

Chapter 1 : Family-Focused Behavioral Pediatrics

"Family-Focused Behavioral Pediatrics," by Dr. William Lord Coleman, brings insightful knowledge and compassion to the clinical world of behavioral science. This text is invaluable to the resident, and, or, Dr. of any field.

These youths must contend with unpredictable mood swings, sleep problems, difficulty interacting with others, and poor self-image, among other symptoms. Management of the condition often affects the entire family. Especially troubling is the fact that nearly one half of young people with this condition will attempt suicide before age 18, with the riskiest period being the first 12 months following the onset of suicidal ideation. The rate of attempt in this group is 15 times higher than that of the general population, and the risk is higher in youth with the earliest ages of onset of PBD. However, the research on risk factors and treatments for affected youth, especially the youngest, is scant. Remarkably, no previous studies have investigated the treatment of suicidal ideation and behavior in these youths. It also fosters positive family functioning and emotional health, especially related to PBD. Question Can family-focused cognitive behavior therapy reduce suicidal ideation in very young children with bipolar disorder? Weinstein at the University of Illinois at Chicago studied 69 youths ages average age 9 diagnosed with PBD, along with their families. Study aims were to: Weinstein found that youth considered to be cognitively vulnerable, i. Problems with self-esteem were a primary factor. In terms of family relations, the strongest factors contributing to ideation were parental stress and family rigidity i. Family rigidity remained the most consistent predictor of suicidal ideation. Thus, two potential target factors for treatment were low self-esteem in the youth, and rigidity among their parents. In a subsequent study, youth and families were then randomly assigned to two treatment groups, one with CFF-CBT and one with treatment as usual, which consisted of nonspecific unstructured psychotherapy. Both groups participated in 12 weekly sessions followed by six monthly sessions. Youth participants were assessed for mania, depression, suicidal ideation, and overall psychiatric severity at baseline, 4, 8, and 12 weeks, with a follow-up at six months. While suicidal ideation was reduced for youth in both groups, the effect was stronger among youth in the CFF-CBT group. Takeaway Suicidal ideation often accompanies pediatric bipolar disorder. Therefore, assessing and treating suicidal ideation and behavior in children with PBD is important. Youth with lower self-esteem and greater family rigidity appear to have more severe suicidal ideation. Child- and Family-focused Cognitive Behavioral Therapy can help reduce suicidal ideation in very young children with bipolar disorder. Given the above, we may be able to prevent suicidal ideation from evolving into suicidal behaviors in high-risk youth with pediatric bipolar disorder. Grant-Related Publications Weinstein, S. Cognitive and family correlates of current suicidal ideation in children with bipolar disorder. Journal of Affective Disorders, Treatment moderators of child- and family-focused cognitive-behavioral therapy for pediatric bipolar disorder. Child- and family-Focused cognitive-behavioral therapy for pediatric bipolar disorder: A randomized clinical trial. Click here to read about Dr. Write a blog post for AFSP! Click here for our Submission Guidelines. Subscribe to get the best of the blog!

Chapter 2 : William Lord Coleman (Author of Family-Focused Pediatrics)

A manual of family-oriented approaches. This first-of-a-kind, easy-to-use manual describes practical, family-oriented approaches for the evaluation and management of common behavioral and interaction problems that are often resistant to child-centered approaches.

Chapter 3 : Free Family-Focused Behavioral Pediatrics pdf download

Family Focused Behavioral Pediatrics by William Lord Coleman Chapel Hill, NC, Lippincott Williams & Wilkins, , pp, \$ Coleman notes in his preface, "This manual is for clinicians and trainees who want to enhance their skills in working with children and adolescents within the context of their families.

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Chapter 4 : Child & Family Counseling Center | Children's Hospital Pittsburgh

Free Family-Focused Behavioral Pediatrics pdf download. This manual is for clinicians and trainees who want to enhance their skills in working with children and adolescents within the context of their families. These clinicians include pediatricians, family practitioners, pediatric nurse practitioners, child psychologists, child ps.

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"Family-Focused Behavioral Pediatrics" by Dr. William L. Coleman brings a fresh perspective to the health care of children. Understanding the role of a family history and current living conditions has always been an important part of pediatric care.