

## Chapter 1 : Careers: Moving into Nursing Management

*To use it, write down your career goal (for instance, a certificate in forensic nursing) at the top of a page. Then divide the page into four quadrants—one for strengths, one for weaknesses, one for opportunities, and one for threats.*

How many times will you change careers in your lifetime? Every job-seeker needs to take the time to step away from the day-to-day grind of work and spend quality time reflecting on your career and developing some plans for your future. Whether you love your current job and employer or feel frustrated and confined by your job, career planning can help. This article provides you with some basic guidelines for both short-term and long-term career planning.

### Short-Term Career Planning

A short-term career plan focuses on a timeframe ranging from the coming year to the next few years, depending on the job-seeker. The key characteristic of short-term career planning is developing realistic goals and objectives that you can accomplish in the near future. As you begin your career planning, take the time to free yourself from all career barriers. What are career barriers? And while career planning and career decision-making is an important aspect of your life, do not put so much pressure on yourself that it paralyzes you from making any real choices, decisions, or plans. Finally, career planning is an ever-changing and evolving process — or journey — so take it slowly and easily. Are you happy with your current lifestyle? Do you want to maintain it or change it? Be sure to identify the key characteristics of your ideal lifestyle. Does your current career path allow you the lifestyle you seek? What kinds of activities — both at work and at play — do you enjoy? What kind of activities do you avoid? Make a list of both types of activities. Now take a close look at your current job and career path in terms of your list of likes and dislikes. Does your current job have more likes or dislikes? Reflect on the times and situations in which you feel most passionate, most energetic, most engaged — and see if you can develop a common profile of these situations. Develop a list of your passions. How many of these times occur while you are at work? Analyze your strengths and weaknesses. What are your strengths? What are your weaknesses? Analyze your definition of success. Spend some time thinking about how you define success. What is success to you: Are you an extrovert or an introvert? Do you like thinking or doing? Do you like routines or change? Do you like sitting behind the desk or being on the move? Take the time to analyze yourself. Analyze your dream job. Remember those papers you had to write as a kid about what you wanted to be when you grew up? Take the time to revert back to those idyllic times and brainstorm about your current dream job; be sure not to let any negative thoughts cloud your thinking. Analyze your current situation. Before you can even do any planning, clearly and realistically identify your starting point. Luckily, LiveCareer has you covered with the writing of both documents.

### Career Planning Steps

If you have been examining multiple career paths, now is the time to narrow down the choices and focus on one or two careers. Pinpoint the qualifications you need to move to the next step in your career. Or, to make the move to a new career path. Develop a plan to get qualified. Make a list of the types of qualifications you need to enhance your standing for your next career move, such as receiving additional training, certification, or experience. Develop a timeline and action plans for achieving each type, being sure to set specific goals and priorities.

### Long-Term Career Planning

Long-term career planning usually involves a planning window of five years or longer. It also involves a broader set of guidelines and preparation. Businesses, careers, and the workplace are rapidly changing, and the skills that you have or plan for today may not be in demand years from now. Long-range career planning should be more about identifying and developing core skills that employers will always value while developing your personal and career goals in broad strokes. How can you prepare for future career changes and developments? The best way is to stay active in short-term career planning.

Hansen is founder of Quintessential Careers, one of the oldest and most comprehensive career development sites on the Web, as well CEO of EmpoweringSites. He is also founder of MyCollegeSuccessStory. Hansen is also a published author, with several books, chapters in books, and hundreds of articles. Hansen is also an educator, having taught at the college level for more than 15 years. Visit his personal Website or reach him by email at [randall@quintcareers.com](mailto:randall@quintcareers.com).

### Chapter 2 : Mapping Your Future: Develop a career plan

*Career Planning for Nursing. by Dr. Mary Williams, R.N. D.C.. Nursing is a great employment field; not only is the employment outlook generally quite positive for coming years, there are also a number of different career entry points and clear paths within the field.*

Moving into Nursing Management Careers: Moving into Nursing Management Posted on August 31, There are a variety of reasons why nurses decide to leave the bedside and move into management. Some are eager for new challenges, along with a desire for more recognition and a higher salary. Others see the big picture when it comes to patient care, and would like to be in a position to facilitate positive change in a highly fragmented healthcare system. This desire to improve and reach for a higher level of excellence is an intrinsic trait for leaders. This can translate into a vision for a better healthcare system, through initiatives for disease management, wellness promotion, community outreach, public health, and patient safety. But the move from clinical practice to management represents a huge change and requires a new skill set. So how do you get there? Get the education you need. When you acquire a broader view of healthcare, from a systems and policy perspective, you equip yourself to make strategic decisions at the managerial level. American Sentinel offers flexible online MSN programs that allow you to work and advance your education at the same time. Exhibit leadership skills at every level of your career. There is a marked difference between the role of manager and the role of leader. Managers focus on results and the business aspect of an organization, while leaders focus on influencing and motivating others to help the entire team meet its goals. By this definition, leadership can exist independently of manager status. Even staff nurses can begin to build a strong foundation for leadership, by building credibility and modeling professional values in everything you do. Improve your business savvy. Many nurse leaders have risen to their current positions based on their competence in a clinical role, without any formal leadership training. They are forced to learn to think critically about unfamiliar areas like budgeting for internal resources and federal reimbursement policies, staffing, strategic planning, and quality assurance. This is a key area where education comes into play: The program also includes practice experiences that provide the opportunity to apply the concepts and knowledge learned through coursework. Develop top-notch communication and interpersonal skills. These are skills you can learn through books or online workshops, and then practice on a daily basis. To get started, take a look at our blog series titled Leadership Skills for Nurse Managers. Share your goals with a mentor. It only makes sense to voice your ambitions to your current manager or a mentor who can help others begin to see you as management material. If your manager is supportive, she may help you identify which areas you need to strengthen in order to pursue your goals. Share this post on:

## Chapter 3 : Nursing Careers Overview | The Michigan Center for Nursing

*Nursing is an occupation that offers many options; nurses may work in many different settings, specialties and at different levels of practice. With so many opportunities, a career plan is helpful to both the nursing student and the experienced nurse who wants to make a change. A good plan will.*

Nursing is a great employment field; not only is the employment outlook generally quite positive for coming years, there are also a number of different career entry points and clear paths within the field. Once you are practicing, there are still a number of career advancement opportunities, including choosing a specialty, a practice setting, and pursuing additional certifications. Nursing has a career ladder based licensing, certification, post-secondary education, and clinical experience, so your career goals must be in line with your educational goals. Nurses also work in number of different settings including hospitals, private care facilities, schools, combat zones, and more. There are also different specializations within nursing. Nurses provide healthcare services at every level, from direct treatment to case management and diagnosis. While you may have a specialty preference before beginning clinical work, many nurses find the right specialty through on the job experience. Education Nursing candidates can enter the field at a number of different educational levels. A registered nurse has added responsibilities and an increased number of specialty certification options as compared to an LPN. As the healthcare industry changes, there is demand for Advanced Practice Nurses APN who can offer additional services to patients. These nurses can provide an extended level of primary care services that are increasingly in-demand. Planning a Nursing Career Given that the nursing career ladder is based on a post-secondary degree and certification system, carefully research the responsibilities of different roles within the field and consider what additional education or clinical experience you need to achieve those goals. Some specialties also require additional certification via exams and continuing education. You may also consider joining a professional organization or taking continuing education classes to learn more about the specialty. If your goals involve receiving additional education, start researching schools and programs that are the right fit. Part of achieving your nursing goals may involve switching hospital departments, practice settings, or even geographic locations. For nurses interested in hands-on work, becoming an APN leads to the furthest levels of advancement. There are, however, other career advancement options outside of nursing. You may instead choose to shift into academic work, health promotion or research paths, or even hospital administration. Having clear career goals can lead to increased job satisfaction and faster career advancement. Investing the time to research and plan will help you find a nursing career path that is both challenging and rewarding. Because nursing is a rapidly changing field, staying informed and educated will also help you spot new opportunities for advancement.

## Chapter 4 : Career Planning for Nursing

*A career planning and development model is described that provides nurses with a focused strategy to take greater responsibility for engaging in the ongoing planning process that is crucial throughout the major stages of their career.*

## Chapter 5 : Mapping Your Future: Sample career plan

*Career Planning in Nursing by Janie Brown Nowak and Cecilia Gatson Grindel. J.B. Lippincott Company, Philadelphia. pages. This book is designed to help nurses create a career plan and to.*

## Chapter 6 : 5 Career Success Tips for Registered Nurses - [blog.quintoapp.com](http://blog.quintoapp.com) [blog.quintoapp.com](http://blog.quintoapp.com)

*Planning a nursing career: Earning a Master of Nursing degree In the case that you're interested in getting into the master's level of nursing as quickly as possible for the advancement of your nursing career, you might want to pursue an accelerated Master of Nursing degree program that will take you all the way up through earning a BSN to.*

## DOWNLOAD PDF CAREER PLANNING IN NURSING

### Chapter 7 : Career Planning Guide for Nursing | [blog.quintoapp.com](http://blog.quintoapp.com)

*Welcome to the career planning tool kit, a program supported by a grant from the Robert Wood Johnson Foundation.. A career in nursing is a lifelong journey, full of opportunity to grow as a professional and a person.*

### Chapter 8 : Career Planning Tool Kit | The Michigan Center for Nursing

*A career planning and development model is described that provides nurses with a focused strategy to take greater responsibility for engaging in the ongoing planning process that is crucial.*

### Chapter 9 : Developing a Strategic Vision for Your Career Plan | LiveCareer

*Home > The Practice of Nursing > Career Development > Career Planning If you don't know much about career planning, it might be best to work through the learning sections in order. Self-awareness enables you to know who you are, where you are now, the skills you have and where you would like to be.*