

Chapter 1 : Nancy Friday - Wikipedia

This book is a good introduction to the subject of sexual fantasy, but I'd say it serves more as inspiration than as more explicit "how-to" for anyone interested in more developed fantasy scenarios.

Regardless of the issue at hand, we see them as wanting completely different things—especially when it comes to issues of sex and sexuality. From differences in the way they have approached the sexual assault allegations against Supreme Court Justice Brett Kavanaugh to their views on abortion and same-sex marriage, Democrats and Republicans appear worlds apart. According to the largest and most comprehensive survey of sexual fantasies ever conducted in the United States, it would appear that there are also political differences in our private sexual fantasies. I surveyed 4,000 adult Americans from all 50 states about what turns them on and published the findings in a book entitled *Tell Me What You Want*. As part of this survey, participants were given a list of hundreds of different people, places and things that might be a turn-on. For each one, they reported on how frequently they fantasized about it. I learned a lot about the nature of sexual desire in modern America, but one of the more intriguing things I uncovered was the political divide in our fantasy worlds. While self-identified Republicans and self-identified Democrats reported fantasizing with the same average frequency—several times per week—I found that Republicans were more likely than Democrats to fantasize about a range of activities that involve sex outside of marriage. Why do Republicans seem to be drawn to non-monogamy and Democrats to power play in their sexual fantasies? By contrast, self-identified Democrats were more likely than Republicans to fantasize about almost the entire spectrum of BDSM activities, from bondage to spanking to dominance-submission play. The largest Democrat-Republican divide on the BDSM spectrum was in masochism, which involves deriving pleasure from the experience of pain. Why do Republicans seem to be drawn to nonmonogamy and Democrats to power play in their sexual fantasies? On the surface, it might be tempting to see this as revealing a fundamental difference in their sexual psychology. This is why taboos, no matter what they are, often become turn-ons. Within the Democratic Party, much of what drives the political agenda is the view that inequality is the source of a wide range of social problems. To be sure, sexual fantasies have complex origins. But my research suggests that politics certainly seems to play some role. Most of us seek to meet a range of psychological needs in our fantasies, too, such as feeling desired, validated and competent. Incidentally, just about 1 in 10 Republicans and 1 in 10 Democrats reported ever having fantasized about a politician before. Interestingly, the single most commonly fantasized-about politician among both parties was the same: Sarah Palin though Republicans were much more likely to have Palin fantasies than Democrats. Kennedy, Bill Clinton and Nikki Haley. Note that my data were collected in and before the Trump presidency began and only into the early days of his campaign. At that time, I received only one fantasy about Donald Trump in the entire dataset. If only Congress could be as bipartisan as we are in our sexual fantasies. Justin Lehmiller is a research fellow at The Kinsey Institute. This article tagged under:

Chapter 2 : Women on Top : How Real Life Has Changed Women's Sexual Fantasies | eBay

My Secret Garden: Women's Sexual Fantasies by Pocket Books When it first appeared, Nancy Friday's taboo-shattering bestseller My Secret Garden created a mixed storm of outrage and exhilaration. Those women who feared their erotic fantasies called it pornographic.

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