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Coaching is a central feature of sport at all levels. This groundbreaking new text is the first to offer a comprehensive introduction to the conceptual issues that underpin sports coaching practice, and to provide a complete conceptual framework for understanding sports coaching.

Subjects Description Coaching is a vital factor for success in sport at all levels. Sport Coaching Concepts offers a comprehensive introduction to the theoretical issues that underpin sport coaching practice. Now in a fully revised and updated new edition, it explains why a conceptual approach to sport coaching is more important than ever before, using practice-orientated analysis to help students develop a full understanding of coaching theory and technique. It covers all the key topics of the sport coaching curriculum and includes six new chapters on the evolution of coaching theory, coaching expertise, decision making, social perspectives on the coachâ€"athlete relationship, social inclusion and principles of coach development. Each chapter contains a full range of pedagogical features to aid learning, including discussion questions, practical projects, guides to further reading, case studies and insights from practising coaches. Sport Coaching Concepts is essential reading for all students of sport coaching and any serious coaches looking to develop their own coaching practice. For me, it certainly captures the significant theoretical issues that underpin contemporary sport-coaching practice †An essential read for students of sports coaching and any serious coaches looking to develop their own coaching practice", Laura Gale, Sports Coaching Review Table of Contents 1. Developments in the field 2. Developing a conceptual framework 3. The coaching process 4. Coaching domains and the role of the coach 5. Expertise in sport coaching 6. Modelling the coaching process 7. A proposed model for coaching 8. Sport coaching in social context The professionalisation of sport coaching Coach education and coaching practice He has had a long and successful career in higher education, first in physical education and later specialising in sport coaching studies. He established the first professional diploma in sport coaching and played a significant role in the development of sport coaching as an academic field of study. He is the author of Sports Coaching Concepts: His research interests focus on understanding coach learning, coaching practice and coach behaviour, within a framework of developing a sociology of coaching. He has worked on projects with a number of governing body organisations and professional clubs, as well as developing coaching and coach education in non-sporting contexts such as the police and the military.

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The first edition of this book in was a success by being one of the first textbooks in the U.K., in this field, to put together a non-sport-specific analysis of the coaching process (Lyle, Lyle, J. ().

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