles located in the skin bunching up tightly. This is what produces the little bumps you see on the skin. The forcefulness of this reaction and too-cool temperatures can result in shivering. Another possible cause is heat. When the temperature becomes warm the glands try to produce sweat even though the glands are blocked, resulting in a buildup of sweat on the skin. The rash may be localized or it may occur all over the body. Embarrassment was mentioned earlier as a potential cause of this, and you may be wondering why. Some people experience a rise in body temperature when they become embarrassed or nervous. Treatment Methods Prickly skin is not a cause for serious concern. The symptoms will go away by themselves and usually do not take long to do so. If the prickling sensation is a result of a change from warm temperatures to cool temperatures, then the treatment should consist of getting the body back to a warmer temperature. A sweater or a blanket may be all one needs to cure the goose bumps or chills. If prickling occurs as a result of heat, one should wash the area using a cotton pad and lukewarm water. After this is done, the area should be dried, and then antihistamine or cortisone cream can be applied. An alternative to these creams is calamine lotion, and is great for relieving itchiness or a burning sensation. An oatmeal bath may also help to soothe the skin, particularly if it is followed up with an application of moisturizing body lotion. Information on this web site is provided for informational purposes only and is not a substitute for professional medical advice.

Chapter 4 : Nutritional Value of Red Cactus Pear | blog.quintoapp.com

If You're Feeling Prickly: Kaktus Copenhagen A small, enclosed space filled with cacti doesn't seem like a good idea but somehow the founders of Kaktus København have made it work. Launched in May by three women: Maja, Cille and Gro, the shop is an ode to their favourite botanical item: the cactus.

Chapter 5 : Feeling Prickly: An Introduction To The Prickly Pear Fruit In Malta | [InterContinental Malta](http://InterContinentalMalta.com)

Prickly Pear Cactus St Julian, Malta Interestingly, a species of scale insect thrives on the prickly pear. This insect produces carmic acid which is used to make cochineal, a red dye used in red food coloring and cosmetics.

Chapter 6 : Prickly sweater, warm feels - A Perfect Mesh

Prickly sweater, warm feels. it's just quirky enough to pass for vintage and if it's vintage, there's a possibility that once this the cactus trend is over.

Chapter 7 : Homemade Prickly Pear Cactus Juice | [The Squishy Monster](http://TheSquishyMonster.com)

DOWNLOAD PDF THIS CACTUS FEELS PRICKLY

Nowadays, prickly pear cactus supplements are available, usually as oils or capsules. Meanwhile, prickly pear extract can be used to remedy alcohol hangovers. 7 The nopales or tender leaves or pads of the prickly pear cactus are also useful, especially when boiling or grilling vegetable dishes.

Chapter 8 : 3 Ways to Remove Cactus Needles - wikiHow

I however, don't love the feel of the seeds as find them too grainy, so I prefer to juice the fruit " and there are so many ways to use prickly cactus pears this way. Step 7: If you'd like to juice the fruit, puree in a blender and then strain out the seeds.

Chapter 9 : hedgehog and cactus watercolor case: Feeling a " Casetify

The prickly pear plant has three different edible sections: the pad of the cactus (nopal), which can be treated like a vegetable, the petals of the flowers, which can be added to salads, and the pear (tuna), which can be treated like a fruit.