

Chapter 1 : Better Aging Through Chemistry? – Bottom of the Barrel: A Bourbon Podcast and Blog

Botox and nose drops and needles for knitting, Walkers and handrails and new dental fittings, Bundles of magazines tied up in string, These are a few of my favorite things.

My Mom enjoying some of the comforts of old age Source Old age - better than the alternative! The best revenge we have upon the smugness of youth is knowing that the young will be old someday, too! Once I heard the bluebirds singing – Now, instead, my ears are ringing. Aging skin with sagging wrinkles, Lost my sparkle, lost my twinkle. More gray hairs and bald spots showing, In stranger places, hairs are growing! Who is that guy? And who are you? My body, brain and mind are losing, Getting old is not amusing! Without a sign of sag or gray? Wrinkles, lines and signs of aging! I recently did a photo gallery on abandoned old cars. Many of them are rusting away and disintegrating where they stand. Yet, in their own way, they are beautiful and the ravages of weather and age has made them into sculptures more than junk. This made me think about the similarities these old abandoned vehicles have to our aging populations. Appreciate the beauty of age Aging buildings have an aesthetic appeal that need no enhancement. Source Then there are buildings. Anyone who has taken a road trip has seen old buildings, tumbled down barns and houses that have been abandoned to nature. What makes a hundred year old building worth restoring and another a pile of firewood? If only the elderly were perceived that way! One thing about youth is guaranteed: It too will pass!

Chapter 2 : Getting Old Is Not Amusing - A Poem | LetterPile

A funny video of inspirational aging humor and wisdom. These lighthearted aging tips will make you laugh, smile and think and are bound to bring a little light into your day!

They not only should help the retiree but also let everyone in the organization know that their work will be appreciated when it is their turn to leave. If you keep those two ideas in mind, you will find it easy to build your own Retirement speech samples. Here are 5 Retirement speech ideas Start off by thanking the person for his or her service. You might mention how long the person has worked for the company or organization and give statistics about the size or focus of the organization when the retiree was first hired. Here is a place for a few stories positive ones, please. If the setting is informal you might ask 3 or 4 people who know the person well to contribute to your Retirement speech ideas by sharing an anecdote or story. Here is the place where light hearted reflections help with Retirement speech ideas. Then , you do NOT want to prolong things so end quickly with some good wishes for the future and if possible an invitation not to be a stranger and keep in touch. Example if retirees are included as invitees to holiday parties or annual outings be sure to say that. It helps NOT to think one is being cut off from all future contacts just because one is retiring. The person may never take up such invites but it is nice to hear them on the day of retirement celebration. Today is the day we are marking XXXX retirement. In some ways this is a sad say for us because we are losing a good colleague worker. XXXX has been with this organization company since 19xx. Name will be missed and we all know that. But we hope that you will not forget us. Send an email, come to the holiday party. Let us know how you are doing but PLEASE do not revel us with too many good stories or we may find harder to stay at our jobs. We wish you well and thank you for your many years of service. A second Sample retirement speech. Name , Today you are retiring from name of organization. We will miss you and your good work We will miss your morning greeting to each of us as you passed. We will miss your good humor, your willingness to listen to us - especially when we were facing some real obstacles but we will miss most of all your good work. Thank you for that. Thank you for all you have contributed to this organization. Here you might list some highlights. We want to wish you well. I know you plan to mentions some things you know the person is planning. I hope you enjoy and find new meanings beyond work. Retirement can be and has been the most meaningful years of life. You deserve all the best. May you find it. We wish you well. Then start to applaud - and hope that audience joins in End of Sample retirement speeches. If you want to add some quotations to include, click on MORE Retirement speech ideas Here are some funny quotations for you to include Sample retirement speeches.

Chapter 3 : Green Side of the Grass – blog.quintoapp.com

Think you know everything there is to know about growing old? Test your aging acumen in this lighthearted quiz presented by the National Institute on Aging.

July 14, The internet has been all a-twitter lately about various forms of expedited aging in whiskey and bourbon. Warning, science ahead—and pseudoscience, for that matter, as some of this, though proprietary industry methods, seems a bit shrouded in too much vaguery read suspect. This process has a significant buzz in the industry and is essentially a way, they claim, to improve a distillate. Ty Tyler began his research in this area in and has been gaining ground in the awards circuits for his treated products. As of this writing, the company itself is primarily a sourcing and treatment facility for private labels, but has also recently acquired the Charles Medley Distillery in Kentucky and has expressed interest in producing a Kentucky Straight Bourbon Whiskey more on this later. Whether this distillate is smoother or tastes better is in the tongue of beholder. The interesting thing about these compounds they desire to remove is that, traditionally, they are removed to variable degrees by the distiller as part of his selection of the heart of the distillation which involves discarding the heads and tails of the distillate some distillers re-distill the heads and tails as well. Terressentia is up front that this is hypothetical, but there is some research which supports the theory, as they cite. These are usually produced from reactions between the barrel and the distillate over time naturally during aging in a warehouse. Some esters have bad flavors as well, such as airplane glue and cleaning products, so the ending result is really a chemistry crap-shoot to some degree. Clinical and Experimental Research, 34 3 , “ Characterisation of the most odor active” J. Profiling of nonvolatiles in whiskeys” Food Chemistry. From what we could gather, the process is as follows: The whiskey distillate is aged normally in a new charred oak barrel for around 6 months, such that it meets the minimum legal requirements to be called bourbon. This tank is then cycled over high and low pressures to force the whiskey in and out of the barrel fragments. The company claims that this cycling creates a product that tastes significantly older than its real age of just over 6 months. Our fellow Bourbon media friend Ginny Tonic has, and you can check out her review here. Defiant Whisky Defiant is a distillery in North Carolina, family owned and operated, which makes vodka and whisky. They leave the distillate in the tank for 6 weeks, and what comes out after that time is a whiskey with a nice familiar color, and a taste that I personally guessed at about years of age see our Podcast 6 for my initial complete review, and also check out the Great American Whiskey Fair in Columbia, SC. According to their sales representative that I spoke with while tasting, the average guess is between years. Their process is pretty straightforward as explained above, but additional information is that only glass, copper, and stainless steel touches their whiskey the tank is stainless , and their still is actually from Germany, not Vendome. The process was developed by Bryan Davis, and the company states that they are set to have their reactors widely available by Here is how the process works: Without getting too technical, these can be really finicky, and they depend on a good database with reliable mass measurements for the compounds of interest. They then compared the 33 year old rum to a new rum distillate to see how certain compounds and their levels changed. This was used as a set of standards with which to compare their Colonial Rum made with their proprietary chemical reactor. Are you all scioned out? Well, go get a bourbon, this is going to get worse. Here is where we get slightly confused about their analytical process. Lost Spirit assumes that the build-up of acetyl specifically 1,1-diethoxyethane is directly proportional to age, as they place their test rum at years based on the ratio of acetyl as compared to the new make and 33 year old rum. From the paper by Poisson and Schieberle, the ones Lost Spirits studied were not those known as the most characteristic of an American bourbon whiskey. Yes, this is bourbon and not rum, but Lost Spirits states that they were using whiskey databases for their barrel aging analysis because rum studies were not available. To be specific, Poisson and Schieberle cited the following compounds as the most characteristic highest concentration and highest detectability threshold for Kentucky Straight Bourbon Whiskey: E -beta-Damascenone cooked apple, fruity , gamma-nonolactone coconut , gamma-decalactone peach , 3S,4S -cis-whiskey-lactone coconut , eugenol clove, spice , vanillin vanilla. So what did Lost Spirits test for? Sweet banana, fruity, with a ripe estry Human

detection threshold: Waxy, sweet, pineapple, fruity, with creamy dairy Human detection threshold: Fruity, Juicy Fruit, pineapple, cognac Human detection threshold: Chocolate, peach, fatty Human detection threshold: Sweet fruity rum, Juicy Fruit, grape, pineapple Human detection threshold: Sweet fruity pineapple, waxy green banana Human detection threshold: We want to give them the benefit of the doubt, but this is the source they give in their paper for the above compounds: Please, do take a moment and visit that website. So could these compounds be representative of aging? Possiblyâ€”but also possibly not. As we know, every barrel and every piece of wood is different, so we would expect compounds to vary widely among them. We hope to get the chance to taste some of these products in the near future and put them to the human test, but, until then, all we have is the data. We have contacted Lost Spirits regarding why they chose these particular compounds, and will provide an update if they get back to us. Why go through two years of general chemistry and organic chemistry on our blog? Will it be Kentucky Straight Bourbon Whiskey? To oversimplify a little bit, over time, many compounds undergo reactions, aided by oxygen, adding to their size, or chain length, and, for the most part, resulting in tastier compounds. Presumably this means that barrel fragments or such are placed in their system and jiggled about by ultrasonic waves think jewelry cleaner machines at the mall and infused with oxygen to simulate aging. So would this itself be bourbon? Fragments of wood do not a barrel make. Additionally, at what point does removing these compounds in a distillate take it too far away from the character of the grains specified in the definition of whiskey itself? Thank you, Fred, for being on the ball with this, and thank you, Terressentia, for being open and responsive! Is it whiskey, yes. Is it decent, yes. Cleveland Bourbon apparently had their heart set on calling it bourbon from the start. They appear to be following the laws and are openly stating as such. However, there is another level to this. A slightly nefarious level. What will the labelling be like? The article above from Fred Minnick covered this, and we agree with Fred, perhaps not to ascot-donning levels, but agreement nonetheless. We were treated to what became a somewhat tense and heated exchange as views differed greatly on the panel. We at BOTB would like to come out publicly as being very much in favor of honest and up-front labelling. Cleveland Bourbon appears to be upfront which we applaud them for. Lost Spirits appears to be experimenting with whiskey and bourbon, as they are primarily in the white spirits business currently, so time will tell. We hope this has been helpful to your understanding of these new processes. Hopefully this little article will also help you sort through some of the claims, present and future, so you can sort them out for yourself to make the best decisions when you go spend your hard earned money on a bottle of whiskeyâ€”bourbon or otherwise! A final note is this: We are not at all against these new technologies and methods. We are science nerds ourselves and love this kind of stuff. One thing we try and do consistently is have it be abundantly clear when we are stating facts as best we know them to be, and when we are stating our opinion. Let us know what you think! Cheers from Chris and Darren!

Chapter 4 : Custom Anti-Aging Trend Report & Custom Anti-Aging Market Research

Facebook and BuzzFeed are partnering with Lighthearted Entertainment (creators of MTV's hit relationship show "Are You The One?") to bring you Season Two of the smash hit dating show Relationshipped!

Chapter 5 : A Light-hearted Look At Aging | SENIOROnly CLUB

Video addresses the fear of getting weaker with age, through the eyes of two very excited grandchildren. PfizerWorld is highlighting content the company is communicating externally on social media platforms including Facebook, Twitter, and YouTube.

Chapter 6 : A Time to Laugh, Funny and Inspirational Stories

Long ago, I heard one sign of getting older is individuals in professional jobs start to look like kids. I reached that point around 3 years ago when I went to a local ER- the doctor looked like a junior-high student.

Chapter 7 : blog.quintoapp.com: Aging Quotes, Age Quotes and Growing Old

Shop Lighthearted Female Humor About Aging Card created by Rebecca_Reeder. Personalize it with photos & text or purchase as is!

Chapter 8 : The Best Songs About Getting Old

With one of the largest book inventories in the world, find the book you are looking for. To help, we provided some of our favorites. With an active marketplace of over million items, use the Alibris Advanced Search Page to find any item you are looking for. Through the Advanced Search Page, you.

Chapter 9 : Funny Quotes on Aging “ blog.quintoapp.com

blog.quintoapp.com A funny video of inspirational aging humor and wisdom. These lighthearted aging tips will make you laugh, smile and think and are bound.