

Chapter 1 : 43 Reasons Why You Should Visit Portugal In

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You can explore extremely old churches, monuments, and castles that have many stories and interesting facts about history to offer. What if all you want to do is relax on the beach and take in the sun? Portugal has you covered with islands in the Algarve. Places to stay are really unique, too - you could even stay the night in a castle or former monastery! Portugal is also home to the largest aquarium in Europe, great shopping, and beautiful views of nature. Dona Ana Beach - Algarve Coast Take the time to consider these fifteen places to visit while you plan your vacation to Portugal. Many venture out to Fatima because it is said to be the place where three very young shepherd children, Lucia Santos and her two cousins, Jacinta and Francisco Marto, are said to have seen the Virgin Mary on May 13, The apparitions in Fatima were said to be "worthy of belief" in an official fashion at the time by the Catholic Church. Annual pilgrimages occur around mid-May and mid-October every year, where crowds of several hundred thousand gather. Many walk on foot from around all of Portugal to be part of this major faith-based ritual. The center of town is old and traditional, while the outlying part of Braga is new and more industrial. Braga is easy to walk around, so you can tour the cathedrals on a leisurely day trip from the major city of Porto. Each segment of the stairway is dedicated to the five senses. Bom Jesus do Monte Sanctuary The intricate stairway forms a zigzag pattern. There are also four baroque fountains dating back to around the s. Spend a relaxing day exploring this city, and enjoying the many things that will most likely catch your attention like the architecture of the Raio Palace. Raio Palace Braga is an excellent destination for any tourist who enjoys a good ramble through historic architecture, and see the contrast of the old and modern world. Explore Art Nouveau mansions and take a two hour boat trip on the Aveiro Lagoon. Canals of Aveiro Aveiro is famous for its colorful boats that harvest seaweed; make sure to bring your camera for some unforgettable shots! Also, thousands of students come to Aveiro to attend the University of Aveiro, so there are many activities designed to appeal to the young and active crowd. Aveiro is also known for its sweets, such as trouxas de ovos, made from eggs. Aveiro Train Station All in all, Aveiro is a cute, easy place to visit and explore with many fun and interesting attractions. In Portugal, many old buildings with no current use such as abandoned castles or convents have been converted into pousadas, or hotels. Some of the pousadas focus on totally luxury experiences juxtaposed against the ancient architecture. The castle was originally built in and was the home of King Dinis and his wife Queen Saint Isabel around the early s. One day she was searched, but instead of food, all they found were roses. You can see a statue made of marble depicting the queen on the castle terrace. Shopping can be found in the lower part of town, with a bustling marketplace. Statue of Queen Isabel - Queen of Portugal Go on a Saturday for a chance to shop at the local markets and pick up a piece of locally made pottery. There are plenty of things to do during a visit to Estremoz. Romans created the Temple of Diana, which dates back to the second century. The temple is a very well preserved monument, with 14 Corinthian granite columns. Temple of Diana Walking through the town you can tell there is Moorish influence. Between the whitewashed houses and winding alleyways, Evora can be a fun place to wander around and discover some history and monuments along the way. Take a chance to see the Cromlech of Almendres, known as the Portuguese Stonehenge. It dates back to somewhere between and BCE, and consists of nearly a hundred huge stones of granite. If you look closely you might find some stones engraved with mysterious markings, possibly relating to ancient cults. Cromlech of Almendres If that piques your interest you can also get free tours of the nearby Cave of Escoural, a cave with very, very old charcoal sketches of animals, including horses. Evora features include olive groves, vineyards, and the Capela dos Ossos, or the Chapel of Bones, a creepy chapel made of the bones of thousands of the deceased. A visit there clearly may not be for everyone, but some may find a stop to the Chapel of Bones intriguing. Evora is about a two hour bus ride away from Lisbon. However, the main attraction so to speak of Beja is the romantic and passionate real-life love story set there. The nun in question wrote five letters to the count, which were

eventually published in Paris and then translated into English. The story of Five Love Letters of a Portuguese Nun is a beautiful work that has made Beja famous and draws many people to the region. The 15th century convent the nun lived at is now the Regional Museum, where you can take a look at the magnificent painted ceiling and 16th century tile art. Make sure to also check out the Visigothic Basilica of Santo Amaro, with structures that date back to the 6th century. Look no further than Sintra. The Romans named the place after Cynthia, the goddess of the moon. In the 18th century, the poet Lord Byron visited and wrote that it was "perhaps in every respect the most delightful town in Europe". Wealthy royals also loved Sintra, choosing it as a preferred place to build mansions and villas. The National Palace dates to the 14th Century, and features azulejos colored tiles, major banquet halls decorated in swans, a kitchen to cater to a thousand, and interior courtyards. National Palace in Sintra The other palace you must add to your list of places to visit is Pena Palace. Created around the 19th century, Pena Palace is just how you would imagine a castle to be, with a drawbridge, ramparts, and an amazing ballroom. Pena Palace Explore magical Pena Park, with its black swans, exotic plants, and old villas. Pena Palace and National Palace are only a couple of the many palaces and castles in Sintra. Architecture aficionados and romantics alike can easily spend hours, if not days, exploring all the places to visit in Sintra. The train ride to Sintra is about 40 minutes from Lisbon. One of the particular things to check out in Porto is the port wine, since the entire city is named after it! Another great money saving but still fancy option, is to stay at the Gallery Hostel, a so-called luxury hostel that features a cinema, lounge, a library, a garden, karaoke, and wine tastings. The sunsets are gorgeous, and the Castelo de Vide is in one of the warmest parts of Portugal. The Castelo de Vide is a castle on a mound, and you can walk around all you like for free. Castelo de Vide is home to the oldest synagogue in Portugal. Those of Jewish heritage might be interested in visiting it. Put on your good walking shoes and prepare to spend a fascinating day meandering around this picturesque mountain village. Lagos is known for its beaches, coves, and grottos. You can visit big, sandy public beaches or travel to private ones. Algarve Cliffs There are major resorts, but also smaller, more zen places to stay. Nature is abundant including mountains like Monchique Mountain, and there are more than 30 hiking trails in the Algarve. Companies like The Mountain Bike Adventure provide guided mountain bike rides with breathtaking views of the local, natural scenery. Kayaks can be rented in the summer and boat tours of the grottos are also available. Lagos Harbor Lagos in particular as well as most of the region of southern Portugal, is known for its ceramics, so make sure to stop in a shop and see what the artisans have to offer. A beautiful handmade dish would make a great souvenir or gift. Lagos is actually famous for its cork; believe it or not, Portugal produces the most cork in the world! In Lagos, check out shoes, handbags, and even hats made out of cork. Bars in Lagos tend to cater to young backpackers, and this can be a fun scene. Make sure to try a classic and traditional Algarve drink, Medronho, or fire water. At Pico Island, you can climb the highest mountain in all of Portugal, meters above sea level. Most marinas have whale and dolphin watching, and you can go out on a boat and get about 10 feet from a whale! You can fish and dive, watch birds, and buy tea. Azores happens to produce tea, and is the only part of Europe that does so. Pico Volcano, Azores Make sure to take the time to enjoy a leisurely cup of the local brew while you are there. Pico Island is also home to the largest man-made salt-water pool. Visit the vineyards on Corvo, and watch out for the running of the bulls. The Oceanario de Lisboa has a massive collection of species, with approximately 8,000 fish and sea mammals. The main tank is as big as four Olympic swimming pools. Sharks, barracudas, and moray eels are some of the other creatures you could find in The Lisbon Oceanarium. The building of the aquarium was designed by Peter Chermayeff and resembles a large aircraft carrier. This is a great location to bring the whole family, and kids are sure to enjoy all the fun things to do. Parts of the castle have been destroyed due to the Great Earthquake, but it still has extensive walls and 18 towers. There are amazing views of the city of Lisbon from the Castle of St. George, and you can also visit the gardens to relax and observe local peacocks and geese. Be sure to bring your camera so you can take some truly breathtaking pictures. George, Lisbon By Fulviusbsas via Wikimedia Commons The castle is in Alfama, home of winding medieval alleys with a solid foundation of bedrock that survived the earthquake. Visit the amazing views from the castle and then get lost on the nearby streets of Alfama. Alfama is also home to some very unique hotels and even more modern developments. Make sure you have plenty of time to linger and explore, as you are sure to find many things to pique your interest. Make

sure to check out the mosaic pavements and City Hall palace. History was less kind to royals in the square, King Carlos I and his eldest son meeting their end by gunshot in on that very spot to make way for the Republic two years after that. See if you can spot any modern shopkeepers taking advantage of the history of their locations.

Chapter 2 : Portugal Road Trip: Itinerary For The Best Travel Idea Of

The reasons why visiting Portugal should definitely be on your travel plans in How such a little country in size is huge in potential for your travels!

Perfect to make friends. Book now Or find your own! ALL of these are located in the best central areas of Lisbon, with WiFi and with a rating of 8 or higher. Just pick your favorite! While you are in Portugal, prepare to taste the sea like never before. Like the seafood itself, the portuguese cuisine is fresh and displays delicious and original combinations. Okay, so my knowledge of golf is close to what I know about artichokes plantations: All I know is there are close to 70 golf courses in the country - half of them classified as high standard -, especially in the Algarve area. If golfing is your thing, all the conditions are met for you to have a great time in Portugal. Does the idea of a steak, ham, cheese sandwich with an egg on top and a gravy-based sauce seduce you? It should, even though you may want to eat a salad in the next meal for the sake of your arteries. Laid-back way of living. Despite was the year of all records for Portuguese tourism, you can still expect many calm and peaceful places. Many authentic restaurants, shops and experiences undiscovered my tourists remain authentic, unlike other mainstream destinations like Venice and my home-city right now, Barcelona. Also, we have forcados: Book your accommodation in Portugal now! This little town is encircled by a ring of medieval walls and shows off a rebuilt Moorish castle, now a rural hotel Pousada. Lisbon is very trendy right now and hotels can sell out often. Book your hotel as soon as possible! This list only includes the top-rated reviewed hotels in the heart of the city, with WiFi included. Hard to go wrong with these! Or explore the latest hotel deals: Like many other things, alcohol is also cheap in Portugal which makes it the ideal place to go both to celebrate something going on in your life or to forget your ex. Here you can drink, chat and dance literally on the street. Portugal produces incredible pastries and loaves of bread which I deeply miss here in Barcelona. I challenge you to enter one of the many bakeries and try to choose only ONE thing to eat. This alone is a reason to visit! Markets are the essence and beating heart of any town or city and Portugal is not an exception. A traditional meal like one of the codfish dishes in the previous point or Arroz de Pato Duck baked with rice in a decent average-priced restaurant will never cost you more than 9 euros 12 euros adjusted for prices. In the northern part of the country, this drops to 6 or 7 euros! Check out my post about food in Azores too. While the interior can get too hot in summer time, the coastline has a refreshing set of wild beaches and impressive cliffs that make a hell of a road trip. One of the best-kept secrets in Europe, if you ask me. Check out my selection of the best guest and rural houses in Alentejo. Due to its strategic location as the western most country of mainland Europe in the confluence of the European, American and African continents, Portugal is directly connected by air to half of the world. Plus, low-cost airlines like Ryanair and Easyjet fly from Lisbon and Porto to most of the major european cities for less than euros. Clothes hanging on the windows of colorful buildings, intricate elements on Manueline style buildings, gorgeous sunsets in the sea, neighborhoods with narrow streets, you name it! A different angle to Arco de Rua Augusta in Lisbon. Despite holding off to our deepest traditions, we are very forward-thinking in some other aspects. Same-sex marriages have been legal for years. Transgenders can easily change their gender. And while selling huge amounts of drugs is still illegal, drug use is admitted - and this has actually led to an decrease on the overall number of drug users in the country. Prainha beach in Algarve. To get you started, check out my selection of the hotels with WiFi, breakfast and the best reviews in the region. Search for your accommodation in Portugal now! Lisbon and Porto are very well served by airline connections from all over Europe and also from the U.

Chapter 3 : The Essential Guide to Traveling with a Child in Portugal

Portugal is a country blessed with excellent sandy beaches, rugged coastline, cosmopolitan and architecturally-stunning cities, and incredible weather. Throw in great food, lots of wine, and cheap prices, and it makes for a perfect holiday spot. Because it's on the tip of Europe and isn't as.

Medical Needs I highly suggest travel insurance; it buys your piece of mind in case of crisis. Additionally, make sure your little one has not only received a check-up prior to departure but is stocked on their meds. I recommend that you carry the original container they came in, along with a picture of each item in your cell phone: Also be sure to ask your pediatrician what to pack for a basic medical kit. Things such as saline solution for their eyes, paracetamol for a fever, an anti-allergy, a thermometer, etc are great to have on hand and travel sizes are harder to come by in Portugal. When booking hotels, specify the ages of your kids on the booking form. This is a heavenly service, so use it! If you choose to travel with an urban assault stroller, a sherpa-style baby carrier or a simple umbrella stroller, make the choices that are best for your family. From Michelin starred restaurants to hole-in-the-wall hotels, Portugal has your back. Portuguese respect that you are a mother who needs to feed your baby. Find a spot that calls to you and feed away. Trust me, there is no shame in feeding your baby in public here. Personally, I am a modest person, so I choose a spot where both my baby and I can relax, away from distraction when I can, but I have had to sit in in the center of an extremely busy shopping mall food court at Christmas and feed my daughter and the only person that thought it was strange was me. Kiddy Backpack As soon as my son could walk, he always traveled with his own backpack. This normally contained toys for the day, coloring items, a change of clothes, water and our emergency contact information. Having a backpack taught him responsibility and allowed him ownership of his travel. If he picked up a rock: This newness gave him something to look forward to at breakfast or throughout the day. I also always gave my son a tiny blank sketchbook to draw in and have kept them all as a keepsake , a pack of colored pencils and a funky pencil sharpener. My suggestion, go for easy, convenient and stress free! T-P A Portuguese woman is never without a package of tissues in her purse. Having cleaned and cooed him from head to toe, they reopened their never-ending magical Mary Poppins-esque purses to extend piles of candy while exchanging life stories including: Nine times out of ten, a public restroom will be open, clean and without out a trace of toilet paper. Do yourself a favor and stock up at the grocery store on your first day. Book a Private Tour in Portugal Self-guided discovery is amazing; but like finding a pearl in an oyster, you may not get it right the first time. I was never a guided tour kind of gal. I liked to read up, plan my map and ask locals for directions. I was a budget savvy, a back roads kind of traveler, but after kids, I have learned that spending a little extra is like lifelong memory insurance. When you employ a guide, you not only get their native eye, but you can also have it catered to your family. That way, you get the right guide, sympathetic to smaller attention spans and full of kid-friendly information to keep them engaged. Catavino can help with that! I had been dreaming about seeing this library for years, and upon meeting our guide, I knew she was worth every single extra penny. As soon as we entered the library our guide made Hank her main focus. She got down on the ground and showed him the library from his vantage point. She opened new doors, answered all his questions with a smile, let Hank open books centuries old and rushed past things that he might find boring. Consequently, the experience was utterly priceless. To book a family-friendly guide, go here. Festivals Portugal knows how to throw a party. Festivals are held everywhere from village to big city all year round, but most frequently in the summer months. Festivals last all weekend and all night – quite literally. Kids of all ages will be out until dawn enjoying the peaceful chaos. Remember, these festivals are only once a year, but in your case, it may only be once in a lifetime. Sightseeing in Portugal typically means trekking up steep hills, giant steps, riverfronts, cobblestones, and beaches. Setting up his or her expectations is a lifesaver! This might include evening walks or bike rides, jaunts around the city or hikes in the countryside. Even if you choose buses or taxis to get you into the older parts of the city, there are heaps of places that are restricted to pedestrians, lack parking or are simply impossible to get to their peak vantage point except by foot, with the emphasis on peak. Clothing Go easy on yourself and pack light. There will be a million stunning crafts, tiles,

t-shirts and bottles of wine to fill your bag on the return trip. My suggestion is to go for layers that are season relevant. Hence, summer temps may require a light sweater, windbreaker, handful of shirts, a couple pairs of shorts, pair of pants or leggings and a hat. In the summer a sun hat is a must. While winter needs a similar line up with warmer gear and plenty of rain options. Umbrellas are something you can pick up at any corner shop, but nice waterproof shoes and raincoats can turn a miserable day into a puddle stomping adventure! Also, you may want to YouTube how to make paper boats. Now comes the memory making! Book your family trip with Catavino Full Name.

Chapter 4 : Destinations – The Blonde Abroad

11 Must-Haves for a Young Traveler in Lisbon By Andrew Howe of Queens University of Charlotte 03/06/16 Being a student, people have much free time to travel and, therefore, broaden their minds.

Avoid the booze hotspots of Algarve: These are nothing but bland touristy places with OK beaches nearby. Another option is Lagos, one of my favorite areas in the Algarve. Faro airport is no far and there are transfer companies doing the journey I suggest this one. Check the road trip map for other suggestions for beaches in Algarve. I remember hearing on the news some fatal accident involving cliffs in Algarve every single year. As good as a shade may feel in a hot summer day, cliff rock falls can happen anytime. Where to stay in Algarve Lagos is a great place to base yourself in the Algarve, giving you access to a series of top-notch small beaches. There are many other places in Portugal worth discovering. Here are some suggestions: Porto is very different from Lisbon – and of the rest of the country for that matter – in many ways. But both are clearly national winners in two things: Read more about it in my Porto guide for dummies or in my weekend itinerary of the city. Look around and notice the drying the fish and women with their typical set of seven-layered skirts. Praia do Norte is the location for the world record of the largest wave ever surfed – by Garret McNamara in The monster wave was ft or 30m high and can be seen in this video. Sintra, Portugal Located the northern-most extent of the protected Sintra-Cascais Natural Park, 30km from Lisbon, Sintra displays an alluring fairy-tale nature setting. This little town has been a summer retreat for the portuguese royal family for centuries and is lush with green forests, exotic flowers and exquisite architecture. Beware of the wind! Sevilla, Spain I know this road trip is about Portugal, but why not take a detour and include one more country in your itinerary? Best time of the year to visit Portugal You are absolutely fine to go anywhere between May and October, as warm weather in Portugal lasts for about half a year. Now comes the but. So if you want to avoid peak months but at the same time maximize the probability of warm sunny weather try to aim your trip for May, June, July or September months. If you are really to take this road trip, I bet my pinkie finger you will not have one mediocre meal. Take advantage of your time in Portugal to eat food generally unavailable or expensive elsewhere: What to eat in Alentejo And speaking of Alentejo in particular – oh dear. If you ask me, car rentals in Portugal should be cheaper. Sadly, you can find overall lower prices in other countries of southern Europe. That said, you can still find some great deals, specially if you book early! I always use this great tool to compare rental prices. There is an toll system in operation on the major motorways so taking the secondary roads will be considerably cheaper. If you pass by any of the main tolls, take care NOT to use the green lanes. These are strictly reserved for motors who subscribe to the automatic pay system Via Verde. Some other useful driving numbers to remember – information from Or two to three beers. Finding accommodation in Alentejo and Algarve Having a lot of media attention lately, the accommodation in Alentejo has risen a lot in recent years, both in quantity and quality as resorts, rural houses and guest houses pop like mushrooms. My personal suggestion is Herdade do Amarelo , a stunning homestead next to Vila Nova de Milfontes, but there is a choice to all tastes and wallet sizes.

Chapter 5 : Claravan Travel - The Young Traveler's Guide

Freshly baked bread, olives, cheese, red wine or crisp vinho verde (young wine), chargrilled fish, cataplana (seafood stew), smoked meats - the Portuguese have perfected the art of cooking simple, delicious meals. Sitting down to table means experiencing the richness of Portugal's bountiful coastline and fertile countryside.

A combination of the best parts of Southern Italy and Spain, combined into one beautiful country full of spirit, passion, food, and scenery. This is one of the most asked about spots in my travel and seems to be a very popular place as people start discovering the magic of Portugal. Those are Lisbon and Lagos, two different towns but both on the ocean. This is the seaside village with the quaint atmosphere, cobblestone streets, and incredible gastronomic restaurants. The best way to discover Lagos is just to wander. This is essentially true of most of Portugal, but here time stands still and days are best spent having grilled seafood by the water, hanging out at the beach, and finishing the day with some wine and dinner in the city. Lagos is serviced by easily accessible trains that take you to Lisbon so everyone should check out this unique village and seaside town. The Lagos Coastline and its incredible bluffs

Lisbon: Lisbon is a metropolis, but its certainly walkable. The most well known part of it is the old Jewish quarter called Alfama, with roots all the way back to the 11th century. The views from the top of the Alfama district are absolutely breathtaking and unreal

Cascais: Lisbon is only a short drive or uber away from the seaside town of Cascais. Only 19 miles away, or less than minutes, it is a completely different vista, similar to Lagos, but with its own appeal. It is a more rugged coastline, with massive waves and reminds one of the Southern Cape of South Africa. This is a place to take half a day for lunch or dinner and to take in the rugged coastline scenery. The most famous point of Cascais is the blowhole known as Boca Do Inferno mouth of fire. Life here is slow and relaxed, so take your time, have some wine, and enjoy the views. The Palatial territory of Sintra is less than 10 miles from Lisbon, and once again looks like a completely different place. With an exceptionally mountainous region, fern covered forests, exotic gardens, it is a UNESCO heritage site and home to some of the most beautiful Moorish and Roman compounds- palaces set high up on the hills. You could easily spend an entire day just exploring the different mountain peaks and palaces here. Remember to bring warm clothing because it gets cold out here up in the mountains even in the middle of summer. Pena National Palace is probably the most well known site to visit here, but get there early because it can get very packed with tourists. Palacio De Pena in Cascais

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Chapter 6 : Top 15 Interesting Places to Visit in Portugal

Portugal is one of Europe's oldest extant nations, an ancient kingdom defended by hilltop castles and dramatic walled towns. First-time visitors are usually struck by the friendliness of the people, the affordable food and wine, and the diversity of a country that is relatively easy to travel round in just a few days.

Top 5 Things to See and Do in Portugal 1. I instantly fell in love with it. It has mystique, history, beautiful and friendly locals, and great food. Take a trip to the Castle of St Jorge. The first time I visited here, I came for a few days and spent a week. Walk through the gigantic and impressive gothic doorway and see the interior featuring 16th-century stained-glass windows. The building has seven chapels that are unfinished. It takes about 3 hours to get here by bus from Lisbon. Kick back on the Azores islands These nine islands lie about miles from Lisbon a two-hour flight in the Atlantic Ocean. Each of the islands offer a peaceful and slow-paced way of life, unique wildlife, and stunning beaches. Party in Lagos Lagos is the place people go to party rather than see historic sites or sit in pretty squares. It is an excellent place to soak up the sun and then go out for dinner a drink. Visit the surrounding Duoro Valley and its many vineyards. Other Things to See and Do Click the title to expand the text 1. This is small-town Portugal at its best. You can wander around the abbey at your leisure and find out more about the different parts of the building: The church is free to enter but the monastery costs 6 EUR. The train takes about 40 minutes and costs EUR. There is a famous, beautiful old library that you can tour, but the real thing to do in Coimbra is just to wander through the many old streets. There are many churches and gardens to visit. Tuesdays and Thursdays are the student party nights here. Fado is a very important Portuguese tradition, with at least years of history. Most of the songs follow a theme of loss and mourning. Performances normally take place in restaurants during dinner. Check out Faro Faro is a common starting point for tours of the Algarve region, which is an area full of great beaches, seafood, and plenty of tourists. Stand at the edge of Europe Cape Sagres is the most southwestern point on the European continent. It was here that Henry the Navigator had his famous navigation school, which gave birth to the careers of some of the most famous explorers in history. Most dorm rooms average 10 EUR per night. Private rooms at hostels cost around 40 EUR in a hostel. A double room in a hotel begins at 35 EUR for a cheap, 2-star hotel. My suggested places are:

Chapter 7 : The young traveler • (@bigssissy_littlesissy) Instagram photos and videos

*The best travel idea you can have for is *drumroll* a Portugal road trip along the coastline! It's time to start the engines and explore the most idilic landscapes of this beautiful country! I've decided to create this road trip guide because all the conversations I have about my country.*

Flight time from the UK and Ireland is less than three hours which is manageable with a baby or toddler and the weather is warm and sunny. When to go Portugal is quite a diverse country and the weather varies from region to region. The temperatures can be very hot during this time so make sure to use plenty of sun protection and keep kids hydrated. From April to June and September and October the weather is still warm but not as uncomfortable. The resorts are not as crowded during this time but the ocean is cooler. The Algarve is a very popular destination for parents with babies and toddlers and there are many hotels and resorts along the southern coast which cater specifically for younger children and offer child care, play areas and kids menus. There are plenty of toddler friendly activities in Portugal, particularly in the Algarve and toddlers will love the beach. On public transport, under-5s go free while 5- to year-olds travel half-price on trains but pay full fare on metros and buses. Flight time is 2 hours 45 minutes. This is the jumping off point to the Algarve and southern coast of Portugal. You can also fly to Faro from Glasgow and Birmingham with Thomson. Flight time from London to Faro is 2 hours 55 minutes and from Edinburgh it is 3 hours 20 minutes. All inclusive package holidays are a popular way to travel to Portugal and may save you money as you will be paying for your flights and accommodation together. For tips on the various airlines including weight allowances and policies concerning babies and toddlers click [here](#). For tips on getting air travel with a baby or toddler click [here](#). You could also opt to rent a car seat from Baby Storage Rooms and these can be delivered to your hotel or to the airport on arrival. Best Airport Transfers , Lisbon also offers collection by taxi with a car seat free of charge but you will need to pre book this service. Facilities There is no Wifi in Lisbon airport and the restaurants and cafes are quite expensive. There is a play area for kids in terminal 1 and baby changing facilities are also available. Many of the low budget airlines have long check in queues and board from the tarmac parking bays with passengers being transported between the terminal and the airplane by bus. You will probably need to traverse stairs and airplane steps for these flights. Keep this in mind and get to the airport in plenty of time. The airport is located just 4 kms from the main city area. There are no trains at the airport but most people tend to hire a car or take a bus or a taxi to their resort which can take anything up to 2 hours depending on where you are staying. There are international car rental desks at the arrivals area along with ATM machines and a tourist information desk. You can hire a taxi with a baby car seat from Algarve , who specialise in providing transfers from Faro airport to the resorts with a range of baby and toddler seats to suit all sizes as does Faro Airport Transfers however you will need to pre-book. Jet Lag Portugal is only 1 hour ahead of Ireland and the UK so your baby should have no trouble adjusting to the change. If you are staying for a short time you could keep your baby or toddler on home time to help him or her adjust. Getting around You can fly from Lisbon to the Algarve. Renting a car is another great way to see the county. Grills and barbequed food are very popular and are done well. The simplicity of Portuguese cuisine is ideal for feeding toddlers as ingredients tend to be fresh and simple. Most restaurants in tourist areas will offer high chairs and kids menus or kids portions. In places more off the beaten track, you might consider bringing a fold away high chair or travel booster seat. Carrot, turnip and green salad is also a popular accompaniment. Seasonal fruit ranges from spring cherries and strawberries to summer melons, peaches and apricots. For family friendly restaurant recommendations please see our destination guides for Lisbon and The Algarve.

Chapter 8 : Portugal Travel Guide: What to See, Do, Costs, & Ways to Save

Portugal is home to some of the most luxurious hostels in the world. At some, you can have an apartment-sized room all to yourself for a fraction of what you'd pay for a lesser hotel room in.

Traveling to new cities is one of the best, most exciting experiences anyone can have. There are quite a few areas in particular that are well-known for their appeal to young travelers. Below are some of the best cities that everyone in their twenties should visit. Edward Granlund of Maryland in Verona 1. Budapest, Hungary Budapest, the capital city of Hungary, is beginning to gain a reputation for being one of the most fun and exciting cities in all of Europe. The prices here are fantastic. It all started in , when a young group of entrepreneurs decided to turn an old, dilapidated building into a massive bar complex they named Szimpla Kert. The city is full of incredible architecture, a fascinating history, and some of the most delicious and unique cuisine in all of Europe. For young travelers, Budapest may be the most exciting city in the world. The southern islands are perhaps the most famous spots for tourists to visit thanks to the fantastic beaches and parties; however many prefer the historic northern city of Chiang Mai. There are so many reasons why Chiang Mai is the perfect city for young travelers. Hikes, elephant treks, and a fantastic nightlife scene are just a few of the activities available here. Tel Aviv, Israel Tel Aviv, the second most populous city in Israel, has emerged as a trendy tourist destination for young backpackers. Despite the occasional bad press involving violence in Israel, many travelers enjoy spending time in Tel Aviv to soak up the sun and culture. One of the most popular things to do here is strolling through the old city of Jaffa. This ancient port area is filled with history and has some of the best outdoor markets in the country. Jaffa is also famous for its many top-quality restaurants serving traditional Israeli food. Of course, Tel Aviv is known for its nightlife as well. Some of the best nightclubs in the middle east can are found here, many of which serve drinks at far lower prices than in Europe and the US. Medellin, Colombia Long gone are the dangerous days of Pablo Escobar and his cartel feuds. Today, most of Colombia is far safer than many of its neighboring countries, and Medellin has become one of the most popular cities for foreigners to visit. Even more, this city has attracted a considerable number of expats that visit and decide they want to stay. Why is Medellin such a fun city for young travelers? The list goes on and on. The weather here is known as the "eternal spring," with year-long temperatures floating around 72 degrees Fahrenheit. This allows visitors to enjoy all of the incredible outdoor activities such as hiking and paragliding throughout the year. Medellin is also world-renowned for having arguably the best nightlife in all of South America. El Poblado, the famous backpacking area, is filled with bars catering to a wide range of different budgets. The capital city of Portugal is beloved by many young travelers thanks to its many beaches, great food, and raving nightlife. Portugal, and Lisbon , in particular, is filled with incredible history. Ancient castles are spread around the city, the most impressive of which is the Castelo de Sao Jorge, located in the hills and overlooking the entire city. Many of the old cobblestone streets have remained perfectly intact, and walking through the city gives the impression of being inside a museum. Young travelers will love experiencing the nightlife in Lisbon. It starts late, often kicking off around 11 pm, and goes until the early morning hours. Despite Lisbon having a reputation for being expensive, there are a plethora of budget accommodation options here that can fit almost any budget. Anyone in their twenties is guaranteed to love these cities. Each will offer something different, and can still be visited on a shoestring budget. Do some research into the one that stands out, and get ready for the adventure of a lifetime. This is a YourStory community post, written by one of our readers. The images and content in this post belong to their respective owners. If you feel that any content posted here is a violation of your copyright, please write to us at mystory.yourstory. There has been no commercial exchange by YourStory for the publication of this article.

Chapter 9 : Maya Georgiev (@theyoungtraveler) â€¢ Instagram photos and videos

Portugal is one incredible place. A combination of the best parts of Southern Italy and Spain, combined into one beautiful country full of spirit, passion, food, and scenery. This is one of the most asked about spots in my travel and

seems to be a very popular place as people start discovering the magic of Portugal.