

Chapter 1 : Certified Professional Midwife in Fort Mill, SC | Birth Choice

Choices in Childbirth offers workshops, tools, and resources to help expecting moms evaluate the many options for where, how, and with whom to birth. Choices in Childbirth also advocates for evidence-based birth practices and improved maternal health policies on the local, state, and federal levels.

Decisions concerning your choice of a health care provider and your birth location are particularly important early in pregnancy. These are often closely tied with one another because most health care providers already have a strong preference for a particular birth location. Being well-informed about your options can help provide the experience you and your family desire. Health Care Providers Obstetrician: Obstetricians are medical doctors who specialize in the care of pregnancy, labor, and birth. They also receive specialized education in the female reproductive system and surgical care. The focus of much of their education has been on the detection and management of obstetrical and gynecological problems. Many women who have had complications in past pregnancies or who have certain medical conditions will choose an obstetrician for their pregnancy care provider. Obstetricians normally perform deliveries in a hospital. Family Practitioners are physicians who have completed schooling and training in various fields of medicine that include obstetrics, pediatrics, surgery, and internal medicine. During their residency, they gain experience in treating the whole family. Family practitioners normally handle low-risk pregnancies and most perform deliveries in hospitals. Midwives can have a wide spectrum of training. Certified nurse-midwives have a nursing degree and additional training in midwifery. Direct-entry midwives and certified professional midwives have extensive training in midwifery even though they do not have a nursing degree. Most midwives offer care that is flexible and individualized with little medical intervention, although they usually limit their care to low-risk pregnancies. Many midwives offer deliveries in homes, birthing centers, or hospitals. If you have chosen an obstetrician or family practitioner as your health care provider, you will most likely be making plans for a hospital birth. The number of births attended by midwives in hospital settings is increasing. Some families feel more comfortable having access to technology and skilled professionals in case an emergency arises. However, in a hospital setting, there may be more restrictions during labor and birth. Make sure to tour your hospital before your birth and learn about all the guidelines and policies regarding laboring techniques, routine interventions, use of cameras or video, and newborn care. The first free standing birthing center opened in in an effort to give women a more relaxed labor and birth experience. Midwives are often the only health care providers available at free-standing birthing centers. However, some obstetricians are willing to do deliveries at birthing centers located inside hospitals. Birthing centers usually have fewer restrictions and allow for more freedom in making decisions about labor. Birthing centers are often recommended for pregnancies that are considered low-risk and for women who are seeking to have a birth with few interventions. If you have particular preferences for your birth, be sure to contact a birth center representative beforehand to discuss policies and guidelines. For most of recorded history, women have had their babies at home. Many women feel more comfortable and relaxed when giving birth in a familiar environment. However, this choice comes with extra responsibilities. For instance, families wanting to birth at home need to be well-educated about the risks and be open to the possible need to transport the mother and or baby to a hospital in the event of an unexpected complication. Midwives are the main health care providers for home births. Home births are recommended for women with low-risk pregnancies. Many women who do not want any interventions and who want a very family-centered birth experience make the decision to have a home birth. September 6, at Pregnancy, Childbirth, and the Newborn:

Chapter 2 : Childbirth Choices | Buffalo Midwifery Services

Throughout your pregnancy, you will have many decisions to make regarding exercise, clothing, prenatal care providers, a birth location, and more. Decisions concerning your choice of a health care provider and your birth location are particularly important early in pregnancy.

Chapter 3 : Childbirth and Choice: Comparing Birthing Decisions in Lethbridge and Red Deer

Somehow the natural birth movement's drive for people to have control over the choices made about how to manage their bodies during labour and birth has turned into an idea that people giving birth can actually control their bodies and what complications do or do not arise.

Chapter 4 : Birthing Choices - American Pregnancy Association

Beautiful Birth Choices Childbirth Education Five Week Series Wednesday, February 13 to March 13, This series is designed to give you some wonderful hands on tools and ideas, and to provide you with great information for informed decision making during labor and childbirth.

Chapter 5 : Childbirth Choices

Make the Childbirth Choice That's Right for You No Matter What Everyone Thinks, I talked to more than women who gave birth every which way; some are quoted here. In the process, I came up with seven destination points along the birthing-choices spectrum.

Chapter 6 : Childbirth Choices & Women's Health in Nappanee, IN - blog.quintoapp.com

In Gentle Birth Choices Barbara Harper, renowned childbirth advocate, nurse, former midwife, and mother of three, helps to clarify these choices and shows how to plan a meaningful, family-centered birth experience. She dispels medical myths and reimagines birth without fear, pain, or violence.

Chapter 7 : Childbirth and choices - The F-Word

Make sure the birth center you are considering is licensed by the state (if licensing is an option in your state) and accredited by the Commission for the Accreditation of Birth Centers.

Chapter 8 : BirthChoiceUK - Title Page

Become part of our provider network for expectant parents. Join now and be a resource for pregnancy, labor, birthing and postpartum needs. Join our network Guide to a healthy birth. A publication packed with essential contacts, resources and information to help women and families make informed decisions about where, how, and with whom to birth.