Chapter 1 : ETIPS - Make Thinking Visible :: eTips

View full Handango Fitness Suite Palm OS specs on CNET.

Inspiration is a powerful visual learning tool that inspires students, grades , to develop ideas and organize thinking. Use Inspiration to assist you and your students in outlining, diagramming, concept mapping and webbing. Set up live hyperlinks to create direct connections to the immense resources of the Internet. Kidspiration helps K-3 students see, organize and develop their great ideas. Students can brainstorm ideas with pictures and words; organize and categorize information visually; create stories and descriptions using engaging visual tools; and explore new ideas with webs and visual mapping. For over 10 years, HyperStudio has been the de facto standard classroom multimedia-authoring program. The newest version, HyperStudio 4, represents the next level in desktop and online multimedia communications for educators and students. Use this versatile application with high school students to develop electronic portfolios. Instructors and students use PowerPoint to add images of art, video clips of artists, and art techniques for instructional or creative purposes. Students can take a picture or a short second movie clip of themselves performing a skill. Using a predetermined rubric, students can evaluate their skill level by viewing their performance and comparing it to the rubric. Teachers can use the eyemodule, movie-clip mode, to assist in giving students immediate feedback regarding skill acquisition. View an example of this. Students can keep track of their fitness scores allowing them immediate access to their level and improvement. View how a school in Maine is developing fitness and assessment software for Palm OS handhelds. The assessment piece is built around rubrics and observations. Success Story at http: View the information at http: This software allows students to represent ideas as well as vocabulary. This information can be shared with peers in small group formats or turned in via beaming to the teacher or a printer with infrared capabilities. Introduce a new unit using the application PiCoMap. Intermediate, middle and high school students can brainstorm movement and skill concepts using this application. In Health or Physical Education classes, high school students can create a class vocabulary list of movement concepts or health concepts by using the PDA to take notes of new vocabulary learned during class. Students can then beam the list to the teacher by the end of each class. PDAs can be used in middle or high school small group activities using the jigsaw method. PDAs help students process information in their expert groups and communicate their information to the rest of the class. Then the groups rearranged to form new groups that comprise of one expert from each of the original groups. When high school students are working in small research groups, the PDAs can be used to gather information and facilitate the sharing of information with group members by beaming gathered information to each other.

Chapter 2 : Handango Fitness Suite Palm OS - box pack - 1 user Overview - CNET

From The Community. Amazon Try Prime. Software.

Other questions and answers can be found at the bottom of the page. Start the Browser on your BlackBerry. Click on the BlackBerry Key to display the screen menu. Follow the prompts to download and install Ascendo Fitness. This is a normal step in the installation of third party applications on BlackBerry devices. Answer "Yes" to continue installation. Make a note of the folder in which you chose to extract the files. Start the BlackBerry Desktop Manager. Click on Application Loader. How much does it cost to upgrade? How do I upgrade? Caution, installing Version 3 of Ascendo Fitness requires that you uninstall Version 2 which will delete your existing data. Please read the release notes page to determine if you require the new features before deciding to upgrade. To upgrade to a new version, please follow these instructions. If you purchased from our web site, please email info ascendo-inc. If you purchased from Mobihand. If you bought from Handango. If you bought from another Sales Partner, please see their web site for information on upgrades. If you have difficulties, or the Sales Partner you purchased from does not offer upgrades, please email your order confirmation to info ascendo-inc. To be considered for eligibility, your order confirmation must contain the Name of the Ascendo Sales Partner you purchased the product from, the Version Number and the Date of Purchase. I purchased the application but I did not keep a copy. I need to reinstall it. How can I download it again? Please contact the Ascendo sales partner that you purchased the application from and request the application file. Some Ascendo sales partners provide. ZIP when requesting a trial or purchasing Ascendo Fitness. How do I open these files and install Ascendo Fitness on my device? You can open these files with a free utility called WinZip available at www. How do I download and install Ascendo Fitness Desktop? Double-click on "Ascendo Fitness Installer. Follow the prompts to install the Ascendo Fitness Desktop. I installed a trial version of Fitness on my BlackBerry, then bought the full version and installed it. When I start the full version, an error message is displayed saying "Error starting AscendoFitness. What should I do? You must delete the trial version using the BlackBerry Desktop Manager or by selecting the following menu options on your BlackBerry device: When I try to install the application using the Blackberry Desktop Manager I get the following message, "No additional applications designed for your device were found. This is a common issue with the BlackBerry Desktop Manager and does NOT necessarily mean that the application is incompatible with your handset. See below for possible resolutions. Delete any previously installed versions of the software then make sure that you have removed the application from the BlackBerry Desktop Manager Application List, displayed when clicking on the Application Loader icon. Upgrade your BlackBerry Desktop Manager. Click here for latest downloadable version. Upgrade the device software on your BlackBerry. An article with more detailed descriptions can be found on AllBlackBerry. If these suggestions to not resolve the issue, please try downloading and installing the application directly to your handset OTA , as describe above. This is a common problem with the BlackBerry Desktop Manager. There are a few possible solutions: Download and install the latest version of the BlackBerry Desktop Manager and try to install the application again. If you already have a trial version or previous version installed on your BlackBerry, uninstall the application and delete it from the application list. To do this, start the BlackBerry Desktop Manager, click on "Application Loader", un-check the box next to the application, click on the "Next" button and follow the prompts. Now return to the application list, highlight the application and click on the Delete button. Check if you are using Version 3. The workaround for this issue is to install the latest service pack Service Pack 3a for Desktop Manager v3. This can be downloaded from the BlackBerry site at: Choose the latest service pack at the bottom of the page. Uninstall your original Desktop Manager first, then install the downloaded service pack. Be sure to reboot your computer after completing the installation. Follow the instructions to download the Desktop Manager service pack to your desktop computer. Some users have reported the following work around Exit the BlackBerry Desktop Manager. Then restart the BlackBerry Desktop Manager and try to install the application again. This happens when you select a file with a. See below for a list workarounds. In some versions of the BlackBerry Storm OS, the "1" key is absent from the numeric keypad when displayed in

portrait mode. To enter the number "1", tilt the screen to Landscape Mode before editing the field. When you edit the field, the "1" key should appear in the numeric keypad. Connect your Blackberry to your PC using the data cable. Start the Blackberry Desktop Manager. Select "Perform Selective Backup Click on Left Arrow button to backup Ascendo Fitness application data to your desktop. Unspecified error encountered [J: Ascendo Fitness was developed on the most recent development environment offered by Blackberry, JDE 4. The application has more features but it only runs on Blackberry OS 3. Here are some places you can look: Please write to support ascendo-inc. In some cases I cannot install a new version without deleting the older one from my device. How do I uninstall an application from my BlackBerry? Start the BlackBerry Desktop Manager, select Application Loader, uncheck the box next to the application you want to uninstall, confirm deletion. This exact menu choices may vary slightly depending on the version of the BlackBerry OS you are using. When I use the Blackberry application loader to install the program it gives me the message that the application can not be loaded because it has an invalid digital signature. Some companies require third party applications to be digitally signed to run on your Blackberry. Please check with your Blackberry or IT administrator to see if this policy can be removed on you device so that you can install the application. Several Ascendo sales partners provide links from their web sites to upgrade to newer versions. Click on the "Upgrade Available" link. Enter the email you used to buy the product from Handango. Click on the "Upgrade Now" button. Enter the email you used to buy the product from Mobihand. If you did not purchase from one of the sales partners listed above, please email info ascendo-inc. How can I get alerted when a new version is available? Some Ascendo Sales Partners provide real time alerts whenever new versions of a product are available. Here are some that we know of: When I add a new nutrition type, what is the serving size for which I am entering nutrient values? The serving size is grams. If you are entering information from a food label and the serving size is given in a weight other than grams, you will need to convert the nutrient values. For example, if the serving size on a label is 50 grams and the number of calories on the label is , then you would enter calories which would be the number of calories in grams of the nutrition type. We have created a spreadsheet to help you convert nutrient values. Click here to download. How do I add Serving Sizes like cups, teaspoon or ounce for a new nutrition type? You should enter the name of the serving size in "Grams Weight Description", for example "cup", and the amount of grams that a cup of the nutrition type weighs in the field labeled "Grams Weight". If you have entered nutrient values for grams of the nutrition type, as explained above, then Ascendo Fitness will automatically convert those values for the new serving sizes.

Chapter 3 : Ascendo Fitness Calculators Frequently Asked Questions.

Discuss: Handango Fitness Suite Palm OS - box pack - 1 user Sign in to comment. Be respectful, keep it clean and stay on topic. We delete comments that violate our policy, which we encourage you.

Where can I download a trial version of Ascendo Fitness Calculators? Extract the files to a directory then use the BlackBerry Desktop Manager to install the software on your device Ascendo Fitness Calculators is also available from the sales partners listed on the Fitness Calculators home page. Please follow these steps: Start the Browser on your BlackBerry. Click on the track wheel to display the screen menu. Select the "Go To Type in the following URL: You should see a series of prompts to download and install the application. When you purchase the application, you will receive instructions on how to install the full version. When I try to install the application using the Blackberry Desktop Manager I get the following message, "No additional applications designed for your device were found. This is a common issue with the BlackBerry Desktop Manager and does NOT necessarily mean that the application is incompatible with your handset. See below for possible resolutions. Delete any previously installed versions of the software then make sure that you have removed the application from the BlackBerry Desktop Manager Application List, displayed when clicking on the Application Loader icon. Upgrade your BlackBerry Desktop Manager. Click here for latest downloadable version. Upgrade the device software on your BlackBerry. An article with more detailed descriptions can be found on AllBlackBerry. If these suggestions to not resolve the issue, please try downloading and installing the application directly to your handset OTA , as describe above. This is a common problem with the BlackBerry Desktop Manager. There are a few possible solutions: Download and install the latest version of the BlackBerry Desktop Manager and try to install the application again. If you already have a trial version or previous version installed on your BlackBerry, uninstall the application and delete it from the application list. To do this, start the BlackBerry Desktop Manager, click on "Application Loader", un-check the box next to the application, click on the "Next" button and follow the prompts. Now return to the application list, highlight the application and click on the Delete button. Check if you are using Version 3. The workaround for this issue is to install the latest service pack Service Pack 3a for Desktop Manager v3. This can be downloaded from the BlackBerry site at: Choose the latest service pack at the bottom of the page. Uninstall your original Desktop Manager first, then install the downloaded service pack. Be sure to reboot your computer after completing the installation. Follow the instructions to download the Desktop Manager service pack to your desktop computer. Some users have reported the following work around Exit the BlackBerry Desktop Manager. Then restart the BlackBerry Desktop Manager and try to install the application again. This happens when you select a file with a. How do I uninstall an application from my BlackBerry? Start the BlackBerry Desktop Manager, select Application Loader, uncheck the box next to the application you want to uninstall, confirm deletion. This exact menu choices may vary slightly depending on the version of the BlackBerry OS you are using. When I use the Blackberry application loader to install the program it gives me the message that the application can not be loaded because it has an invalid digital signature. Some companies require third party applications to be digitally signed to run on your Blackberry. Please check with your Blackberry or IT administrator to see if this policy can be removed on you device so that you can install the application. How do I upgrade? Several Ascendo sales partners provide links from their web sites to upgrade to newer versions. Click on the "Upgrade Available" link. Enter the email you used to buy the product from Handango. Click on the "Upgrade Now" button. Enter the email you used to buy the product from Mobihand. If you did not purchase from one of the sales partners listed above, please email info ascendo-inc. How can I get alerted when a new version is available? Some Ascendo Sales Partners provide real time alerts whenever new versions of a product are available. Here are some that we know of: Download the application from an Ascendo sales partner and use WinZip to extract files to a temporary directory on your hard drive. Look for the appropriate file for your device, ie AscendoFitnessV2. If using Bluetooth or Infrared, then right click on the appropriate. If this option does not appear it probably means that you have not established a connection between your PC and your phone. Make sure that Infrared or Bluetooth is activated on both devices and in the

case of Infrared, that the transmitters are properly aligned. The application will appear in your message inbox as a text message. Opening the message will install the application on you device. Browse to the location of the appropriate AscendoFitness. Select and confirm target drive for installation. Go to the application manager and select the application. Click on the "Ascendo Fitness Calculators" menu option, on the the menu bar along the top of the screen. A drop down list will give you the options for that screen. The first option is assigned to the left soft key next to the navigational key pad and the second option is assigned to the right soft key next to the navigational keypad. You can find complete information about using PC Suite on www. Start the Browser on your mobile phone. Click on a appropriate key to display the Browser menu. This may vary depending on the phone. When you purchase the application, you will be sent a link to install the full version.

Chapter 4 : Handango Catalog Surpasses 15K BlackBerry Apps | News & Opinion | blog.quintoapp.com

Find helpful customer reviews and review ratings for Handango Fitness Suite at blog.quintoapp.com Read honest and unbiased product reviews from our users.

Chapter 5 : Best Buy Offering Handango Smartphone Apps In-Store | blog.quintoapp.com

Have you checked out the new Fitness Suite at Huia Pool+Fitness? It has an excellent range of cardio and resistance equipment, great views of the Hutt Rec, and with a Swim+Gym membership you get access to all Hutt City Pools and Fitness Suites.

Chapter 6 : Handango App Store - Free downloads and reviews - CNET blog.quintoapp.com

The Handango Fitness Suite, for Palm OS only, combines features from four popular programs -- the Diet and Exercise Assistant from Keyoe, Martin Rice's Runner's Log, and Craig Cecil's PocketCardio.

Chapter 7 : Handango Fitness Suite Palm OS Specs - CNET

Open Library is an initiative of the Internet Archive, a (c)(3) non-profit, building a digital library of Internet sites and other cultural artifacts in digital form.

Chapter 8 : Mobile Systems has been selected as a nominee for the Handango Champion Awards

We even acquire exclusive Handango promo codes you'll only find at PromoCodeWatch. When shopping online for Handango products and services, it is a wise decision to visit PromoCodeWatch before checking out.

Chapter 9 : Handango â€" Mobile Content Delivery for the Real World

Spb Phone Suite is a collection of all phone features you missed in Windows Mobile. These are features like profiles, call filtering, missed call notifications, reject and reply with SMS.