

Chapter 1 : WHY IT'S NEVER TOO LATE TO START OVER AND REINVENT YOURSELF?

It's never too late to start over. To hit the pause button. Breathe. Then begin again. You don't need to lose yourself in the shuffle, get caught up in your mistakes and your fears and your anxieties. You don't have to hold onto your anger or your sadness and carry it with you in a little jar.

One of my favourite quotes is by U. My life had changed, but unfortunately I was too stubborn to accept the change. I wanted things to return to how they were, despite the fact that things were never going to be the same again. I could either continue resisting the change, or I could embrace uncertainty and reinvent myself. A massive upheaval in my life seemed so daunting and I was scared. Moreover, it felt as though I had no one to look up to. And then I read the quote. I began to research the value of change and reinvention. And you know what? It means a fresh start. It means new opportunities and new perspectives. It means trying something different, embracing the future and leaving behind the past. You Have Valuable Experience Is it harder to reinvent yourself when you have more or less experience? Otherwise, how are you truly reinventing yourself if your past is still dictating your current thought processes? Your experience will prove valuable as you make the steps from one part of your life to the next. You have experienced change before. For example, you made the transition from school to work. Use this experience to help guide you whenever you lose your footing during your newest transition. When the ground looks shaky, remember how you succeeded the last time your life underwent change. Life Is For Living Life is for living, no matter how old we get. You and I can have the same joyful experiences as children as long as we realise this. Life is for everyone. There are no discriminations. No one else is stopping you. No one else cares. Your limits are self-imposed. People who focus too much on the age factor are people who have the wrong attitude right from the start. It's just an abstraction. Your attitude, however, is either going to count for you or against you. Your ability to reinvent yourself comes down to your attitude, and not a lot else. The attitude you have towards life and change will have a massive impact not only on whether you reinvent yourself or not "but how well you do it. You know when to say No to something and when to say Yes to something. As such, your ability to reinvent yourself is higher than you perhaps assumed. Paintings of her are so ethereal, and so inspiring. You have just as many choices right now! Instead, it should be deciding how to reinvent yourself. And your network could probably use your skills and expertise. Never be afraid to leave your comfort zone. Team up with people you know for a brighter, different future.

Chapter 2 : Never Too Late To Start Quotes, Quotations & Sayings

It's never too late to start over. Who knows you might get it right this time, and if you don't get it right you can always start over again. Who knows you might get it right this time, and if you don't get it right you can always start over again.

A post shared by miRUNda mirandalarbi on Aug 27, at 3: We started going out every weekend for these long runs, in a bid to get used to simply being on my feet for such long periods of time. The next week, my excuse was that a flu jab a couple of days previously had had a serious effect on my stamina. Advertisement But there was no let-up. There were helpful pieces of advice along the way, though: I was more conscious about what I put into my system and I did try to breathe more through my nose. Two weeks prior to the big day and I was full of apprehension. We were going to a mountainous area of Northern Portugal for five days. This was going to be make or break as I would be out of the small amount of regime to which I had become accustomed. Advertisement However, unbeknown to me, instructions had been given to my husband about getting me moving. So for four of those days, I ran up and down hills in degree heat â€” all the time thinking that at least the Royal Parks Half was on the flat and that it should be appreciably cooler. The day arrived in the blink of an eye and I was pretty anxious, not ever having done any kind of race before â€” not even a Parkrun. On the other hand, for me, it was that exam-day feeling that there was nothing more to be done, and that I just had to go out there and do my best. Although I had intended to sidle into the last section, I was dragged by my super-fit trainer into the green funnel where I was forced to set off faster than I had intended. However, having made my way over to the roadside, I eventually got into a more steady pace and â€” miraculously â€” managed to keep going despite having been totally drenched from the start. They say that you will find some of the nicest people amongst the running fraternity and it is true. Slow down a little and someone will give you an encouraging arm and a word. And that was just the runners. The support from the race officials and the crowds was extraordinary â€” people you would probably never see again in your life yelling encouragement as though they had a personal stake in your successâ€¦. I had been told that the Albert Memorial marked the start of the home straight and I was able to put into practice that earlier mantra about compartmentalising the searing hip pain which had started to bug me at about mile ten. The moment I glimpsed the finishing line through the buckets of rain was truly marvellous. At 2hr 45, I crossed the finish and in a dream, I collected my medal and had a goody bag brimming with drinks and snacks thrust at me. The crowds were a blur and I was carried â€” on a wave of emotion â€” through the mud to the tent area where my daughter was waiting with a steaming cup of coffee and a load of gooey brownies. Miranda Larbi I just could not believe that I had actually run any kind of race â€” let alone a half marathon at 65 years old. What have I learned?

Chapter 3 : blog.quintoapp.com: Customer reviews: It's Never Too Late to Start Over

It's never too late to start over. If you weren't happy with yesterday, try something different today! Don't stay stuck. Do better. From beauty tip to an expert career advice we all have a specific mantra for each and every situation that life throws us in. Even we acquire our unique.

In fact, I believe God wants to put our failures to work for us. Everybody experiences defeats in life. The book of Proverbs has a lot of insight into what causes failure. Five different things that cause failure in our life according to the book of Proverbs: But the simple minded man never looks and suffers the consequences. Some of us have a tendency to be impulsive. Yet the sensible man plans ahead. The impulsive person never looks ahead and suffers the consequences. Was it raining when Noah built the ark? For years he worked on that ark. Pride causes us to fail. We fail when we are afraid to take risks. The greatest failure is the failure to try. When I die I want four words written on my tombstone: We fail because we give up too soon. The trouble with many people that during trying times they just stop trying. Failure is the path of least persistence. How many ball games have been won in the last seconds? Keep on keeping on. Many times success is right around the corner. You are never a failure until you quit. God says the way to get is to give, the way to be honored is to be humbled, the way to greatness is to be a servant. Lack of prayer causes a lot of failure. Regardless of the cause, we all fail. What matters most is what you do when you fail. God is more interested in your future than He is in your past.

Chapter 4 : Never Too Late Quotes - BrainyQuote

Job My days have passed, my plans are shattered, and so are the desires of my heart. ENCOURAGING WORDS FROM GOD'S WORD (1) It's Never Too Late To Start Over!

Daniel December 4, at 9: I had planned on attending medical school, but half way through undergrad I got buried under a mountain of medical bills. I sacrificed everything else in my life, and worked myself into the hospital twice , but none of that was enough to get past the pile of debt and get on with med-school. Now, over 20 years later, that goal is further away than when I started. And, that is if I can somehow triple my current income. Murugan May 14, at 5: There is no ending for the business, but your life will end very soon, thought of living life the way i want, Now i realized there is so much is there in life to enjoy, money is not the ultimate, but there is something more than that, i am going in search of new life, hope it will be a eye opener for other people who work till the death, who never realize they lost there life for nothing. But feeling great, its just a beginning. Since coming here, all I do is clean house, do paperwork, repair the house, go to doctor appointments. Where do I go from here? Joan Lamb Renoldah June 22, at 4: I only have matric certificate, certificate in computer literacy and certificate in office administration. I really want to further my studies but my age discourage me. I think it is too late to study at this age. Coleen February 3, at 2: For the last 20 years I raised 2, now very good men, as a single parent. Often during those 20 years I worked 2 to 3 jobs. I have taken some college classes for Business Administration and have a Cosmetology License. If there is anyone out there who has been in this situation I would welcome your advice! For me, this is hard to believe because it seems most people I talk to have gone through this at significantly younger stages of life. I have not until now done what most rational people with reasonable means have done. Instead, I have gone through my entire adult life simply subsisting and going from one instant gratification to the next. It never once occurred to me during that time that some hard work would be necessary to create a life that would reward me as I approached this age. My impression from the responses above and other sources is that most people my age have had major accomplishments by this time in their lives they did the hard work , have outgrown those accomplishments, and are now ready for a new challenge. That is all well and good, however, how does a person like me cope with looking back and seeing a long list of empty yesterdays: Oh, and by the way, at the age of 48 I decided to study part time and managed to get a Ph. It took me 9 years, and it looks like a great accomplishment on paper, but when I completed the degree, I realized that at 57 I was too old yes, I said too old to get a job based on my education level. Something to subsist on for a decade. I tell people I am unique in that I managed to turn what is normally considered a great accomplishment into a major failure. My question is, how can I motivate myself to get out of this self-destructive cycle? I know how to learn and see how connections that lead eventually to a solution or realization. You might say that is a lot of years to play with, but in reality only 10 of those years can be conservatively called quality-years. I will throw this last element into the equation: I have a chronic medical condition which could begin manifesting itself within the next 10 to 15 years. Any advice on this will be greatly appreciated. GMB February 8, at 5: There are some things I can never be again, as thanks to degenerative diseases without a cure. It is too late for many things I hoped to accomplish. Every day is a struggle, just to do little things like showering, errands, chores, work part-time, not health enough for full time. It can be too late.

Chapter 5 : Steppenwolf - It's Never Too Late Lyrics | MetroLyrics

Lyrics to 'It's Never Too Late to Start Over' by The Stanley Brothers. Now darlin', I've tried, I've never done wrong / I've been fair to you, you know all.

My days have passed, my plans are shattered, and so are the desires of my heart. The fact is, everyone experiences failure in life. Life is never an unbroken series of victories. We all have setbacks and losses, and sometimes a defeat can seem to overwhelm you. On occasion we bring defeat on ourselves, but more often it is thrust upon us. Poor old Job felt overwhelmed. Look at Job Have you ever felt like that? So take it down now, and use it as preventive medicine! The fact is - you will fail many times in life, but you are never a failure until you give up. Now this morning I want to do two things: I want to look with you at some of the causes of failure, and II. Five Possible Causes For Failure 1. Look what Proverbs The simpleton never looks and suffers the consequences. Let me ask you - was it raining when Noah began to build the Ark? One hundred twenty years he worked on that Ark. Jesus, in one of His parables, said, Luke Will he not first sit down and estimate the cost to see if he has enough money to complete it? We fail when we think we have arrived. We fail when we think we have it all together. You see, you are never going to get anywhere if you think you are already there! The Bible says, 1 Cor. You could fall flat on your face as easily as anyone else. We fail when we are afraid to take risks. It means that the moment you start worrying about what other people think, you are doomed. And the fear of failure can be a cause of failure. Did you hear about the man who directed in his will that four words be placed on his tombstone, and they were these: Sometimes you have got to take risks. We fail because we give up too soon. You see, the trouble with many people is that during trying times they just stop trying. You just keep on keeping on. You never give up. There is a verse that I hold close too. I am not a quitter. Many a time success is just around the corner. You are never a failure till you quit. Thomas Edison tried different elements before he found the right element to make the incandescent light bulb. Lack of prayer causes a lot of failure. Regardless of the cause, we all fail at times. I want, rather, to ask: What do you do when you have failed? How do you respond? You see, God is more interested in your future than He is in your past. Now the Bible shows us very clearly how to get a fresh start. How to get a Fresh Start in life. You accept responsibility for your own failure. Look at Proverbs But if he confesses and forsakes them, he gets another chance. Be honest with yourself and with others. Most of us are experts at passing the buck. The average prison inmate will give you a thousand excuses for being there: Many people blame their parents, or their spouse, or the government. But God says, If you start over, just admit your failures. You stop regretting and start repenting when you have had a failure. God is going to set me on the shelf. You stop regretting and you start repenting. Look at this very important verse, 2 Cor. But sadness that is merely human causes death. Well, godly sorrow, it says, brings a change of heart. Learn something from it! But godly sorrow leads to repentance - a change of heart. The fact is that almost every success in life is built on a failure. So you learn from it. And I want to tell you - that I learned through failure! It only keeps you looking in the past. You forget the former and focus on the future. Forgetting the past and looking forward to what lies ahead, 14I strain to reach the end of the race and receive the prize for which God is calling us up to heaven because of what Christ Jesus did for us. Let me ask you a very personal question this morning: What memory in your life are you allowing to continue to manipulate you? I think a key example of this is the way in which Peter and Judas both reacted to failure. Both Peter and Judas were disciples. Both Peter and Judas denied Christ. Both Peter and Judas were devastated by their own failure. But they responded to their failure in totally different ways. Just imagine how Peter felt. He felt like a complete failure; and he must have prayed. But stopped regretting, and he repented. Judas, on the other hand, simply had worldly sorrow, Matthew Then he went away and hanged himself. So the one repented bitterly, while the other committed suicide. Why had He singled out Peter? I have destroyed my credibility. You are not washed up unless you choose to quit and reject the grace of God. You trust God to work it all out. You may look at your life and say my life at this time looks ugly! Unexpected End of Formula for me. Listen to me you may not know, but God does Jeremiah Do you want a fresh start? Look at 2 Cor. He is not the same anymore. A new life has begun! God specializes in new

beginnings. How does God take a minus in your life and turn it into a plus? He makes a Cross out of it. You see, God specializes in turning crucifixions into resurrections. And Jesus Christ was nailed to the Cross so that you could have a second chance - a new beginning. They will be called oaks of righteousness, a planting of the Lord for the display of his splendor.

Chapter 6 : It's Never Too Late to Start Over, Part 1: Why We Fail

Pastor Rick Warren Rick Warren is the founding pastor of Saddleback Church, one of America's largest and most influential churches. blog.quintoapp.com is the author of the New York Times bestseller The Purpose Driven Life.

Chapter 7 : The Stanley Brothers - It's Never Too Late To Start Over Lyrics | MetroLyrics

It's never too late to start all over again. Well, it's much to late to start again To try and find a little bliss So on your woman and your child.

Chapter 8 : It's Never Too Late to Begin Again | Julia Cameron Live

Oh, no, not too late It's never too late to start all over again Well, it's much to late to start again To try and find a little bliss So on your woman and your child.

Chapter 9 : Why It's Never Too Late to Create the Life You Want

And it's never too late to get started. Matt Chevront is the founder of Proof, a full-service branding shop, and is the mind behind Life Without Pants, where he shares his perspective on.