

**Chapter 1 : Nanjing Road at your Door - Review of Sofitel Shanghai Hyland, Shanghai, China - TripAdvisor**

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Come on, make a small cultural effort. Congratulation, welcome to the Asian continent with a stop in Shanghai. At 1, feet it has become the symbol of Shanghai. It was the tallest structure in China between and It was then surpassed. I let you guess which building it isâ€¦ the name has a direct relationship to its design. But the race goes on: If Pudong impresses by day, at night, we discover the full splendor of Pudong by night when all the buildings are lit, and the illuminated boats sail past on the river. It is hard to imagine that until the s, Pudong was only farms. This museum is home to rich cultural collections, over , pieces, and is a showcase for ancient Chinese Art. Near the museum is the vast Shanghai Grand Theater with an architecture just as extraordinary. The building was designed by Arte Charpentier, a French architecture design company founded by Jean-Marie Charpentier. Early morning, as soon as 6am, if we walk in Fuxing Park and gardens, for instance, we soon realize that all green spaces are assaulted by an army of practitioners of Tai Chi, sword dance, fan dance, all sort of traditional dances, players of cards, mahjong, and passionate of kite. There is something for every taste! For us Europeans, these moments seem magical. Hundreds and hundreds of small boxes containing locusts and insects of all kinds are arranged on shelves. In choosing locusts people follow special rituals! They hold a lamp in one hand and a small stick in the other. They open the box and check that the cricket is receptive, that is, alive and healthy. Some people spend hours inspecting and observing, before buying the best species for a locust fight, known by its nickname Jiminy, which will perhaps allow the buyer to earn some money! And yes, even if people buy these insects as pets, many locusts are still intended to be used in combat, which is very popular. Purchasers, train their little champion in the hope that it will win duels and thus enable them to earn a few yuan! The locusts are trained to fight or adopted for their particular song. Frankly, a visit to the insect market provides a total change of scenery. This Chinese delicacy is made by preserving duck, chicken or quail eggs in a mixture of clay, ash, quicklime, tea, soda, brown rice and salt for the base for several weeks to several months. The eggs then acquire a texture, a distinctive color and a sweet and sharp taste at the same timeâ€¦ personally, I did not dare to take this gastronomic step! Jade Buddha Temple â€” Jade Buddha statue At the heart of the modern city of Shanghai, west of Renmin Lu, is the old city, the oldest inhabited part of Shanghai, showing everyday life in China before modernization. Small streets, called hutongs, narrow, congested and winding, are lined with typical Chinese houses with red and gold roofs. When we are overwhelmed with shopping and crowds, we can go to relax in the heart of Yu Garden. A zig-zag bridge provides access to the garden is of itself a curiosityâ€¦ It seems that evil spirits do not know how to turn corners, and consequently the zig-zag bridge keeps them away from the garden. If you are not up for an irrational explanation, there is also a rational explanation: The garden looks like a miniature world: We go through doors of different shapes, such as the round door called the door of the moon, to access one path or another. To conclude our overview of the city, a must-see in Shanghai is the Jade Buddha Temple. The temple is built around several rooms containing a large collection of Buddhas, Buddhas, Buddhasâ€¦ and more Buddhas. The atmosphere is peaceful, and the colorful Buddhas and drapes are beautiful. This temple was built in , replacing an old temple destroyed during the revolution that overthrew the Qing Dynasty. One of the statues, a sitting Buddha, 1. The statue represents the Buddha in meditation and enlightenment photography is prohibited. Another statue depicts a reclining Buddha, 96 centimeters long, and symbolizes the good fortune of rest â€” photographs authorized this time! If you like this post, feel free to share it on Pinterest!

**Chapter 2 : Locate us at Nanjing Road | The Middle House Hotel Shanghai**

*At Your Door: A Survival Guide to Customs & Etiquette* [Rebecca Weiner] on [blog.quintoapp.com](http://blog.quintoapp.com) \*FREE\* shipping on qualifying offers. *Culture Shock!* adds two new *At Your Door* city lifestyle guides and one new country guide.

Even the woman pushing around the metal cart full of fresh flowers will give you her cell phone number. As soon as you order a bowl of the savory la mian, the magical process begins. The dough starts in a thick ball, which is stretched, twisted and wrung out by hand, effortlessly resulting in perfectly thin, fresh noodles. Wallet-friendly grooming A quick shave in an outdoor setting. Anything and everything is possible The bright lights of Shanghai. Hasson, co-director, Luxury Concierge China. Where did you go tonight? You look like a nun in that outfit! The women behind the counters are like your mom, but funnier. Community karaoke Chinese parks are known for having everything, from backward power walkers to kite-flying grandpas. But Fuxing Park takes park-side entertainment to a new level. A group of retired folks frequently gathers in the park for mid-afternoon karaoke, belting out Chinese tunes on a microphone as they scan a laptop for the lyrics. It lists their height, weight, interests, education and may include a photo. Myriad Mao memorabilia Mao memorabilia is everywhere. Dongtai Lu "Antique" Market. The tailors at the South Bund Fabric Market aka The Fabric Market will make anything you can dream up for a fraction of the designer price. We recommend stall for leather goods, stall for linen goods and stall for a good cashmere winter jacket. Brunch is a way of life Pandas living an enviably chilled life at the Wolong National Nature Reserve. In fact, decadent brunch is a way of life There are several iconic Shanghai experiences, and Brunch at The Stage in the Westin Hotel is one of them. This gluttonous affair offers a two-floor culinary experience with live music and almost any dish imaginable from foie gras to fresh seafood, soup, teppanyaki and traditional Chinese delicacies -- all accompanied by Champagne, shots of iced Van Gogh vodka and free-flowing wine. Fabulous cabaret After a night at the cabaret? The Pearl in Shanghai is a must-visit -- it is a historic theater turned nightlife hotspot. Pensioners gather with a boom box in squares and parks city-wide. Not to battle it out to hip-hop beats, but to gracefully move and turn, ballroom-style. Anyone can get involved and many people just go to watch -- and still get pulled in for a dance. Haibao Hillary Clinton takes on two Haibao at once. The last place on Earth to truly meander Street life is a form of kinetic sculpture in Shanghai. Start at the corner of Wukang and Hunan and get lost in the quiet tree-lined avenues of the former French Concession. Finish up with a cigar and a drink at Mardi Gras at Xingguo Lu. My Place Ruin Bar After nightlife institution Bar 88 closed down in , it was like lifting a log on a colony of nightlife loving cockroaches. Fortunately, they have scurried out across Shanghai to set up new colonies. Bars where you can find regulars and can stay all night quaffing beer abound. I feel privileged to live in China, Shanghai specifically, because I get to see the music scene grow up from really nothing: Di Shui Dong ribs Not your typical, sweet-and-sour, miniature rib appetizer, these are the meaty, spicy, grab-on-with-both-hands goodness that the Shanghai dining masses can get behind -- and do, again and again. Maglev When your train goes that quick, it has to be cleaned carefully. Low-cost late-night cuddling In Shanghai, you can get a bear anywhere. Nothing says love like a bear nearly as big as you are. The abolition of "Expat Apartheid" Shanghai blows Beijing away in style, elegance and nightlife, but our cousins to the north have always held the upper hand in local-expat relations -- until now. An unlikely candidate is changing the game. Shanghai is back on top. It is quite rare to have the opportunity to grow together with a new city of this scale, to feel a part of the city growth. I love Shanghai because it never sleeps. We can feel the energy. Shanghainese There is nothing that defines Shanghai more than Shanghainese. Caught somewhere between the sign of a lost generation and the true pretentiousness of a new generation that wants to make sure everyone knows exactly which world-class city they grew up in, Shanghainese is part of the code that forms this city. Packed with everything from classical buildings erected by colonists to futuristic neon-lined skyscrapers, Shanghai offers an living history lesson with every step. Jiaozi in all forms: Fast food Shanghai style. Carefully suck out the soup before you dunk the dumpling in vinegar and devour it. Somewhere between a restaurant and a hole-in-the-wall, this local staple offers some of the best xialongbao pork or pork-and-shrimp varieties in town. Order downstairs for a quick bite or savor them in the upstairs restaurant. Pajama people

Patterned pyjamas on public parade. Men and women shop, play cards, drink tea, and chat with neighbors in their nightwear, even in winter. Yes, they have top-and-bottom matching wooly pajamas for that, too. Twist, push, and pull your way to a taught bod in the great outdoors. Shanghai has an interesting pool of creative people who draw the city together very successfully. Small shops often specialize in selling one fruit, implements for one trade or tools for one craft. Treasures can be found anywhere, not just in malls and major shopping streets, from the man who makes rocking horses -- and only rocking horses -- by Suzhou Creek to the guy who sharpens knives outside your neighborhood food market. Bargain back rubs Flaming towels cost extra. Your qi will never look so good. Look up Behold the amazing apocalyptic yellow skies that form just before a storm over Shanghai. Tai chi republic Feeling the flow with tai chi. It is believed that banging ones arms and legs or rocking against a tree hitting your back as you do improves circulation. Green living Shanghai citizens light candles as they take part in an event to promote "Earth Hour". Social consciousness Social entrepreneurs here are popping up all over the place. Luminaries from many industries -- strategists, architects, designers and more -- gather to research and workshop in creating innovative products to make life easier for those who are struggling on low incomes. Originally meaning mountain stronghold -- areas where bandits used to hide out -- the term now refers to all those products operating and being created outside of government regulation, and Shanghai consumers love each of every one of them. The Avocado Lady On the hunt for avocados in Shanghai? Head to Wulumuqi Lu. Her shop at Wulumuqi Lu is one of the only places in the city to buy cheap, fresh avocados, a rare find. Her store looks like nothing special from the outside, but the good import foods at incredibly low prices have made this woman famous. Her business savviness, catering to the globalized market, is both ingenious on its own and representative of the nature of Shanghai as a whole. Simply put, the tunnel is in famous for leaving riders asking "Huh? Fast-moving food fads Mexican, Italian, crepes, cupcakes and steak -- this city has seen more than its fair share of dining trends. New ones keep rolling out before we can even get around to trying all the places that popped up during the last fad. Italian restaurants and wine shops are still on the rise. Keep your eyes peeled. That innocent looking couple renovating the apartment next door to yours might be opening their very own house of pasta or vino. Scrappy live performers Out of key, but good enough for rock and roll. Taikang Lu is a residential area turned restaurant and retail district with at least a hundred shops that sell silver jewelery, traditional handicrafts, clothes, antiques, art, tea and T-shirts with Chinese iconography. Thank you Everything says thank you -- the taxis, the Maglev, everything that has speakers on it will thank you for using it, usually in amusing Chinglish. Hearing "Thank you for take my taxi" is as common as hearing a phone ring. Jade Bremner is a prolific traveler, extreme sports enthusiast and music fanatic. This article was previously published in It was reformatted, updated and republished in

### Chapter 3 : Bebemamie: Fresh, unsweetened yogurt delivered to your door – Shanghaiist

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Five years ago, we may have been ready with a long list of items in response. In many ways, Shanghai is home now, and a lot more Western comforts are readily available here in than there were just a few years ago. And on our most recent trip it was fat free fruit-on-the-bottom yogurt. I think the brand we used to get back in the day was Dannon. Some imported yogurts are available at the City Shops and Fei Dans, but if we recall correctly, they are rather expensive. So, earlier this month we were talking about yogurt at a bar with a friend prior to that topic, you better believe we were talking about manly things like sports, cars and power tools and he directed us to a post on the uber-manly website shanghai-mama. Better yet, they deliver to your door every week. Here are the details: You pay by the month, and you have to agree to buy at least eight g jars a week at RMB 10 per jar. The yogurt is as advertised: A few other things of note: Berries – we like to mix them into our yogurt. The best deal we have found is called Berry Cocktail from a German brand Jutro. A g box is something kuai. Frozen berries in bags are RMB for about the same amount. Your best bet, really, is fresh strawberries from your neighborhood fruit stand. If any readers have a reliable and affordable berry hook-up in town, please share. So, if you are interested in getting yogurt delivered, it might be a good idea to split your weekly shipment with a friend, unless you really, really like yogurt. The company was founded in when French couple Hano and Philippe Jallet began producing unsweetened, natural yogurt at their home in Shanghai. The couple had just arrived from Japan and were disappointed with the standard of dairy produce available here. Up until around this time last year, this was the bulk of our client base. But over the last twelve months we have developed to deliver to over households in Shanghai and Suzhou. We have also started to sell through a few outlets: Those who do not wish to receive a home delivery can collect at those places. Because we know how many units to produce regularly, we can produce daily with minimal waste. We only produce plain, natural yogurt. We use imported Australian Milk, natural bacteria from France and nothing else. Bebemamie Yogurt, fresh, unsweetened yogurt delivery in Shanghai.

### Chapter 4 : Shanghai Garden | Cambridgeshire, Peterborough, Takeaway Order Online

*Direct to your door Everything delivers in Shanghai, and we're not just talking Chinese food. Even the woman pushing around the metal cart full of fresh flowers will give you her cell phone number.*

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### Chapter 6 : Nanjing Road at your Door - Review of Sofitel Shanghai Hyland, Shanghai - TripAdvisor

*The Shanghai Garden is located in Cambridgeshire, Peterborough, West Yorkshire. You can now order online, all your favourite dishes and many more delicious options, and have them delivered straight to your door in no time at all.*

### Chapter 7 : Exit Board Factory, Custom Exit Board OEM/ODM Manufacturing Company

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