

**Chapter 1 : How Do I Know if I am growing in God? | Christian Faith**

*From the albums "Growing up in the Lord" and " Platinum". Click here to listen to the complete album "Growing Up In The Lord": [blog.quintoapp.com](http://blog.quintoapp.com)*

The Purpose of this series: The purpose is the same goal that Epaphras had for the Colossian Christians. He wants us to grow up. They are both in the same sentence. Listen to this verse from the Apostle Paul: I have a friend who works at the Medical Lake facility for those with developmental disabilities. I went out there one day with him and saw men and women with mature bodies, but immature minds. Sometimes it would take him a full minute. Sometimes it would take him 3 or 4 minutes. What is Spiritual Maturity? Being like Christ Eph 4: NLT According to this verse, you can define spiritual maturity in one phrase. That phrase is this: Spiritual maturity is being like Christ. Most of us want to grow. Most of us want to mature. Most of us want to be like Christ. My goal is to

Equip you with the skills you need to begin these habits Explain the tools you need to continue these habits. In order to grow we need to eat

The Bible 2. In order to grow we need to breathe

Prayer 3. In order to grow we need good spiritual hygiene

Confession of sin 4. In order to grow we need a caring family

Fellowship 5. In order to grow we need regular exercise

Service 6. In order to grow we need protection

Temptation 7. In order to grow we need to give

Stewardship D. Facts about spiritual maturity 1. Instead, you need someone to teach you again the basic things a beginner must learn about the Scriptures. You are like babies who drink only milk and cannot eat solid food. They should be mature. Spiritual maturity is not automatic. It takes time, effort. The formula for distance. There are some Christians that have known Christ for 50 years. By now they should be mature. But they are poking along at 1 mile per hour. Or some of them have stalled out. Just sitting there, causing a traffic jam behind them. To him be glory both now and forever! There is no shortcut to spiritual growth. It takes an intentional pursuit. People try a lot of shortcuts. You have to learn to be mature. But there are some skills that you can learn that will help you grow. Neither is spiritual fitness. It takes time and trouble. When you talk about discipline you need to talk about discipleship because the two go together. The Bible teaches that mature believers are called disciples. The Bible teaches that I cannot be a disciple without being disciplined. In fact the two words go together

disciple and discipline. The Bible also teaches that the more disciplined I become the more God can use me. The mark of a disciple is cross bearing. How often am I to do this? The Bible says daily. What does it mean in a practical sense to bear our cross. What is involved in cross bearing? Whatever it takes to give Christ first place in my life. That I will commit to the habits necessary for spiritual maturity. The Bible is like an instruction manual for a car owner. Without it life is hard at best, impossible at worst. All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It straightens us out and teaches us to do what is right. Find out how often the tires need to be checked, rotated. Find out how often the oil needs to be changed. Find out how often it needs to be serviced. Find out how fast you should drive it for the first miles. If you fail to do this, you can ruin the engine and wreck the car. Hope you figure it all out! It tells us everything we need to know about Him, about us, and about life. The Bible is like a flashlight for a camper. Your word is a lamp for my feet and a light for my path. You feel the call of nature. You step out the back door of the camper without a flashlight, and bang into the picnic table. Trip over tree roots, fall into the stream. Without a light, you stumble and get hurt or wander and get lost. Life can be like that. He gave us a flashlight. The Bible is like a weapon for a soldier. Put on salvation as your helmet, and take the sword of the Spirit, which is the word of God. Sometimes you get students who are eager to learn, excited, motivated. Other times you get students who are bored, disinterested, detached, unconcerned. God never intended for you to be a casualty. God wants you to be a conquering soldier, not a casualty. The Bible is like a mirror for an actor. Do not merely listen to the word, and so deceive yourselves. Do what it says. Anyone who listens to the word but does not do what it says is like a man who looks at his face in a mirror and, after looking at himself, goes away and immediately forgets what he looks like. But the man who looks intently into the perfect law that gives freedom, and continues to do this, not forgetting what he has heard, but doing it

he will be blessed in what he does. Show you what you look like. This morning I spent some time in front of a

mirror. A woman would never do that. The function of a mirror is to show us accurately what we look like, so that we can make any necessary changes. The Bible is like a mirror. It shows us where we need to change. It not only points out the need, it helps us change! But a mirror does you no earthly good unless you use it! The Bible is like nutrients and water for a plant. Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of mockers. But his delight is in the law of the LORD, and on his law he meditates day and night. He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither.

**Chapter 2 : Hymn: Grow in me**

*I have a question for every Christian: should your life change as you grow nearer to God? Should you be able to notice any changes in your character and personality as you are growing older in the Lord?*

The next essential ingredient in a Christ Centered Marriage is learning how to grow together in the Lord. Your relationship with the Lord is integral to your marriage! The marriage relationship is the perfect way to realize what a sinner you are in need of saving grace! Our spouse is the best person to keep us accountable to the Word of God. Here are some practical tips to get you started on drawing closer to the Lord as a married couple. Have you ever had real intentional conversations about the spiritual state of your marriage? Or your own spiritual state? Communicate clearly with your spouse! Be real and share where you are with your spouse. Open up and be honest about the sins you struggle with. Share that with your spouse and ask for their help and accountability in making that a daily habit! At different times in our marriage we have been better at this. Sometimes we are in a consistent, daily routine of reading scripture together and other times we let the busyness of life take over and the daily reading gets drop. But continually diving into scripture together is essential to forming a Christ centered marriage! We also try to always be in a good book together. We always try to be in a habit of reading at least one chapter a night of good books. You can see books we recommend via our book reviews page. We update this monthly with more good books we recommend! Browse through and find a book you can read together. Encourage each other to turn on worship music or hymns throughout the week. Join a couples or family Bible study during the week. Practice hospitality together and learn to serve as a family. We recommend Grace To You sermons. The Council for Biblical Manhood and Womanhood also has some great articles and resources. Often my husband and I will pick a good sermon to listen too and we each need to find time in our day to listen to it. This is the best thing you can do for your marriage. Pray that God gives both of you the motivation and wisdom to come together before the Lord. Pray that He shows you ways you can strengthen your marriage the resolve to do so! Then actually come together and pray together! Often this means my mother-in-law is getting up at 5am to pray before my father-in-law heads off to work. It draws them to each other as well as the Lord. We also are trying to get better about praying at random times together. Learning from older couples can be just the thing your marriage needs! You can also strive to be mentors to younger couples within the church! Growing together in the Lord takes a lot of small, intentional steps throughout each and every day. Feel like you failed at that today? Pick up and start again tomorrow. Make a decision today on how you will start growing together in the Lord. So turn off your computer, shut off your phone, and go Pray with your spouse how you can start growing together!

**Chapter 3 : Growing Together in the Lord - A Biblical Marriage**

*AcaDisc # Growing Up in the Lord by Acappella. This song also appeared on Platinum by Acappella and in Spanish as "LaCanci3n" on Espa±ol by Acappella.*

Contact How to Grow in the Lord If you wanted to get to know a person better, what would you do? In order to grow in your relationship with Jesus you must do the same, spend time with Him. How do you do that? Here are four basic principles that you can follow: Talk to God in the same way as you would talk to any other person. Tell Him about your problems, your hurts, your worries, and your joys. Remember that He loves you and all that is important to you is important to Him. He is always listening. How should you pray? Actually, Christ warns us against this Matthew 6: Rather, it was to serve as a model or a pattern for us to follow. You can come to Him as to a father Romans 8: In the same way that a father loves his children, God loves you and wants to hear from you. Who art in heaven: He can save you, help you, strengthen you, or do anything else you might need. Hallowed be Thy name: An important part of prayer is giving thanks and praise to our Lord. God is not forced to do anything for us, it all comes as a result of His grace. So give thanks to God every day for something 1 Thessalonians 5: Jesus promised that even though He was leaving us, He would return for us John Tell Him how much you are anticipating His return. Thy will be done, on earth as it is in Heaven: Jesus promised that whatever we ask in His name, He will do John To ask in His name means to ask according to His will. In other words, when we pray to God we should be seeking His will, even above our own. Even though we are to pray according to the will of God, this does not exclude us from presenting our needs and petitions to Him. You may be suffering from worry, or have financial or health problems. Tell all of this to God, He wants to hear it. You can also pray for the needs of others. It can be for their salvation, their health, or any other area in which they may be suffering. Prayer should not focus only upon ourselves, it should include others; your friends, family, church and leaders 1 Timothy 2: Jesus always prayed for others John And forgive us our debts: When you have sinned, you should always come to the Lord in prayer asking for forgiveness. As we have also forgiven our debtors: If you are struggling to forgive someone, ask the Lord to help you. He says in His Word that it is a sin not to forgive others Matthew And do not lead us into temptation but deliver us from evil: Ask God to protect you from sin and temptation. If you are struggling with a particular sin, confess it to the Lord and ask Him for His strength to be victorious over it. Jesus told His disciples that anything they asked in His name He would do. As we saw earlier, to ask in His name means to ask according to His will. This means sometimes the Lord will not give us what we ask. Remember, God loves you and wants the very best for you all the time. He will never give you anything that will hurt you later. That is why we call the Bible the Word of God, because it is His message to you. Everything that you need to know about Jesus, His will, and how to live the Christian life is written in this Book 2 Timothy 3: The Bible was written by men who were inspired by God 2 Timothy 3: In other words, the Holy Spirit of God told these men what to write. These words will protect you from sin Psalm The Bible is a collection of 66 books. These 66 books are divided into two major sections: The New Testament is where you will find the words of Christ and the clearest teachings about His life. The New Testament is divided into 27 different books: All four of these books are the same story except from four different perspectives. The book of Acts contains the history of the Christian church after the death and ascension of Christ. All the books from Romans to Jude are called Epistles. The word epistle means letter. These books were letters written by the Apostles to various churches and people. These letters will teach you to apply to your life the truths taught to you in the Gospels. The last book in the New Testament is the book of Revelation and this book tells us about what will happen in the future. The Old Testament is filled with interesting stories and prophecies about Jesus. If you have never read the Bible, start by reading the Gospel of John. Take a chapter each day and read it looking for what the Lord wants to speak to you. Here are some suggestions about how to read the Bible: Find a quiet time and place where no one will bother you. Try to read in the morning, before you begin your day. God will give you a message to help you throughout the day. Pray that God speaks to you through His Word. Choose a book and read it systematically, chapter by chapter. Remember that majority of books were actually letters. Typically, no one starts reading a

letter mid way through, but starts at the beginning. Try reading a chapter a day, or more if you have the time. There is no rush. Take your time and try to understand everything that you read. Find the central verse or the verse that God is using to speak to your heart, and think about how it applies to your life. If God used a particular verse, take notes on a piece of paper or in the margin of your Bible. This way you will easily remember them. Pray for God to help you to live and change your life according to how the main verse taught you. The word fellowship means sharing something in common with others. If you take one coal out of the pile and set it off to a side, it will cool off and eventually die out. This is the same thing that can happen to us if we distance ourselves from fellowship. Our heart will eventually grow cold and we will become more susceptible to temptation. The best place to find Christian fellowship is at a church. Find a church and attend it faithfully. If the church has study groups, join them. If they have activities throughout the week, participate in them. Share with the other members and build friendships with them. What criteria should I look for in a church that I attend? Here are four suggestions: First of all it should be a place where you are spiritually fed. Your spiritual growth comes from the study of the Word of God 1 Peter 2: If you can find a church that teaches expository through the Bible chapter by chapter, verse by verse , this is the best. Also make sure that all of their teachings are based on the Bible and not on other books nor on the words of men. Second, a church should also be a place where you find fellowship. It should be a place where you find other Christians with whom you can share your life, problems and needs. A place where you know people will be praying for you and will encourage you during difficult times. A church should be a place where you are being built up through the Word by other believers. Third, it should also be a place where you fit in.

## Chapter 4 : Anonymous Prayer

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Unfortunately, improving behavior, increasing Bible knowledge, or developing spiritual gifts may become distractions from real growth in Christ. The first way to grow in Christ is to love Him. Loving the Lord Jesus is the first step we need to take in order to grow in our Christian life. There is now such a wonderful Person in us! And there is no other way deal with a person but by love. The Gospel of John is the gospel of life John 1: Show me Your love that I may love You. Lord be merciful to me and grant me an affectionate love for you. Start and end each day by telling the Lord that you love Him. The second way to grow in Christ is by confession and clearance. Then we must be faithful to make a thorough dealing with the Lord. Lord, I like to confess all my sins, failures, and trespasses so that You can grow freely in me. The third way to grow in Christ is to know and exercise your spirit. After we begin to love the Lord and confess those things that separate us from Him, there is a further step. We need to know and exercise our spirit. Sadly, many diligent, devoted believers have missed this matter. We may love the Lord very much and even do our best to deal with negative things that separate us from Him. So we need to know our spirit and exercise our spirit. Likewise, if we constantly have something accusing us in our conscience, we are finished with the exercise of the spirit. To exercise the spirit requires a love for the Lord and a pure conscience. After we have love and a pure conscience, we must learn the lesson of always exercising our spirit. Then you will grow. Draw me to love You. Enlighten me to deal thoroughly with any obstacles to Your life in me. Show me how to exercise my spirit all the time to contact You so that You can grow freely in me. References and Further reading:

**Chapter 5 : Calvary PHX :: Growing In the Lord**

*Also available: Individual Songs Â· Sheet Music. Still a favorite of many fans, Growing Up In The Lord was the first Acappella album to feature the children of Acappella on a couple of songs, sparking the Acappella Children series of recordings.*

There are ways of distracting the mind to make any physical pain tolerable. Arnold offers no redeeming benefit in growing old, and in experience and maturity, I see many benefits. The age of rash acts and taking easy offense, is perhaps a fault in some young people. Experience teaches many other ways to look at life. It is better to give than receive, it is better to forgive than row bitter and resentful, which seems to be a condition Matthew Arnold suffers from. I reject the concept that growing old is to lose the glory of the form, because in some old people I see radiant kindness and happiness, in accepting their life, the blessings of a home to live in; food on the table, family to cherish and friends to trust in. This is the inner beauty of a good heart full of love for others. Perhaps life is what we make it? There is great beauty in old eyes, full of a love for life and sparkling with a life philosophy, which blesses other people. Certainly I accept that good health is better than the greed of riches not shared. When it comes to old age I adore the lines by Dylan Thomas, written in love and appreciation of his father. Matthew by contrast, focuses totally on all negative aspects of old age, without any balance of redeeming features such as maturity, wisdom, a measure of free time, appreciation of good deeds done. Strength can be recovered after illness and injury; exercise, a good attitude and a resolute will, can help restore and revitalize weakened limbs. A good diet and a walk in sunlight in summer, even a cold day in winter, each has separate small delights. Some of us even enjoy rain and storms. Each day we achieve work done well and bestow good will and a smile upon a stranger, is reason to be happy, and seeing children doing well, marrying well; having children is to know a heart profoundly stirred. I still feel like a cheeky child, each day ready to delight in events experiences, which shall come my way. I am still an eternal child, wearing a disguise of age and smiling at good fortune, making the most of misfortune, and learning from it all; grateful for wisdom that comes with age. I still delight in emotion, feel happier in my philosophy of life than when younger, more uncertain. I am thankful that I believe in God and an inherent good in all, who reject unhappiness; bitterness, sorrow, determined to benefit from experience in years. I do not know why so often atheists seem angry, bitter, enraged in old age. There is a grey power wisdom, which helps encourages, guides and blesses the efforts of the young. I do not know why some have to constantly insult and put the efforts of the young especially down; when they should nurture with the wisdom of the years. Life is a journey, old age is still a time of learning, by reflecting on life experiences, and bestowing wisdom knowledge and aid; to all we meet in life whenever possible. I find time to delight in an appreciation of family friends, who we love, to be a glorious benefit illuminating the sunset of life. Being old has black and white like any other stage. To me, when my body becomes weak and more care is needed, that will be the day when I can look under my skull and see the both the glorious and disappointed past in my life. That will be the day when I can say good bye to the world. Grow up and take it like a man, Matthew my compadre! Stiff upper lip, you know! Do not assume that you speak for both you and me, professor! Pray for salvation, you old sod! And so on and on! These remarks directed at the ghost of the Arnold who wrote in another poem an elegy to the memory of a blind old poet named Homer who has been credited with composing both the Iliad and the Odyssey! Of course, nothing certain has been unearthed about Homer, except by scholars like Arnold and his ancient colleagues in 6th century BC Athens!

**Chapter 6 : Growing up in the Lord Sheet Music | The Acappella Company**

*How to Grow in the Lord. Jesus is the "King of Kings and Lord of Lords" and is in control of everything. He can save you, help you, strengthen you, or do.*

The Apostle ends, as he began, by exhorting them to that sound knowledge which he sets forth as the sure basis of all Christian activity, whether the knowledge be full and mature, as in 2Peter 1: This is so unlike the First Epistle, so unusual in Apostolic letters generally, that an imitator, and so accomplished an imitator as the writer of this Epistle must have been, would scarcely have omitted so usual and natural an addition. The addition would have been doubly natural here, for the personator if the writer of the Epistle be such is personating St. Peter near the end of his life, writing to congregations whom he is not likely either to see or address again. Surely the circumstances would have seemed to him to demand some words of personal greeting and tender farewell; and Acts But nothing of the kind is inserted. Peter himself is the writer, and then we can understand how he came to disappoint such natural expectations. His heart is too full of the fatal dangers which threaten the whole Christian community to think of himself and his personal friends. As to his death, which cannot be far off, he knows that it will come swiftly at the last, and his chief fear is lest it should come upon him before he has left on record these words of warning and exhortation 2Peter 1: Therefore, at the opening he hurries to his subject at once, and presses on, without pause or break, until it is exhausted; and now that he has unburdened his heart he cares to say no more, but ends at once with a tribute of praise to the Master that bought him. To him be glory. Whatever may be our view of 2Peter 3: It is, perhaps, the earliest example of that "hymn to Christ as God" which Pliny tells Trajan the Christians were accustomed to sing before daybreak. The phrase is used by the LXX. It means that day which marks the end of time and the beginning of eternity, the day which not only begins but is eternity. The expression is quite in harmony with the general drift of the chapter. Here the word is of rather doubtful authority. Being usual in doxologies, it would be very likely to be added by a copyist. Pulpit Commentary Verse Growth is necessary for steadfastness; we cannot persevere unless we continually advance in faith comp. Some, as Alford, take the genitive with "grace" as well as with "knowledge;" but this connection forces us to regard it first as subjective, then as objective - the grace which Christ gives, and the knowledge of which he is the Object - and so seems somewhat forced. Peter insists on the knowledge of Christ as essential for growth in grace, at the beginning, as at the end, of this Epistle. To him be glory both now and for ever. We notice the doxology addressed to Christ; it reminds us of the hymn which Pliny, in his famous letter to Trajan, says the Christians of Bithynia one of the provinces mentioned in 1 Peter 1: To him be or is the glory - all the glory which belongs to God, which we ascribe to him. Bengel explains it as, "dies sine nocte, morus et perpetuus;" Huther as, "the day on which eternity begins as contrasted with time, but which day is likewise all eternity itself. This is the effect of real knowledge. Very exact and universal holiness is enjoined, not resting in any low measure or degree. True Christians look for new heavens and a new earth; freed from the vanity to which things present are subject, and the sin they are polluted with. Those only who are clothed with the righteousness of Christ, and sanctified by the Holy Ghost, shall be admitted to dwell in this holy place. He is faithful, who has promised. Those, whose sins are pardoned, and their peace made with God, are the only safe and happy people; therefore follow after peace, and that with all men; follow after holiness as well as peace. Never expect to be found at that day of God in peace, if you are lazy and idle in this your day, in which we must finish the work given us to do. Only the diligent Christian will be the happy Christian in the day of the Lord. Our Lord will suddenly come to us, or shortly call us to him; and shall he find us idle? Learn to make a right use of the patience of our Lord, who as yet delays his coming. Proud, carnal, and corrupt men, seek to wrest some things into a seeming agreement with their wicked doctrines. But this is no reason why St. Then let us seek to have our minds prepared for receiving things hard to be understood, by putting in practice things which are more easy to be understood. But there must be self-denial and suspicion of ourselves, and submission to the authority of Christ Jesus, before we can heartily receive all the truths of the gospel, therefore we are in great danger of rejecting the truth. And whatever opinions and thoughts of men are not according to the law of God, and warranted by it, the believer disclaims

and abhors. Those who are led away by error, fall from their own stedfastness. And that we may avoid being led away, we must seek to grow in all grace, in faith, and virtue, and knowledge. Labour to know Christ more clearly, and more fully; to know him so as to be more like him, and to love him better. This is the knowledge of Christ, which the apostle Paul reached after, and desired to attain; and those who taste this effect of the knowledge of the Lord and Saviour Jesus Christ, will, upon receiving such grace from him, give thanks and praise him, and join in ascribing glory to him now, in the full assurance of doing the same hereafter, for ever.

**Chapter 7 : 4 Signs You're Not Growing as a Christian - PlainSimpleFaith**

*Help Lord, I'm Tired. God is the one who gives us strength when we are weary. So do not fear, for I am with you do not be dismayed, for I am your God. Growing Weary;*

Is it Bible reading, prayer, fasting? Are you more aware of God and sensitive to God than you were at any time before? Are you more thirsty for God? Are you more and more loving? Are you more sensitive to and aware of God than ever before? Just because you are involved in church activities does not mean you are growing in God. Being active is not a substitute for progressing in the Kingdom of God. We are not against ushers, but its not enough to serve in practical activities – are you learning are you growing Its not relevant how many years you have been coming to church? Are you sensitive and aware to the voice of God? Do you wake up in the morning hours and cry out to God? Being heavily involved in the work of the church does not mean that you are aware of God? Can we be obedient to the small promptings of the Holy Spirit? Have all the things that grieve God – bad VCDs and so on, have they come back into your life? When you first got saved, you got rid of all those things that were sinful. But have they come back after 20 years? Its obedience to the specific instructions of God that prove we are aware of God. This is also what maintains that close awareness of God. All the dancing, shouting, singing can be just an emotional exercise, religious exercise. If you have lost the touch of God, its not good. I can read the Bible and recite the psalms, but if I am not aware of God its no good. These are days when the Holy Spirit wants to speak with us personally about things. Its NOT the reading, but the awareness of God is more important. Samuel was cleaning the temple and growing in God – the sons of Eli were doing the ministry of priests but were living in evil. One becomes a prophet, and the other is destroyed by God. How many come without reverence to the house of God? We should be more like the apostle Paul in thirsting for the knowledge of God. Its not the coming to church, its your awareness of God. We should read the Scriptures with reverence. We should kneel down and weep before God with reverence. Do we have consciousness that God is in this place. Have many have gone back to bad movies, bad music thinking that its no problem because you have been coming to church for some time? God knows our inner lives, others may not. Go back to the days when you hungered for God. Some when they had nothing they sought God – now they have house, wife, children and shop they say they are too busy to come to a prayer meeting? Go for a morning walk and prayer at 5 a. Walk with help body, prayer will help the soul and spirit. Get physical and spiritual exercise. You need God more than equipment. Do you get something out of the Bible every day? Do you not read it at all some days? Or do you just read it religiously and forget what you have read? Tell how God spoke to you from a verse. Some people are lazy, they just want to hear from a prophet. The prophet fasts 20 days and they eat for 20 days. We need to learn to discern what is really of God for ourselves. Then the message from prophets will confirm what God has already told us.

**Chapter 8 : Growing up in the Lord | The Acappella Company**

*but grow in the grace and knowledge of our Lord and Savior Jesus Christ To Him be the glory, both now and to the day of eternity. Amen.*

About how much have you grown in the last year? About an inch cm. About one to two inches 3 to 5 cm. About two to eight inches 5 to 20 cm or even more. These questions assume that you do not shave your body hair. If you have, answer as what you would have if you did not shave. I have some hair under my arms, but it is not thick. I have a typical amount of underarm hair for adults of my lineage. The following questions assume you are not shaving your pubic hair. Looking at your groin, notice the two diagonal folds at the top of your thighs. The area between the two folds is your groin. There is no hair around my genitals There are fine hairs growing near the base of my penis There are hairs growing across my groin, but it looks thin, the color is lighter than the hair on top of my head, and the hairs tend to be straight. There are hairs growing across my entire groin, from fold to fold, that are thick and curly. There is a strip of hair, which is easy to see, growing upwards from my genitals to my navel belly button. There are hairs growing across my entire groin that are thick and curly. The pubic hairs, which are not fine, go beyond the folds at the top of my thighs and spreads across my inside thighs, underneath my scrotum. I have nipples on my chest that are pale and soft like every other child. A darker ring is forming around my nipples. The nipples are soft. One or both of my breasts look swollen and stick out a bit. There is a distinct ring around my nipples. The nipples are firm and stick out a bit. My chest has increased in size and you can feel hard muscles under the skin. My face is the same as it has always been in childhood. I can see fine hairs on my chin and under my nose. There are some long hairs on my face, but just a few. The hair on the side of my face, near my ears is getting distinct I have to shave or remove hair from my face every once in a while. If I try growing a beard, it looks scraggly. I could grow decent sideburns, mustache and perhaps a goatee, but definitely not a full beard I have to shave or remove hair from my face regularly. If I wanted to, I could grow a full beard. The shape of my face looks the same as my childhood pictures My chin is more square in shape and is more pronounced My face is the same as in childhood. I getting a lot more pimples than when I was younger. My acne is still there, but it seems to be fading. I only get a few break outs now and again, though it was worse when I was younger. I still have some of my childhood teeth. All my childhood teeth have been replaced by adult teeth 28 teeth. My four wisdom teeth third molars have come in 32 teeth. My scrotum is small and wrinkly like other children. One testicle is distinctly lower than the other. My scrotum distinctly hangs down when I am warm. Some of the images below can be clicked on to get a more detailed view. The question is in regards to the genitals and not the pubic hair. Several variations are shown at each stage to give you an idea of the range of possibilities. I get erections frequently, not just at night but during the day as well. The head of my penis the glans has gotten darker redder in color. The head of my penis the glans has a rougher texture. The head of my penis the glans flares out at the base of the glans. My penis has stopped getting longer and wider. Looking at the chart on the right and using a ruler to make sure the scale is approximately correct, my testicles are about:

**Chapter 9 : 20 Reasons I'm Terrified Of Growing Old | Thought Catalog**

*Am I going to keep growing until I'm 21? When I was in year 6 (sixth grade) I was the tallest in my school and now I'm one of the shorties. All my friends are tall, but they aren't as hairy as me.*