

## Chapter 1 : Raising Respectful Children in a Disrespectful World by Jill Rigby

*As a mother of four children in today's world I applaud the authors of "Raising Respectful Kids in a Rude World." I found the examples and techniques offered to be practical and empowering in developing mutual respect between both parent/child and peers.*

I had just finished a bible study on parenting, so I was intrigued and wanted to continue this subject! Jill Rigby has some wonderful points. This is something that I find difficult to keep separate, and find myself jumping into many different facets of each style. In Parent-Centered, the parent is concerned with molding the child into what they want them to be, in giving them the attributes publicly that they want. Then there is Character-Centered, which seems the obvious answer. Teaching your child to have good character, both privately and publicly. Doing what is right, versus what seems fun, or ideal at the time. One that really resonated with me was her advice to "Cut out the Maybe" in your answers, and thus saving yourself a day or even week long battle. If your answer is yes, say yes. If it is no, say no. You often know in the moment your child asks which way you are going to sway, so save yourself the battle. This is something I am horribly guilty of! There was plenty I did not believe with her on, as is typically the case with these types of books. I like to think I have a unique parenting style, and I try to base my decisions on what is best for my child specifically. But she brings up the Harry Potter series as well, and one of my biggest pet peeves is bringing up that book in Parenting. And I am a huge advocate for teaching my child the difference between real and pretend - and thus? I strongly feel that the mention of such pretend, made up, fictional literature has no place in a parenting book. I see that word and I shut down - much the same for many other Hollywood references. She also talks about the difference between Self-Respect and Self-Esteem. Which to me, was a bit narcissistic. It felt like she was pushing for one or the other, while I see huge benefits to having BOTH in your daily life. Self-Esteem is important, especially in this day of bullying. However, Self-Respect is also important, and I think there needs to be a balance between the two, where the author was encouraging Self-Esteem over Self-Respect. Those who blindly follow, or those who read everything with a very subjective eye, and are not easily offended or swayed but open to reflecting on your parenting styles anyway. I found some helpful tips, and was able to re-evaluate a few of my weaker spots in parenting.

## Chapter 2 : How to Handle Disrespectful Children - Set Effective Limits with Kids

*Nobody likes rude kids. But you love your children and want them to be liked and appreciated for who they are. Your challenge as a parent is to raise respectful children who in turn deserve respect. So how can you develop caring and courteous children in this individualistic and often crass world.*

Sadly, this kind of behavior from kids is everywhere, and it only seems to be getting worse. Parenting is not a popularity contest. You need to be in control and you need to set some limits. Your child is not your partner or your peer. Some of it can be chalked up to the fact that our culture’s movies, music, internet sites and television often glorifies disrespectful, crude or even cruel behavior. Added to this dynamic is the fact that Baby Boomers and Gen Xers are generally less authoritarian and more submissive than prior generations were, and therefore much less likely to say no to their kids. On top of this, stress levels are extremely high in most households, both parents are working and might be worried about jobs, bills and other financial or personal strains. Many if not most parents are simply unable to devote the time and attention that it takes to sit down and thoroughly handle every situation that comes up with their kids. Disrespectful behavior—cursing, yelling, arguing, ignoring you, refusing requests, name-calling—is a kind of wakeup call to parents. This is a process that happens over time. It takes time and you will need to stick with it. If your kid has suddenly started talking back, rolling her eyes and copping an attitude, as annoying and difficult as it is to deal with, disrespectful behavior is actually a normal part of adolescence. This is a painful thing to do that most adolescents would admit it! Disrespectful behavior often comes down to kids having poor problem-solving skills and a lack of knowledge about how to be more respectful as they pull away. Often when kids separate from you they do it all wrong before they learn how to do it right. A change needs to happen in how you manage their behavior, and change is always tough. This was a painful incident for all of us, but we made sure not to get pulled into a power struggle with him over it. Here are 5 rules that will help you handle disrespect: This behavior really is all about them individuating, and not about you. Instead of allowing yourself to feel hurt or angry which is a surefire way to get pulled into a power struggle, be clear and direct with your child. Tell them the behavior is wrong and then disengage from them. During that time, you need to show me you can behave respectfully to people in this house. If you swear or are rude again, the two hours will start over. Your role as parent is vital—you are in charge and your child is relying on you to lead the way. Be Prepared Know that some rude or disrespectful behavior is normal in adolescence, and be prepared for it. State your limits, then turn around and walk away. If you can do this once, it makes it easier to do it again. Plan ahead and let your child know. If you do, there will be a consequence. Set limits when everyone is calm rather than in the heat of the moment. But what do you do when your kid is swearing in your face, calling you names, ignoring you or trying to boss you around? Your job is to parent your child and teach him to behave differently. I think most of us have triggers when our kids are disrespectful and then we end up getting sucked into arguments with them. If your child has drawn you into a fight with disrespectful behavior in the past, be prepared that he will try to do it again. Are you going to set a limit? You might decide to give a consequence for the behavior and then have a follow-up discussion about what happened. The goal is that you teach your child to behave differently. Kids have to get the message. Decide today that you are going to start doing things differently. The three crucial roles for you to play as a parent are Teacher, Coach and Limit Setter. We teach them how to behave, we coach them and encourage them when they get it right, and we set limits when they get it wrong. These three roles are really the key to being an effective parent. Remember, the goal is for kids to be able to function in the real world and go on to be responsible adults who can live on their own. We basically want all the things for our kids that our parents wanted for us: Change is hard but it can happen at any time. When you want things to be different, you just have to do some work. Show Comments You must log in to leave a comment. Create one for free! Responses to questions posted on EmpoweringParents. We cannot diagnose disorders or offer recommendations on which treatment plan is best for your family. Please seek the support of local resources as needed. If you need immediate assistance, or if you and your family are in crisis, please contact a qualified mental health provider in your area, or contact

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your statewide crisis hotline. We value your opinions and encourage you to add your comments to this discussion. We ask that you refrain from discussing topics of a political or religious nature. A veteran social worker, she specializes in child behavior issues ranging from anger management and oppositional defiance to more serious criminal behavior in teens. In addition, Janet gained a personal understanding of child learning and behavior challenges from her son, who struggled with learning disabilities in school.

### Chapter 3 : [PDF] Raising Respectful Children In A Disrespectful World Download eBook for Free

*In Raising Respectful Kids In A Rude World: Teaching Your Children The Power Of Mutual Respect And Consideration, Gary D. McKay, Joyce L. McKay, Daniel Eckstein, and Steven A. Maybell effectively collaborate to provide parents with an instruction manual of empowerment techniques for raising children that adhere to a standard of conduct.*

### Chapter 4 : Raise Respectful Kids in a Disrespectful World - Christian Parenting

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*Raising Respectful Kids in a Rude World by Drs. Gary and Joyce McKay, Eckstein, and Maybell, is such a book. If you've ever wondered how to raise thoughtful, respectful, honest and peer-resistant kids in a breaking-down society this is the book for you.*

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*"I confidently recommend Raising Respectful Kids in a Rude World. It's the best available resource for raising respectful, civil children of good character." Len Sperry, M.D., PH.D., clinical professor of psychiatry and behavioral medicine, Medical College of Wisconsin.*

### Chapter 8 : Raising Respectful Children in a Disrespectful World - GO MOM!

*Empowering Techniques for Raising Kind Kids Nobody likes rude kids. But you love your children and want them to be liked and appreciated for who they are. Your challenge as a parent is to raise respectful children who in turn deserve respect.*

### Chapter 9 : To Give the World Respectful Kids, Raise Them Respectfully

*Raising Respectful Kids in a Rude World: Teaching Your Children the Power of Mutual Respect and Consideration by Dr. Gary D McKay, PH.D. starting at \$ Raising Respectful Kids in a Rude World: Teaching Your Children the Power of Mutual Respect and Consideration has 1 available editions to buy at Alibris.*