

Chapter 1 : Mark Hillman (Author of My Therapist is Making Me Nuts! A Guide to Avoid Life's Obstacles)

From the very title of Dr. Mark Hillman's book, "My Therapist Is Making Me Nuts," we get the sense that maybe, just maybe, this book is going to be different from the thousands of others that clutter the self-help shelves of the local book store.

Marie Hartwell-Walker Everytime time i talk to my husband i get mad or aggravated with him. We have been together a total of 4 years almost 5. He would go on all types of websites and chats to find women talk to time while i was asleep, at work or anytime i was away he keeps on doing it even when i was giving birth to our second child. I ask him to stop and tell him it hurts me and even got to a point of me crying. So now im trying to make it work with him cause he claim he stop. For examples I say i am going to talk a shower and he says good for you or i say your starting to make me upset and he says i am not your making your self upset. I always seem to get sacraistic or smart comments. I am a very strong woman and i always say what i have to but it like i am talking to a kid. I thought it could be a age difference cause im 23 and he is I think he thinks i am young and dumb but i am far far from that. What should i do? I am at a lost. Husband is Driving Me Crazy A. I am very glad you wrote. I strongly suggest that you get some couples counseling. If you and your husband could solve these problems on your own, you would have done so already. Neither one of you is getting what you need in a marriage. Your children need parents who are more respectful and loving with each other. I wish you well. Marie is licensed as both a psychologist and marriage and family counselor. She specializes in couples and family therapy and parent education. Follow her on Facebook or Twitter. Husband is Driving Me Crazy. Retrieved on November 12, , from https:

Chapter 2 : Mark Hillman - Book - My Therapist is Making Me Nuts

My goal is to help people help themselves by discovering their core values. Once you understand how your background has influenced you to make certain decisions in the past, then the humorous examples interwoven within the book will show you how not to trip over the same landmines.

Chapter 3 : Husband is Driving Me Crazy | Ask the Therapist

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Chapter 4 : Mark E. Hillman (Author of My Therapist Is Making Me Nuts!)

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