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Chapter 1 : Best Movies Like Bitter-Sweet | BestSimilar

The chapter title is from the description of his Southern childhood by Gerome, one of the narrators quoted: "When I stop now and look back at it it's like some bitter and some sweet." Keywords: black gay men, black southerners, children of the South, southern food, homophobia, racism, segregation.

They either buy it, grow it themselves, or forage for it in vacant lots. No amount of sugar can change the taste. Personally, I only drink it if I am really sick, but it serves its purpose. Thanks for the great article, just please leave some vines out for other foragers! They use it as a tonic. It is said to be a vermifuge, meaning it kills intestinal worms. She also said they sucked the seeds to get the red off, much like we do pomegranate seeds. I read that you have to take the seeds out of the green fruits to eat them, which is a lot of trouble. As for pomegranate seeds I eat the entire seed, always have, more than 60 years now. I suspect that some of them may possess seeds which when ripe are toxic. Momordica charantia or the actual large leaf chinese or indian bitter melon is not the usual species found in the Caribbean islands. There and in Panama there is a much smaller leaved and fruited species: Momordica balsamina whose green pods are used in stir fries and curries. The green leaves, vines and tendrils are made into a tea said to be effective in enhancing the ability of naturally produced insulin to control blood sugar levels in diabetics. More at comment no. I almost fainted from laughing too hard. Hope you read this. Where is the location of the Caribbean store? I would check out the produce section of your nearest large Asian market. Now this is going to sound strange, but I only want the leaves. July 7, , 3: Arturo March 25, , They usually have the fruit at the Food Town supermarkets. Just split the green fruit down the middle after washing the outside carefully. Scrape out the seeds and interior white pith. Cut the rind into half circles and each half circle into 5 or 6 little pieces. Boil about 3 or 4 halves worth of little pieces in about 2 1/2 to 3 cups of water for 2 1/2 to 3 minutes. After that I strain the boiled pieces off and add the water to a tea bag, sweeten with stevia and take the resultant slightly bitter remedy in the morning and evening. Do you just boil a few leaves with water and drink it? Joyce July 2, , Definitely a delicious vegetable. I steam them whole and then add them to scrambled eggs with garlic and ground pork. A little cilantro and some lime and you have great Thai dish. Used mainly to treat colds, flu and digestive ailments 1/2 along with the equally abundant aloe and citrus. We did go to conventional doctors for more serious concerns but these were the mainstay. I was made to drink this daily growing up, for colds, digestive ailments, shockingly high cholesterol, and anytime I looked terrible. We used to gather it from chain link fences behind the stores in the Orlando area or parking lots until someone gave us seeds. Now I got tons of it in my yard, so if anyone wants some seeds, please let me know. Thanks again, Green Deane, for a great article that brought back memories! We sucked the seeds only the red part is sweet and then spat the seeds out 1/2 for some reason never ate them. Would like some seeds though. I grew up in the Bahamas and know them as cerasee. Whenever we were sent to gather vine the pods were always a treat. Would be extremely grateful. Thank you so much for posting. If you have seeds or want to sell some I live in Bradenton Fl. Really want to give him some quality to life now as he is in such distress with daily living. Also the tea can be bought at most Caribbean markets. It actually work at reducing blood sugar it is also believed to help in burning fat. The bitterness is short lived, so it should not be an issue except if this is peculiar to the variety obtainable in Nigeria. After doing a lot of research I had him start sublingual b mcg am. In three months the peripheral neuropathy was gone and his bad cholesterol had dropped so low the doctor wanted to know what statin drug he was on. He was not on a statin drug. That's when I remembered reading an article and also hearing on some news program b is more effective than the top statin drug. I live in Texas, does anyone know if it will grow here? I normally only eat 1 to 3 at a time but it is very very bitter and best to follow it with something a bit nicer on the taste buds. I have had nothing but super comments about an analgesic rub I make. The instructions and first sample came from a 91 year old lady who was a friend of a friend of a friend. The plant popped open easily when I grew it in my garden a few years ago. Now it seems to dry up before popping open.

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When it pops open with those pretty red seeds inside that's when I take it off the plant, scoop out the seeds and immerse the pod in a jar full of rubbing alcohol. When the pod turns white, loses its yellow color, that's when you can rub it on arthritic joints with a cotton ball and be surprised by how fast and well it works. Relief lasts for hours. My question is, if they all are drying up, should I pluck pods from the plant before it pops open with the seeds all red, rather than let it dry up on the vine with no medicinal results? I had neglected the garden for several months due to a broken foot and let everything grow wild. I love the yellow flowers. I have tried to get rid of them but it is impossible on 5 acres of woods. Can someone direct me to a recipe. We also eat the seeds of the ripe fruit which is called lizard food. It is a main ingredient in bush teas for colds and flu. You can smell it before you see it. There is no way that I would ever consider eating any part of this vine. I hate to even touch it to pull it out of the ground to throw in the trash, because it stinks so bad. I tried it yesterday night and it is rather good. I find the BG tea comparable to a pale green tea. Now the interesting part is that the tea is made from sliced and dried pieces of the gourd and not the leaves. Tea is made from the leaves. I did not know it's a weed. I live in MidWest Great Lakes area. Will the plants survive the long winters. They are sprouting so well, now I am having second thought about growing some since apparently they kill everything around them. I am diabetic and have had cancer and I want to use it as a preventive and insulin substitute. Thanks for any info. It just says Camillia-flowered Balsam. *Momordica charantia* will grow in your area but I would start it in pots indoors and over winter its seeds. Some people love it and some hate it. I hated it at first because of the bitterness never noticed a foot smell though but somehow got to like it, and now it has a certain compulsive deliciousness. You definitely start to crave it. Indians make all sorts of curries or stuff it, which I like, but myself, I just slice it and fry in some oil till cooked or even crispy, salt it, and gobble it up. It is the size of a cucumber, always used while green, and you cook the seeds right with it. When cooked they are nice nuts like pumpkin seeds. It dries quickly, and for later use it soaks up quickly, and when cooked is virtually indistinguishable from fresh. It is one of my favourite veges and yes, all the seeds can be stir fried and eaten. Perhaps the big long Chinese bittermelons are cultivated and therefore less bitter. I so wish I could come for the February session. I have eaten the seeds whole, raw.. Not once over the past 4 years have any of us suffered any reaction or discomfort to toxins. Even a very small framed 7 year old boy ate them regularly.. I was originally trying to find out if the flowers were edible of which still no answer found.

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Chapter 2 : Vegetables What Are Bitter Greens? | A Veggie Venture: Vegetables What Are Bitter Greens?

Giving voice to a population too rarely acknowledged, Sweet Tea collects more than sixty life stories from black gay men who were born, raised, and continue to live in the South.

What Are Bitter Greens? January 10, So many vegetables, so many that are unfamiliar! This is one of an occasional series of posts, quick, easy and practical information about out-of-the-ordinary vegetables. On Christmas Eve, a cousin sidled up to me, "Hey, I wanna ask you something. I braced myself for some thorny personal matter. Instead, he queried, "What are bitter greens? Earlier in the day, he and his wife Jan had seen a recipe that called for bitter greens and wanted to know what they were and where to buy them. Remember the time when someone was searching grocery shelves for "tepid water"? That taste of bitterness appears in many favorite foods: What are bitter greens? Bitter greens belong to that big family we loosely call "leafy greens," the edible leaves of certain plants, mostly though not always dark green in color. Leafy greens are packed with nutrients and every list of healthy foods kicks off with the superfood of leafy greens. All of us, myself included, should eat more leafy greens than we do. The big family of leafy greens, though, includes the lettuces, most of which would be considered "sweet greens" not "bitter greens". Do you remember eating spinach and feeling a rough, pasty film attach to your teeth? Bitter greens do that. The technical term is "astringency". The bitterness in bitter greens can be mild or strong. Early-season greens can be less bitter than late-season greens of the same variety. Test this by growing arugula: Not everyone appreciates ha! Bitter greens might also be considered "winter greens". Which greens are bitter greens?

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Chapter 3 : Bitter Gourd, Balsam Pear: Pharmacy On A Fence - Eat The Weeds and other things, too

"Some bitter and some sweet: growing up Black and gay in the South -- Coming out and turning the closet inside out -- Church sissies: gayness and the Black church -- Do you get down?: homosex in the South -- Trannies, transvestites, and drag queens, oh my!: transitioning the South -- Sweet magnolias: love and relationships -- Of legends.

Patrick Johnson wrote and performed this one-man show, interpreting the stories of 13 of the 63 men he interviewed for his book. Johnson first became interested in performance through the documentation of oral history. Sweet Tea was not his first performance piece, and certainly will not be his last. The impact performance had on his life is visible even in his career. We feel it is crucial to include this information about the author because his identity plays such a big role in the stories he is telling. In this work, he hopes to probe these narratives for both their commonalities and their differences so the reader will gain a better understanding of what it means to be a black gay man in the South. Johnson groups the stories of his narrators around a few common themes: The narrators all come from different backgrounds, and have different experiences, but also some things in common, like Johnson emphasized. Some were married and had children, while others never married and are still dating casually or simply not interested in relationships. Overall, every man had stories to share about his own interpretation of what it means to be a black gay man in the South. Johnson uses this form of historical discourse to put the stories of black gay men in the South in conversation with the traditional historical discourse that often ignores their existence. There is a specific focus on the contradictory nature of the black church, which condemns homosexuality yet simultaneously provides a sense of community and belonging. Historically speaking, the boundary between a gay man and a trans woman is often blurred, hence their inclusion in this book. This theme of contrast and challenging Eurocentric viewpoints also directly relates to our class, especially readings about the significance of Africana Studies from early in the semester. Works Cited Johnson, E. Black Gay Men of the South. The University of North Carolina Press, What are the Multidisciplinary Perspectives. Cognella Academic Publishing, , pp. Ruiz, Jason and E. Patrick Johnson and Jason Ruiz in Conversation. Digital image of rainbow flag with Black Power fist.

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Chapter 4 : Sweet Tea by E. Patrick Johnson – “Black Gay Men of the South: an oral history

Sweet Tea: Black Gay Men of the South upon this project and his own experience growing up in the South as a black, gay man. is more bitter than sweet.

Tap here to turn on desktop notifications to get the news sent straight to you. Open Search Joe Kort, Ph. The problem is when their attraction is limited only to straight men and blocks them from enjoying relationships with other gay men. The song is about a gay young man who has a crush on and falls in love with a straight young man. It is a beautiful love story about innocence, first love and attraction. It is a tale of unrequited love. In "All-American Boy," the gay guy unwittingly falls for a straight guy. Perhaps he even wants to see an interest. It is an innocent mistake early on to crush on a straight guy. The problem is when their attraction is limited only to straight men and thus blocks them from enjoying genuine relationships with other gay men. Straight men often view gay men as embracing the feminine and therefore "kick them out. We may even try to have sex with them. Internalized Homophobia This is the easiest reason to cite. Whenever I hear the label "straight-acting," I cringe, because to gay men, usually it really means "masculine-acting. Forbidden Fruit Simply because we know that we cannot have straight men, that might enhance our desire to want them. The dangers involved in hitting on a straight man and the risks of humiliation and verbal and physical harassment can actually add to sexual arousal. Straight Men Represent Authority A common scenario in gay porn is the hot military officer, policeman, boss, coach, teacher or other straight authority figure who forces himself onto a gay man, with both of them ultimately enjoying it. This allows gay men to feel desired -- or at least accepted -- by a certifiably straight man and lets them feel good about being dominated. Sexual fantasies about straight men can be displaced longings for acceptance by straight guys in general. When we become gay adults, sexualizing those straight "daddy figures" gives our unconscious a way to feel safely attached to them. The sexual fantasy of pleasuring a straight guy lets you make intimate contact with him and finally win your "father" over. Belonging Gay porn abounds with fantasies set in fraternities. Everybody -- and every body -- wins. It can also distract you from examining your own issues and conflicts in dealing with straight males. Father Hunger If any gay man enjoys fantasies about straight men, I suggest that he explore his relationships with his father -- and with all the other important, influential straight men in his life. After all, people work out all types of challenges by maintaining relationships. For gay men attracted mostly or only to heterosexual men, the solution is to discover what you find so compelling about straight men. If it has to do with belonging and acceptance, then join groups and organizations where you befriend straight men without the bond turning sexual, which will only leave you feeling empty and alone. If you have unresolved issues with your father, go to him and work them through. Strike up conversations with jocks. Join sport teams that attract men with more testosterone. Nobody gets everything he wants in a relationship. See straights as potential friends, not partners, and focus on the masculine traits in other gay guys. It is also OK to engage in sex with a straight guy if he is interested. Just know that it will not turn into a relationship given the obvious: The concept of gay men attracted to straight men is often heard by fearful straight guys worried that a gay man might come on to him sexually. The gay male community often tells straight guys to get over themselves and their homophobia and not freak out. Yes, straight guys need to be less reactive, but I see their reactivity as a response, in part, to never having been taught by anyone how to fend off unwanted sexual and romantic advances. For straight guys who read this blog post and worry that their gay friend or some other gay guy will hit on him, I say to you, "Learn how to manage your reaction in a healthy way. It is a compliment, and be flattered. Tell the gay guy that you are simply not interested. And maybe take notes on how the straight guy in this video does it -- respectfully and in a connected, friendly way, without taking it personally!

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Chapter 5 : First Nighter: Noel Coward's Bitter Sweet Gets Sweet, Bitter Bard College Revival | HuffPost

In addition to filling in a gap in the sexual history of the South, Sweet Tea offers a window into the ways that black gay men negotiate their sexual and racial identities with their southern cultural and religious identities.

Keep a positive outlook always. My father at 12 years old I learned a lot from my father but one of the most important was to take what life hands you and make the best of it. At an early age in life 7 he and his brother and sister were orphaned when their mother and father died within a month of each other. This was over a year with out a break. In their case much of that time was spent in front of the lines. After the war he came home and my mother and he were married and a year went by and she became "In the family way" as they said back then with my brother Phillip. Phillip passed away about a year later toward the end of In we had just moved into a new house, well new to us, on Mercer Avenue when my twin sisters Mary Katherine and Eva Louise were born. They were premature and did not survive. This and the loss of my brother I am sure had a lot to do with me being spoiled. My father with my daughter Life went on and soon after this my father went to work for Wanet Sausage Company. These were some of the finest people in the area to work for. Not being someone to give up he went back to work but the company made a job for him that was much easier and paid more money. He worked that job from until when because of a stroke he had to stop work. Just the year before they had moved back in town to be closer to the hospital, which may have saved his life. He finally lost the fight with heart disease and passed away in June of He always no matter how he felt or what he thought on the inside, was nothing but positive on the outside. I say I learned this from him, but I have never quite managed to live like this even though I try. Posted by nasgi at A Good Switching Some of friends may have never heard of having a good switching a real contradiction in words. You can take my word for it, there is nothing good about it. If you did give a truthful answer it would just make thing worse because no one in their right mind would say that they want one. I think the worse part of a switching was when you were made to go out in the yard and break off your own switch from one of the bushes in the yard. I made the mistake of taking a branch from a rose bush one time thinking that my mother would never use that. Maybe if they had there would not as much need of our court system. Posted by nasgi at.

Chapter 6 : bittersweet | Definition of bittersweet in English by Oxford Dictionaries

There are some very emotional scenes with Sasha in the first season, and being a gay man growing up in Russia, I have a very strained relationship with my father and my brother, who live in Russia.

Chapter 7 : Growing Bitter Melon â€œ Bonnie Plants

Thoroughly researched and completely engaging, "Sweet Tea" is a look into an overlooked minority: black, gay men of the South. The author spent time interviewing dozens of men - all natives who still call the South home -from all age ranges and transcribed the conversations.

Chapter 8 : Project MUSE - Sweet Tea

'We purchased some things there (including some of those bitter-sweet cola worms that sell all over the place in NZ) and headed back towards Brooklyn on the subway.' 'The whirling flavours release bitter-sweet lime, aromatic bitters and fiery ginger with every twist.'

Chapter 9 : Some Bitter and Some Sweet: Growing up Black and Gay in the South - North Carolina Schola

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Those may be some of the threads that hold the South's patchwork quilt together. But the more I think about it, the more I believe the South might best be described as the place where the residents argue that they are Southerners.