

Chapter 1 : 75 Most Empowering, Inspirational Quotes for Sassy, Kickass Women - Your Life YOUR Way

Self-confidence means being assured in your own worth, ability, and power, regardless of the situation you are in. Someone who is self-confident has a strong sense of self-belief and certainty in him/herself.

Share12 Shares 9K A con man is a person who intentionally misleads another person, usually for personal financial gain. In recent history there have been a number of con men who have really stood out for either the wealth they amassed, or the ease with which they tricked people. This is a list of 10 of the most famous con men in recent history. He did not realise that his father was the one who had to foot the bill and when he was eventually confronted with the fraud, his mother sent him for four months to a juvenile correction facility. After moving to New York, Frank lived solely on the income of his fraudulent activities. One of his most famous tricks was to print his own account number on fake bank deposit slips so that when clients of the bank deposited money, it would actually go in to his account. For two years, Abagnale travelled around the world free by masquerading as a Pan Am pilot. He was able to abuse the professional courtesy of other airlines to provide free transport for competing airline pilots if they had to move to another city at short notice. When he was nearly caught leaving a plane, he changed his masquerade to that of a Doctor. He worked as a medical supervisor for 11 months without detection. At other times he worked as a lawyer and a teacher. He was eventually caught in France and spent six months in prison there. After that he was extradited to Sweden and imprisoned for a further six months. After a successful escape whilst travelling to the United States, he was finally given 12 years in Prison. He escaped from his prison by masquerading as an undercover officer of the Bureau of Prisons. He was once again captured in New York City and returned to jail. After serving only five years of his sentence, the US Federal Government offered him his freedom in return for helping the government against fraud and scam artists without pay. He currently runs Abagnale and Associates, a financial fraud consultancy company and is a multi-millionaire. While many people do not know the name Ponzi, the Ponzi Scheme is extremely well known and continues today in Internet Make Money Fast schemes. His early life is not entirely known as he was prone to fabricate stories about it. His early years in the United States were troublesome. He began working at a restaurant but was soon fired for playing tricks with the bills and shortchanging customers. His next job was working in a bank in Canada that catered to Italian immigrants. His knowledge of numbers helped him to do very well there. Unfortunately it turned out that the owner of the bank was stealing money from newly opened savings accounts to pay the interest on the interest bearing accounts and to cover bad investments. The bank owner eventually fled to Mexico and left Ponzi without a job. After writing a fraudulent cheque and spending a number of years in prison, Ponzi determined to become wealthy at any cost. Once he had settled in to life on the outside, he discovered postal reply coupons through a letter that was sent to him from abroad. This was a form of arbitrage and it was legal. He started his own company, the Securities Exchange Company, to promote the scheme. The word of this great investment quickly spread and before long Ponzi was living in a luxurious mansion. For every dollar he took in, he went more deeply into debt. As long as money kept flowing in, Ponzi would stay ahead of the eventual collapse. People soon began to become suspicious and the press were starting to publish negative articles about him. Inevitably people were starting to demand their money. Shortly after, federal agents raided his office and shut it down. No stock of stamps was found and everyone that had invested their money with Ponzi lost every penny. It is probably that he lost tens of millions of dollars. Ponzi plead guilty of mail fraud and was sent to prison. After one escape he was returned to jail to complete his sentence. He was eventually deported back to Italy and he died there in poverty in Over the course of his career he is believed to have stolen over 8 million dollars. In his first job as a collector, he realized that his co-workers were collecting their debts but keeping a little part of the money for themselves. Weil started a protection racket " offering not to report their activities in return for a small portion of what they were taking. He also used phony oil deals, women, fixed races, and an endless list of other tricks to steal from an increasingly gullible public. He could change his persona daily to further his gains: In his autobiography, Weil writes: The average person, in my estimation, is ninety-nine per cent animal and one per cent human. The ninety-nine per cent that is animal causes very little trouble. But the one per cent

that is human causes all our woes. He was born in Bohemia but later moved to Paris where he was able to con people on his frequent journeys between Paris and New York. The only problem, he would tell them, is that it only prints one bill every six hours. By the time the buyers discovered this, Lustig was well gone with their money. In 1919, as France was recovering from the war, the upkeep of the Eiffel tower was an almost unbearable expense for the city of Paris. When Lustig read about this in a paper, he came up with his most brilliant idea. After forging government credentials, he invited six scrap metal dealers to a secret meeting in a hotel. He explained that the City could not afford to keep the tower and that they had to sell it for scrap. He told them the secrecy of the meeting and all future dealings was due to the fact that the public may become distressed at the idea of the removal of the tower. While it seems implausible, at the time the tower was built it was meant to be temporary and this happened just 18 years after the original date for removal of the tower. Lustig took the dealers in a limousine to tour the tower. One of the dealers, Andre Poisson was convinced that the tale was legitimate and he handed over the money. When he realised he had been conned, he was too embarrassed to tell the police and Lustig escaped with the money. One month later, he returned to Paris to try the whole scam again. This time it was reported to the police but Lustig managed to escape. He stored the money in a vault and returned it two months later, stating that the deal had fallen through. In 1926, Lustig was found guilty of counterfeiting. He plead guilty and was sentenced to 20 years in Alcatraz. In 1934 he died of pneumonia whilst in jail in Springfield, Missouri. His favorite object for sale was the Brooklyn Bridge, which he sold twice a week for years. He convinced his marks that they could make a fortune by controlling access to the roadway. More than once police had to remove naive buyers from the bridge as they tried to erect toll barriers. George had many different methods for making his sales. He produced impressive forged documents to prove that he was the legal owner of whatever property he was selling. Parker was convicted of fraud three times. After his third conviction on December 17th, he was sentenced to a life term at Sing Sing Prison. He spent the last eight years of his life behind bars. He was popular among guards and fellow inmates who enjoyed hearing of his exploits. Some time in the late 1800s or early 1900s, Smith began duping entire crowds with a ploy the Denver newspapers dubbed The Prize Package Soap Sell Swindle. Piling ordinary soap cakes onto the keister top, he would describe their wonders. As he spoke to the growing crowd of curious onlookers, he would pull out his wallet and begin wrapping paper money ranging from one dollar up to one hundred dollars, around a select few of the bars. He then finished each bar by wrapping plain paper around it to hide the money. He mixed the money-wrapped packages in with wrapped bars containing no money. He then sold the soap to the crowd for a dollar a cake. A shill planted in the crowd would buy a bar, tear it open it, and loudly proclaim that he had won some money, waving it around for all to see. This performance had the desired effect of enticing the sale of the packages. More often than not, victims bought several bars before the sale was completed. Midway through the sale, Smith would announce that the hundred-dollar bill still remained in the pile, unpurchased. He then would auction off the remaining soap bars to the highest bidders. Through the masterful art of manipulation and sleight-of-hand, the cakes of soap wrapped with money were hidden and replaced with packages holding no cash. Valfierno paid several men to steal the work of art from the Louvre, including museum employee Vincenzo Peruggia. On August 21, Peruggia hid the Mona Lisa under his coat and simply walked out the door. Before the heist took place, Valfierno commissioned French art restorer and forger Yves Chaudron to make six copies of the Mona Lisa. The forgeries were then shipped to various parts of the world, readying them for the buyers he had lined up. Valfierno knew once the Mona Lisa was stolen it would be harder to smuggle copies past customs. After the heist the copies were delivered to their buyers, each thinking they had the original which had just been stolen for them. Because Valfierno just wanted to sell forgeries, he only needed the original Mona Lisa to disappear and never contacted Peruggia again after the crime. Eventually Peruggia was caught trying to sell the painting and it was returned to the Louvre in 1913. He had adopted the identity of a dead infant. A suspicious local reporter exposed him.

Chapter 2 : The Best Way to Be Confident - wikiHow

The Notorious Conor McGregor doing his thing. The billionaire strut. "This is Bruce Lee shit".

William Chaloner "Serial counterfeiter and confidence trickster proven guilty by Sir Isaac Newton [1] Born or active in the 18th century[edit] Gregor MacGregor "Operated in New York and was involved in green goods scams. Wrote an autobiography and also had a biography written about him which discusses prison conditions and various other socio-economic conditions in the later 19th century. Organized a massive ring of con men in Denver in the early s [4] C. Blood "American patent medicine huckster, fraudster, and blackmailer [5] Eduardo de Valfierno "King of the three-card monte men [4] Daniel Levey c. American swindler and gambler, specialized in passing fake checks and stealing goods under the pretense of brokering sales for their owners Victor Lustig "American con man [14] Born or active in the 20th century[edit] Ferdinand Waldo Demara "Famed as "the Great Imposter" Harry Jelinek "Czech con artist alleged to have sold the Karlstejn Castle to American industrialists. Convicted of fraud, robbery, murder, and over other crimes along with her son Kenneth Kimes, Jr. American TV pitchman known for peddling various get-rich-quick schemes Daniel Levey c. American swindler and gambler, specialized in passing fake checks and stealing goods under the pretense of brokering sales for their owners David Hampton "Presented to Mussolini as a visiting foreign dignitary. Italian American businessman and con artist Lou Pearlman "Former boy band impresario, convicted for perpetrating a large and long-running Ponzi scheme [21] Reed Slatkin "American investor and co-founder of EarthLink Alan Conway "Former Italian industrialist and president of a football team who masterminded the Cirio bankruptcy Ali Dia Senegalese semi-professional footballer , duped the manager of Premier League team Southampton into signing him after posing as World Player of The Year George Weah in a phone call in which he gave himself a fake reference [24] Marc Dreier Founder of attorney firm Dreier LLP. British investment fraudster, convicted of running a Ponzi scheme [26] Randy Glass , who defrauded jewelry traders and became involved in the entrapment of undercover arms dealers. Briton who kidnapped people by impersonating an MI5 agent and conned them out of money [28] James Arthur Hogue Hedge fund manager who pleaded guilty to Ponzi scheme , passport fraud , and other crimes [30] [31] Steven Kunes Former television screenwriter convicted for forgery, grand theft, and false use of financial information; [32] he attempted to sell a faked interview with J. Salinger to People magazine [33] [34] Bernard Madoff American-born con artist, card cheat and pickpocket who, from the ages of approximately 14 through 21, bilked dozens of casinos, corporations and at least one Mafia crime family [36] [37] [38] Simon Lovell English comedy magician, card shark actor and con man Gina Marks American "psychic" con artist. Scammed female victims for sex by pretending to be jailed family members over the phone [41] Ong Kean Swan Georgia police officer who impersonated several individuals to escape from a Texas prison; embezzled from the North American Medical Management corporation; inspired the movie I Love You Phillip Morris [43] Calisto Tanzi Former Italian industrialist and president of Parmalat , which he led to one of the costliest bankruptcies in history Alessandro Zarrelli Italian Amateur footballer who posed as a fictitious Italian Football Federation official offering a professional player himself for a cultural exchange to various clubs in the United Kingdom ; he signed with one club and trained with several more [44] Jim Norman musician A cunning Chinese Malaysian financier, traitor, and current fugitive who had access to Malaysian National fund for his debauchery and hedonic lifestyle at epic proportions. Jho Low also disguise his true nature by donating stolen cash to charities and established good relationship with powerful figures, especially from the Middle East, famous Hollywood stars from United States of America and families from the corrupted Malaysian ex-Prime Minister. Many people believes he is now hiding somewhere in China with his families and small band of hired bodyguards as well as the remaining stolen cash in billions of US currency.

Chapter 3 : How to Be The Most Confident Person In The World | Personal Excellence

Mix - Most confident man in Africa YouTube; Funniest Live TV News Interviews Gone Wrong - Duration: World's Hardest Try Not To Laugh Challenge (Reddit Funny) - Duration:

Meditate When we feel insecure, it manifests itself in myriad ways. Taking control of our monkey brain is a profound step toward true self-confidence. I recommend you try the Headspace app. You can select five minute, 10 minute, and 20 minute simple guided meditations. But too many options can be your downfall. We speak in platitudes that we think carry weight--like "think outside the box. Executing on what you know, focusing, and moving the needle are empowering. Learn something new every day The average audio book is 10 hours. If you commute 60 minutes a day, you can listen to about 24 books a year. The more knowledge you have, the greater your confidence will be. Feeling fulfilled will add to your confidence. If public speaking terrifies you, consider posting content on platforms like LinkedIn or Medium. Or you can create an online course on Teachable. Take control of your career The best way I know of to do this is to launch your own personal blog. I recommend the URL be: If you take control of your personal brand and create content that inspires you, confidence will follow. I created a step tutorial that shows you how to do it in 15 minutes. Exercise Instead of buying expensive clothes, you can workout. Clothes will fit better. Instead of trying to walk with your shoulders back, exercise. Your core muscle strength will enhance your posture and gait. Instead of buying skin products, exercise and hydrate. Your skin will look better. Instead of forcing that fake smile to make you feel happier--exercise. The Mayo Clinic says, "You may also feel better about your appearance and yourself when you exercise regularly, which can boost your confidence and improve your self-esteem. Getting enough sleep helps your brain and body. The Harvard Mental Health Letter states: It goes off with a gentle chime that wakes you at your peak awakesness cycle. Better sleep, sharper mind, better mood, and greater self-confidence. My fellow volunteers became my support network. I thought I was giving. I thought I was sacrificing. Who knows, you may heal someone, and you may heal your own soul. Socialize This can be a difficult one for introverts. Joining an online community of like-minded people can enhance your self-worth. Similarly, building community via your Twitter account can also stimulate this powerful feeling. Get curious Seek people who are more experienced than you. Learning from them will instill a powerful calm of knowing. Chances are, the lessons they share will be invaluable. Most "overnight success" stories have experienced the trials and tribulations that you may also be experiencing. Dec 15, Like this column?

Chapter 4 : Top 10 Famous Con Men - Listverse

Article updated How to be the World's Most Confident Woman. Alright, so that's a big promise, I know, to be the most confident woman in the world, but I know it's possible for you, otherwise I wouldn't bother writing this.

The ninth grade dropout and ex-street gang member spent most of his teenage years taking odd jobs, hitchhiking and hustling his way across America. Sometimes called the King of Cool, McQueen was essentially the same character in most of his movies. And those roles were essentially who Steve McQueen was. The tough as nails, rebel who exuded masculinity showed little fear in real life and on the screen. It was this mystique that had women wanting him and men wanting to be him. What you can learn from him: Be who you are no matter what One thing that attracted people to McQueen was his genuineness. He was who he was no matter what. Even though he was a movie star he could often be found hanging out with the stunt men, drinking a few beers. The boys were surprised and amazed that Steve ate his ice cream with a fork not a spoon just like they did. Even though it was years since he was locked up, McQueen remembered who he was and stayed who he was. Whatever you do in life and wherever you go, people will try to change you and tell you who you are. Once you know who you are, be who you are. Realness is a quality that is becoming extinct. Be real and be you. After playing the cowardly lion in a school production of The Wizard of OZ, Robert got over his shyness and later pursued a career in acting. But he also shows his ability to dedicate himself to his work in movies such as Raging Bull when he puts on a performance that should be in a museum. What you can learn for him: Dedication pays off In preparation for his role as boxer Jake Lamotta in the masterpiece Raging Bull, Deniro followed the real Jake Lamotta for weeks, trained extensively and entered three genuine Brooklyn boxing matches winning two of them , and even gained a record breaking 60 pounds in order to play Lamotta in his later years. Dedication to whatever you do is important and can bring great confidence. The son of broadcast journalist Nick Clooney, George seemed to have show business coursing through his veins. After his dreams of being a professional baseball player with the Cincinnati Reds vanished, George began auditioning and landing television commercials. The charismatic actor who gained fame on the television drama ER is now considered to be the Renaissance man of Hollywood. Well liked by writers, directors, and fellow actors Clooney has solidified his place in movie history. Being the good guy can certainly be an advantage. Your ability to project the same image may also help you succeed. Being confident is not about being cocky. Some people are afraid of being nice because they fear other people will take advantage of them. However, it has been action films like Independence Day and Bad Boys that has made him one of the top action heroes of the past 15 years. He has also showed his ability to execute dramatic acting in the movie The Pursuit of Happyness where he was nominated for an Academy Award. The true display of how far he has come from his Fresh Prince days was his performance as Mohammad Ali in the movie Ali. Versatility From rapper, to comedian, to blockbuster action hero, to dramatic actor, Will Smith will probably always have a job in show business because of his versatility. On the road to success being able to switch roles quickly and effectively can make the journey easier. You never know what opportunities will come your way so be ready to adjust, adapt, and change. Depp was not pleased with the pretty boy teen idol reputation that the television show soon brought and would soon find different roles that would erase that image. Johnny Depp is known most for his choice of odd, unusual, and sometimes weird characters. His ability to play unique roles such as lovable freak Edward Scissorhands and the eccentric pirate Captain Jack Sparrow in the Pirates of the Caribbean is not common among most mainstream actors. It is the decision to take on different and more challenging roles that has made Depp a popular and well respected actor. Be different Cookie cutter images are a dime a dozen but when you try something different others will notice. Trying new things to anything you do can give your life a fresh perceptive and may also expand your thinking. You have to be a real confident person in order to take on some of the acting roles that Depp has. If you are truly confident in yourself you will be able to showcase your uniqueness without wondering what others will say while at the same time, not caring what they say. This was a short list but here are some honorable mentions: Get updates on new stuff!

Chapter 5 : 'I'm the most stylish man in Africa - or in the world' - BBC News

Who would have thought that a man who was abandoned by his parents at a young age would one day be the most popular movie star in the world? The ninth grade dropout and ex-street gang member spent most of his teenage years taking odd jobs, hitchhiking and hustling his way across America.

Sometimes I find myself filled with so much self-doubt that it becomes crippling. On the whole, how much self-confidence do you have? How confident do you feel regarding your work? How about when you are with friends? Your partner if you have one? How confident do you feel when it comes to your finances? How about other things, such as making a presentation at work or talking to a stranger? Do you feel fully confident in all of the above situations? Do you feel confident regardless of the situation you are in? Self-confidence is often linked with having certain knowledge, skill sets, and abilities, whether acquired or innate. While having aptitude in a particular area can help boost your self-worth, it is not a necessary prerequisite for self-confidence. Someone with absolutely no competency in something can still be confident. We will explore this in detail in the later half of the article. How does this person come across to you? A person who lacks confidence has a lack of self-belief, usually caused by a sense of uncertainty about something. Here are 8 typical behaviors of people with low self-confidence: If we refer to the Map of Consciousness , these people vibrate in consciousness levels of Pride and below – usually levels of Shame, Guilt, Apathy, and Fear. Lack of self-confidence is a crippling trait because it limits you in your opportunities and jeopardizes your chances of success, which leads to a self-fulfilling prophecy. Imagine you are tasked with a project. What do you think will happen next? This lack of belief will influence your thoughts and action, both consciously and subconsciously. When you are constantly thinking about a negative outcome, it takes your focus off what you should be doing to achieve your ideal state, which leads to a self-fulfilling prophecy. And when an undesirable outcome gets manifested, your negative belief gets enforced and you continue to have low, if not lower, self-confidence. Advertisement On the flip side, what if you are a self-confident person placed in that exact same scenario? What do you think will happen? Chances are things will pan out differently. Because you are certain of an imminent success, you do everything needed to make it happen. This confidence sets you up for success, which subsequently enforces your self-worth, leading you to more success. Thus, self-confidence is clearly an asset in life. Not only does it make you feel better emotionally and mentally, but it also sets you up toward achieving your goals. It gives you the belief to conquer your challenges, no matter how insurmountable they seem. However, most people have low confidence because of past events in their life. They are placed in an endless cycle where they feel unsure of themselves, think about all possible bad results, and attract bad results due to this thinking, which then reinforces their negative self-belief. How can we then break out of such a cycle? How to Increase Self-Confidence There are different ways you can use to increase your confidence. All in all, I have found three main strategies to improve self-confidence. Conditioning The first is conditioning to impose a sense of self-belief. This is the most popular method within the self-help community and also the quickest method to get results. Ever been to motivational seminars or read any self-help books on increasing confidence? Usually they will ask you to do various things like repeat a positive affirmation , pretend that you are already of a certain stature, speak and act confidently, and so on. Here are some examples of using conditioning to increase self-confidence: Dressing smartly, Looking presentable, Having a clean and kempt look Body language: Walking confidently, Speaking confidently, Being calm and composed, Holding your head up, Having a good posture, Smiling Mental techniques: Listening to upbeat music, Exposing yourself to inspirational materials, NLP techniques, etc. These actions are useful because they give you a confidence boost almost immediately after you do them. Acquiring Symbols Of Worth The second is working on the issues that are making you feel low in self-confidence. This is the more practical approach to increasing self-confidence. As mentioned in the beginning of the article, self-confidence is often linked with possessing certain knowledge, skills, and abilities. Many people lack confidence because they feel that they lack a certain competency. For example, if you feel unconfident about your role in a job, it may be because you lack the information and know-how to perform well. People with a high level of competency in a certain area often

develop high self-confidence in that area as a result. The key to developing competency is to learn and repeatedly do it ad nauseam. Eventually you will find yourself so competent in that area that you feel naturally confident in it. Besides competency, there are other symbols of worth, of which the most common are: For example, you see different people pursuing different things to increase their sense of self-worth. Some people strive to become more attractive and popular. Some people try to acquire material possessions such as earning more money and buying material goods. Some people seek to gain status symbols and titles. Some people strive for success in everything they do. If they are to be removed from you or lose their relevance as a symbol of worth, your self-confidence will change accordingly. Imagine a tennis player who measures his worth based on his victories in his tennis games. He keeps practising to increase his odds of success. Whenever he wins, his self-confidence gets a boost; however whenever he loses, his self-confidence gets a hit. Advertisement Or imagine someone who feels low self-confidence working as an entry level executive. He sees his position in his career a status symbol as an indicator of his worth. He works very hard in his company and gets promoted to manager level. While this boosts his confidence, his sense of worth becomes tied to his position. In the event where his title is removed from him such as when he gets laid off, he will start to feel low in self-worth again. This is why many people feel depressed after being retrenched “ aside from financial concerns, many tie their sense of worth to their job titles. Because the significance of symbols is very much defined by society, they are open to change. Think about some of the material goods you bought in the past that made you feel good at that point, but stopped having the effect after some time. Some things that come to mind would be fashion items like clothing and accessories, and the type of car you drive. Another variable would be the context. But in Singapore, a car is considered a luxury good due to the extremely high cost of owning one. In different contexts, symbols will have different levels of significance. Hence, to raise your self-confidence in a permanent, long-term way, we have a third method. As shared earlier, while the previous two methods definitely help to a certain extent and can be a quick way to boost your mental state, they are typically short-term and not permanent. Conditioning is like a quick fix to induce a temporary feeling, while acquiring symbols of worth only helps to the extent you have the symbols and they are still relevant. Both address symptoms of the problem rather than its root. While you treat this problem by becoming rich and successful, going to lots of parties, or even paying for companionship, these are all actions to fix the symptom. These actions may help you feel connected temporarily, but they will not solve your problem since the root is not resolved. My point is, the feeling of low confidence from supposedly not having enough competency, not being successful enough, etc. Advertisement The actual root of the problem is your belief that you need to be those things before you can experience self-worth. For example, you think that you need to be good at something before you can feel confident. You need to have certain successes before you can feel some semblance of self-worth. You may see self-confidence as having a good posture, dressing smart, and speaking slowly. What you need to realize is this: The only prerequisite for self-confidence is a sense of self-belief. Think about a symbol or symbols of worth to you. Is it the amount of money you earn? Is it how attractive you look? Why do you perceive these as symbols of worth? Why must you have these before you can feel worthy or confident about yourself? Who said anything about these being prerequisites before you can even feel self-worth? The belief that we need to have this skill or that behavior before we can feel confident has been conditioned into us via society and media, rather than being hard truths. All your beliefs on what represents worth can only be true if you allow them to be true. Remember, these are merely external objects, not you. My Personal Example There have been many times in my life when I felt very confident about myself and the outcome of events, even when there was really no reason I should be. For example, back when I was in my internship in my ex-company, I was fully confident that I would perform well and ace the internship “ even though it was my first internship, the first time working in an actual corporate job, and I knew absolutely nothing about what I was getting into.

Chapter 6 : How to be the World's Most Confident Woman | The Feminine Woman

Have you ever been in a situation where you wished that you could quickly and easily become a little more confident? Maybe it was at your last big networking event, or maybe it's whenever you have to get up and speak in front of a crowd.

Let me just ask you: What is the quality of your relationship without confidence? What do you achieve in your life without confidence? How do you FEEL, on a day-to-day basis without confidence? To put it simply: Feeling comfortable with yourself is just not enough. I mean real confidence, not that in-your-face, fake-ass confidence and attention seeking that comes from a place of paralyzing fear. Click here to find out right now! Just quickly, what do you think confidence really is? What makes a woman confident? Confidence really is knowing that you have high worth. As well as knowing that you have value to add. Confidence is a feeling of certainty that lies deep within you. Now, I just want to quickly mention that we all have scenarios and things that we feel more confident with. And more importantly, since confidence really is a feeling, you need to always be building up the feeling of confidence and draw out the confidence within you. This is what will give you a sustainable base to work with. Confidence is built through pushing through what is uncomfortable. For example, if you feel uncomfortable and insecure around beautiful women, and you tend to prefer hanging around women who are less pretty than you are because it feels comfortable, I suggest you go and find some very attractive women to hang around. Let me ask you this: Do you worry that you might drop the toothbrush or brush the wrong way or brush your eye instead? What about putting on your bra? What about tying your shoelaces? How confident are you with these things? So we need to start with one area. Learn everything you can about it and take action so that you become competent and confident at it. And then, actually put your make up on and try different looks. Confidence is you knowing that you CAN even on a bad day. And that comes with practice and repetition. Once you become absolutely confident in something just one thing even, however small, that sense of certainty you develop inside of you and that confidence will transfer to other areas of your life. What is the ONE thing you can say to ANY man that will capture his attention, trigger his curiosity and make him hang onto every word you say! Get out a piece of paper. I want you to write down everything that you can do confidently. I mean everything you can think of. I really mean, everything, like your ability to walk confidently without tripping over, or your ability to swim 20 meters without drowning. Whenever you finish writing something, think of something else and write it down. Now this will be your list that you will draw your confidence from. And one final tip I have for you is this: Click here to find out right now! So here is the final thing I want you to do: The more rules you have for feeling confident about something, the less confident you will feel. This is not sustainable! In fact, by feeling confident, you actually become that radiant! Some people feel confident about something after doing it well just once. Always refer back to your list and draw out the confidence you have within you. Also, learn the 17 Attraction Triggers by clicking this link. Please leave a comment below, sharing with us what you have learnt, and letting us know of your tips for becoming more confident! By the way, can I ask you a quick favor? Click HERE to get yourself a copy before they run out! Connect with me on social media!

Chapter 7 : Learn From the 8 Most Confident Men in Film History | Potential2Success

How Tony Robbins Created an Empire by Being the Most Confident Man on Earth The world's most famous self-help entrepreneur lets us into his lair. Life coach Tony Robbins has perfected the art of.

Quotes[edit] At sunrise on a first of April there appeared, suddenly as Manco Capac at the lake Titicaca, a man in cream-colors, at the water-side in the city of St. His cheek was fair, his chin downy, his hair flaxen, his hat a white fur one, with a long fleecy nap. He had neither trunk, valise, carpet-bag, nor parcel. No porter followed him. He was unaccompanied by friends. From the shrugged shoulders, titters, whispers, wonderings of the crowd, it was plain that he was, in the extremest sense of the word, a stranger. Pardon me, but you must admit, that just now, an unpleasant distrust, however vague, was yours. Ah, shallow as it is, yet, how subtle a thing is suspicion, which at times can invade the humanest of hearts and wisest of heads. My object, sir, in calling your attention to this stock, is by way of acknowledgment of your goodness. I but seek to be grateful; if my information leads to nothing, you must remember the motive. A vast difference, young sir, between the melancholy view and the ugly. The one may show the world still beautiful, not so the other. The one may be compatible with benevolence, the other not. The one may deepen insight, the other shallows it. Yes, learn from me that, though the sorrows of the world are great, its wickedness "that is, its ugliness" is small. But for that, do I turn cynic? To my fellow-creatures I owe alleviations. So, whatever I may have undergone, it but deepens my confidence in my kind. You know best which yours is. For, what creature but a madman would not rather do good than ill, when it is plain that, good or ill, it must return upon himself? This was thought malice, but it certainly was not passion. It must call for no small sagacity in a reader unerringly to discriminate in a novel between the inconsistencies of conception and those of life as elsewhere. Experience is the only guide here; but as no one man can be coextensive with what is, it may be unwise in every case to rest upon it. It springs from the same root, I say; for, set aside materialism, and what is an atheist, but one who does not, or will not, see in the universe a ruling principle of love; and what a misanthrope, but one who does not, or will not, see in man a ruling principle of kindness? In either case the vice consists in a want of confidence. Never has it been my lot to have been wronged, though but in the smallest degree. Cheating, backbiting, superciliousness, disdain, hard-heartedness, and all that brood, I know but by report. Now the bridge that has carried me so well over, shall I not praise it? Man is a noble fellow, and in an age of satirists, I am not displeased to find one who has confidence in him, and bravely stands up for him. How unreal all this is! Who did ever dress or act like your cosmopolitan? And who, it might be returned, did ever dress or act like harlequin? Strange, that in a work of amusement, this severe fidelity to real life should be exacted by any one, who, by taking up such a work, sufficiently shows that he is not unwilling to drop real life, and turn, for a time, to something different. Yes, it is, indeed, strange that any one should clamor for the thing he is weary of; that any one, who, for any cause, finds real life dull, should yet demand of him who is to divert his attention from it, that he should be true to that dullness. If ever, in days to come, you shall see ruin at hand, and, thinking you understand mankind, shall tremble for your friendships, and tremble for your pride; and, partly through love for the one and fear for the other, shall resolve to be beforehand with the world, and save it from a sin by prospectively taking that sin to yourself, then will you do as one I now dream of once did, and like him will you suffer; but how fortunate and how grateful should you be, if like him, after all that had happened, you could be a little happy again. Meantime, the stranger regarded him with little surprise, apparently, though with much contemplativeness of a mystical sort, and presently said: In short, did the wish never occur to you to feel yourself exempt from knowledge, and conscience, and revel for a while in the care-free, joyous life of a perfectly instinctive, unscrupulous, and irresponsible creature? If I were a rattle-snake now, there would be no such thing as being genial with men "men would be afraid of me, and then I should be a very lonesome and miserable rattle-snake. You speak of a certain philosophy, and a more or less occult one it may be, and hint of its bearing upon practical life; pray, tell me, if the study of this philosophy tends to the same formation of character with the experiences of the world? Mystery is in the morning, and mystery in the night, and the beauty of mystery is everywhere; but still the plain truth remains, that mouth and purse must be filled. If,

hitherto, you have supposed me a visionary, be undeceived. I am no one-ideaed one, either; no more than the seers before me. Know me for such. The doctrines I have taught him will, I trust, lead him neither to the mad-house nor the poor-house, as so many other doctrines have served credulous sticklers. There is somewhere a defect, a want, in brief, a need, a crying need, somewhere about that man. You have hearkened to my story in vain, if you do not see that, however indulgent and right-minded I may seem to you now, that is no guarantee for the future. A story I can no way approve; for its moral, if accepted, would drain me of all reliance upon my last stay, and, therefore, of my last courage in life. For, what was that bright view of China Aster but a cheerful trust that, if he but kept up a brave heart, worked hard, and ever hoped for the best, all at last would go well? If your purpose, Charlie, in telling me this story, was to pain me, and keenly, you have succeeded; but, if it was to destroy my last confidence, I praise God you have not. And into the power of that uncertain personality which, through the mutability of my humanity, I may hereafter become, should not common sense dissuade you, my dear Frank, from putting yourself? The cosmopolitan turned on his heel, leaving his companion at a loss to determine where exactly the fictitious character had been dropped, and the real one, if any, resumed. There is no bent of heart or turn of thought which any man holds by virtue of an unalterable nature or will. As particular food begets particular dreams, so particular experiences or books particular feelings or beliefs. I will hear nothings of that fine babble about development and its laws; there is no development in opinion and feeling but the developments of time and tide. You may deem all this talk idle, Frank; but conscience bids me show you how fundamental the reasons for treating you as I do. Very odd sort of man the philanthropist. You are the second one, sir, I have seen. Very odd sort of man, indeed, the philanthropist. Ah, sir," again meditatively stirring in the shaving-cup," I sadly fear, lest you philanthropists know better what goodness is, than what men are. And, what is more than you do, barber, I trust them. But no, no; it is a mistake "all a mistake. Fatal, indeed," raising his hand, "inexpressibly dreadful, the trade of the barber, if to such conclusions it necessarily leads. Barber," eyeing him not without emotion, "you appear to me not so much a misbeliever, as a man misled. Now, let me set you on the right track; let me restore you to trust in human nature, and by no other means than the very trade that has brought you to suspect it. Certainly, the sense of originality exists at its highest in an infant, and probably at its lowest in him who has completed the circle of the sciences. For the most part, in town, to be sure. Every great town is a kind of man-show, where the novelist goes for his stock, just as the agriculturist goes to the cattle-show for his. But in the one fair, new species of quadrupeds are hardly more rare, than in the other are new species of characters "that is, original ones. Their rarity may still the more appear from this, that, while characters, merely singular, imply but singular forms so to speak, original ones, truly so, imply original instincts. Two would conflict to chaos. In this view, to say that there are more than one to a book, is good presumption there is none at all. But for new, singular, striking, odd, eccentric, and all sorts of entertaining and instructive characters, a good fiction may be full of them. To produce such characters, an author, beside other things, must have seen much, and seen through much: I have confidence in man. But what was told me not a half-hour since? I could not think it; and, coming here to look for myself, what do I read? Not only just what was quoted, but also, as was engaged, more to the same purpose, such as this: If thou be for his profit he will use thee; he will make thee bear, and will not be sorry for it. Observe and take good heed. When thou hearest these things, awake in thy sleep. For how can that be trustworthy that teaches distrust? Look," turning the leaves forward and back, till all the Old Testament lay flat on one side, and all the New Testament flat on the other, while in his fingers he supported vertically the portion between, "look, sir, all this to the right is certain truth, and all this to the left is certain truth, but all I hold in my hand here is apocrypha. They say it is apocryphal. For the moment, its being such escaped me. The uncanonical part should be bound distinct. And, now that I think of it, how well did those learned doctors who rejected for us this whole book of Sirach. This son of Sirach even says "I saw it but just now: Can Rochefoucault equal that? And to call it wisdom "the Wisdom of the Son of Sirach! What an ugly thing wisdom must be! Give me the folly that dimples the cheek, say I, rather than the wisdom that curdles the blood. Puts people up to suspecting good bills. Throw it away, I beg, if only because of the trouble it breeds you. In short, I never forget that passage of Scripture which says, "Jehovah shall be thy confidence. Something further may follow of this Masquerade.

Chapter 8 : The Most Interesting Man in the World - Wikipedia

The Most Interesting Man in the World The star of Dos Equis' new ad campaign is too cool to shill beer.

Life coach Tony Robbins has perfected the art of transforming clients into business partners. Peter Hapak If Tony Robbins told you to jump off a bridge, would you do it? Benioff first discovered the self-help guru as a year-old. This is not uncommon. Robbins boasts a star-studded network of clients, several of whom, including Benioff, have seen their relationship with him morph from one of master and student to that of friends. He shuffled them into his jeep, drove to a bridge, and then came to an abrupt halt in the middle of it. Below was a raging river. Robbins said they were all going to jump off to face their fears. Robbins waited until they were in the water to tell them about the poisonous snakes. Shortly after he mentioned them, Benioff saw one swimming next to Robbins. His business empire, however, is hardly limited to self-help. He has leveraged his formidable personality and network into a diverse web of businesses, building and investing in companies as far-flung as asteroid mining, credit cards, hospitality, nutritional supplements, private equity, sports teams, 3-D printed prosthetics, and, most recently, wealth management. In late July, Robbins was in Traverse City, Michigan, for a film-festival screening of his latest project, a new Netflix documentary called Tony Robbins: I Am Not Your Guru. Lots of people run successful businesses. Lots of people offer sound, incisive advice. But none of them could get the CEO of a multibillion-dollar company to jump into a snake-infested river in the middle of the night. So why can Robbins? As a year-old in Glendora, California, he decided to become a sports writer after failing to make the baseball team. But instead of taking writing classes, Robbins printed up business cards proclaiming himself a sports journalist. Even back then, it was clear in his writing that he was wired to be an agent of bravado. It has been proven to be unmatched in force. It can change anything! He soon got a job selling Rohn seminars and it was then that he realized his own professional calling. His rough upbringing--which includes a revolving door of stepfathers, an alcoholic mother who chased him around with a knife, and a period of homelessness--makes a compelling origin story, a tale he still emotionally unspools at his seminars decades later. One of the first clients to put Robbins on the map was a young swimmer who won gold at the Olympics in Los Angeles. You have the potential to excel. Would I characterize it as a useful tool? The state of his own mind is something he never stops tending to. His mornings begin with a dip in a degree coffin-size plunge pool; before he goes onstage, he jumps up and down on a mini trampoline, as if he were plugging himself into a human-battery- charging station. Many of his most-quoted mantras slice and dice the same basic message: Fear holds you back. Confidence--to live life fully, to take action, to strive passionately--drives you forward. Guber, who has been coached by Robbins for two decades, and become one of his closest friends, calls his counsel revelatory. It did threaten me before. See " Billion-Dollar Guru Machine. As his business and personal networks grow, he gains access to new ideas, opportunities, and relationships. He and Guber have since become co-investors in a Major League Soccer franchise. Joe Berlinger, the Oscar-nominated documentarian who typically exposes social injustices, was invited by Robbins to one of his seminars. It takes another kind to jump right in there with them.

Chapter 9 : List of con artists - Wikipedia

Just like man, the relationships within the community of raccoons are quite complicated. Raccoons possess dexterous hands and thumbs that allow them to utilize tools and solve problems. They are brave and extremely confident animals that are always in control of what they are doing.

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