

Chapter 1 : First-degree atrioventricular block - Wikipedia

Atrioventricular block (AV block) is a type of heart block in which the conduction between the atria and ventricles of the heart is impaired. Under normal conditions, the sinoatrial node (SA node) in the atria sets the pace for the heart, and these impulses travel down to the ventricles.

The conduction may be abnormally slowed or completely blocked. The AV block results from a functional or pathologic defect in the AV node, bundle of His or bundle branches. Cardiac ischemia and infarction are frequently associated with conduction blocks and delays. Three categories of AV blocks have been traditionally described First-degree block Second-degree block which includes types I and II Third-degree block complete First-degree block. The rhythm remains regular and each P wave is associated with a QRS complex. First-degree block is a common finding and may occur in the absence of organic heart disease. Drugs and organic heart disorders myocardial ischemia, congenital heart defects may be at the root of first-degree block. First-degree block is generally monitored but is not actively managed except to alleviate the underlying cause if possible. Second -degree block It is diagnosed when some of the atrial impulses are not conducted to the ventricles. Two types of second-degree block are identified by the pattern of non-conducted impulses: Type I also known as " Mobitz type I, Wenckenbach It is associated with progressive lengthening PR intervals until one P wave is not conducted dropped beat. The pattern repeats, causing the QRS complexes to occur in groups. The ischemic node is slow to recover after each depolarisation, resulting, thus, in a longer and longer nodal delay until one impulse is not conducted. This phenomenon Wenckenbach phenomenon gives the AV node time to recover, and the next atrial impulse is conducted more quickly with a nearly normal PR interval, beginning the cycle again. Treatment is rarely required. The QRS complex is usually but not always, wide Q. It is the bundle branch block that causes abnormally enlarged QRS complexes. Type II is less common than type I but it is more serious. The pathology associated with this type of block is usually anterior septal MI or fibrosis of the conduction system. The evolution of this block might be complete heart block with slow ventricular escape rhythm and poor cardiac output. Symptomatic type II block may require implantation of a pacemaker. No impulses are conducted from the atria to the ventricles and a junctional or an escape rhythm is evident. The ECG shows regularly occurring P waves that are totally independent of the ventricular rhythm. Prolonged QRS Interval The severity of symptoms is determined primarily by the heart rate, with slower rhythms being more serious. Pacemaker is usually required. First-degree AV block has no symptoms Second-degree AV block of type I " is characterised by the temporary absence of a heart beat described by the patient as a break. Second-degree AV block of type II-the patient might have bradycardia, a decrease in the ability to adapt to exertion, rarely syncope. Third-degree AV block -can have one of the following clinical manifestations:

Chapter 2 : Second-degree Atrioventricular block – LITFL – Medical Eponym Library

Atrioventricular (AV) block is partial or complete interruption of impulse transmission from the atria to the ventricles. The most common cause is idiopathic fibrosis and sclerosis of the conduction system. Diagnosis is by ECG; symptoms and treatment depend on degree of block, but treatment, when.

What every physician needs to know. Atrioventricular AV heart block describes impairment of conduction from the atria to the ventricles via the AV junction. This impairment occurs when the atrial impulse is either delayed or does not conduct to the ventricles. The sites of block include the AV node, the bundle of His, and the bundle branches. The anatomic site of block is either nodal or infranodal. Nodal blocks occur within the AV node and usually result in a narrow QRS complex with a ventricular escape rate greater than 40 beats per minute bpm. Infranodal blocks originate within the bundle of His or bundle branches and often display a wide QRS complex with a slower ventricular escape rate of less than 40 bpm. A point to remember is that atropine can improve AV nodal block but will worsen an infranodal block. The three commonly described types of AV block are 1st degree, 2nd degree and 3rd degree AV block. Type I is also known as Wenckebach. First degree AV block is a bit of a misnomer. It is not a true block but instead is just a delay in conduction of the atrial impulse, resulting in an increased PR interval of greater than msec. This is typically a nodal block. Type II second degree AV block may present as a single nonconducted P wave or a repetitive pattern of nonconduction 2: This block is commonly infranodal. Be mindful of 2: A narrow QRS complex suggests nodal arrhythmia and likely type I block, while a wide complex indicates an infranodal location and type II block. Third degree AV block occurs when P waves are not conducted to the ventricles and an ectopic, slow escape rhythm is present. In this case the atrial and ventricular impulses are not synchronous, and the atrial rate is faster than the independent ventricular rate. Conversely, a wide QRS complex suggests the block is infranodal. The etiology of AV block is quite variable. Lenegre-Lev syndrome, also known as senile degeneration, is an age related fibrosis of the conduction system leading to AV block. Additionally, 1st degree AV block may be the result of high vagal tone in healthy individuals and is not necessary pathologic. However, it is important to remember that any AV block may be due to myocardial ischemia or infarction, particularly of the inferior or anterior walls. Medications such as beta-blockers, calcium channel blockers, digoxin, and antiarrhythmic agents such as amiodarone may also be responsible for conduction delays. Other causes include hypothyroidism, Lyme disease, endocarditis, sarcoidosis, systemic inflammatory diseases, and genetic channelopathies. Are you sure your patient has AV block? Asymptomatic, low grade AV block 1st degree or type I second degree is often an incidental finding, usually reflecting prior ischemic disease or myocyte damage. New onset AV block in the setting of acute chest pain should be considered to be myocardial infarction until proven otherwise. The occurrence of AV block increases with age and the presence of structural heart disease. Data is unclear regarding a difference between genders and among races. A family history of arrhythmia, especially at a younger age, may increase risk of developing AV block. Competing diagnoses that can mimic AV block. Other patterns of electrophysiology should be considered when diagnosing AV block. Interference describes the normal physiologic phenomenon in which impaired conduction is due to the refractory period generated by preceding electrical impulse and may mimic AV block. Sinus bradycardia with respiratory variation, a wandering pacemaker, sinus pauses, and sick sinus syndrome should also be included in the differential. Physical exam is often normal or may be significant only for bradycardia. One should listen for an irregular rhythm and a decreased intensity of the 1st heart sound. The presence of an increased a-c interval, increasing jugular venous distension, or cannon A waves right atrium closing against a closed tricuspid valve in 3rd degree block suggest a hemodynamically significant AV block. What diagnostic tests should be performed? What laboratory studies if any should be ordered to help establish the diagnosis? How should the results be interpreted? In all patients, one should consider evaluation of electrolytes, especially calcium and potassium, digoxin level if applicable, and cardiac enzymes. Remember to repeat cardiac enzymes serially considering troponin levels may not rise for hours after an ischemic event. Other tests to consider include blood gas analysis for pH, thyroid stimulating hormone, free T4, anti-nuclear

antibody, and Lyme antibody if indicated by clinical history. What imaging studies if any should be ordered to help establish the diagnosis? Echocardiogram should also be considered for any change in clinical condition of the patient that might be attributable to a cardiac cause. However, patients with previously known AV block do not require a new echocardiogram during hospitalization if there is no change in the pattern of block and the clinical condition is unlikely related to cardiac disease. If patient has altered mental status, hypotension, shortness of breath, or chest pain likely due to AV block, place transcutaneous pacer pads and provide supplemental oxygen. Consider the use of atropine 0. Check ECG, cardiac enzymes and electrolytes. Also, one must stop AV nodal blocking agents such as beta-blockers and calcium channel blockers. If beta-blocker overdose is suspected, give glucagon. If calcium channel blocker toxicity is the potential cause, then give calcium. For digoxin toxicity, administer Digibind. Consult cardiology for possible angiogram and temporary transvenous pacemaker. Transfer the patient to the intensive care unit for continuous monitoring. Physical Examination Tips to Guide Management. Bradycardia, an irregular rhythm or a diminished S1 may be present on exam. An inability of the patient to follow instructions, crackles on pulmonary exam and cannon A waves observed within jugular venous pulsations may indicate a clinically severe AV block. Order serial cardiac enzymes and ECGs every 6 hours for at least three sets and for all changes in clinical condition. Ensure the patient has continuous cardiopulmonary monitoring. Management of clinically significant heart block should include cardiology consultation. Coronary angiography may be necessary along with implantation of a permanent pacemaker. If a patient has indications for AV nodal blocking agents, it is safe and often necessary to administer these medications once a pacemaker has been implanted.

Chapter 3 : AV Block: 2nd degree, Mobitz I (Wenckebach Phenomenon) â€¢ LITFL

Atrioventricular Block (AV Block) - Symptoms And Treatment. A disturbance in conduction between the sinus impulse (atrial impulse) and its associated ventricular response is called.

Understanding Atrioventricular Block Atrioventricular blocks AV are conduction delays or a complete block of impulses from the atria into the ventricles. AV block may be due to increased vagal tone that may be elicited during sleep, athletic training, pain or stimulation of the carotid sinus. Damage of the conduction system secondary to hereditary fibrosis or sclerosis of the cardiac skeleton are known as idiopathic progressive cardiac conduction disease. A plasma potassium concentration above 6. They may be iatrogenic, from medications such as Verapamil, Diltiazem, Amiodarone and Adenosine, or from cardiac surgeries and catheter ablations for arrhythmias. AV blocks are further classified according to the degree of blockage and include first degree AV block, second degree AV block and third degree AV block. We discuss each of these arrhythmias in this article. This component includes the intra-atrial conduction, represented by the P wave, and the conduction from the AV node into the His-Purkinje system. Prolongation of the PR interval of more than milliseconds is considered to be a first degree AV block. These can be due to structural abnormalities within the AV node, an increase in vagal tone and drugs that slow conduction such as digoxin, beta blockers and calcium channel inhibitors. It is important to note that in first degree AV block, no actual block occurs. First degree atrioventricular block. The P waves are buried within the T waves. The PR interval is milliseconds about 7 small squares. There are two types under this classification. Mobitz type I also known as Wenckebach occurs when there is an intermittent conduction block within the AV node that results in a failure to conduct an impulse from the atria into the ventricles. The impaired nodal conduction is progressive to the point that there is a total block. There is a clustering of the first four QRS complexes. Notice the prolongation of the PR interval 1st PR interval milliseconds, 2nd and 3rd PR interval is between to milliseconds and 4th PR interval is milliseconds followed by the absence of the QRS complex. The Wenckebach pattern here is 5: Symptomatic patients will require a pacemaker. The Mobitz type II AV block is secondary to a disease involving the His-Purkinje system, in which there is a failure to conduct impulses from the atria into the ventricles. A block occurs after the AV node within the bundle of His, or within both bundle branches. The His-Purkinje system is an all-or-none conduction system, therefore in Mobitz type II there are no changes in the PR interval, even after the non-conducted P wave. Because of this, Mobitz type 2 has a higher risk of complete heart block compared to Mobitz type I. The P waves are at a constant rate. There is no prolongation of the PR interval. The RR intervals before the dropped beats are constant. There is AV dissociation and escape rhythms that may be junctional or ventricular that represent perfusing rhythms. This is due to AV nodal disease or a disease involving the His-Purkinje system caused by coronary artery disease, enhanced vagal tone, a congenital disorder, underlying structural heart disease such as myocardial infarction, hypertrophy, inflammation or infiltration, Lyme disease, post-cardiac surgery, cardiomyopathies, rheumatologic diseases, autoimmune diseases, amyloidosis, sarcoidosis or muscular dystrophy. At any time the patient may suffer ventricular standstill that may result in sudden cardiac death. It is necessary for the patient to have a pacemaker inserted. Third degree AV block complete heart block. Notice that the P waves occur every milliseconds and the RR interval is every milliseconds exhibiting a dissociation in impulse rates.

Chapter 4 : Atrioventricular Block (AV Block) - Symptoms And Treatment - Doctor Tipster

AV block atrioventricular block. Bier block regional anesthesia by intravenous injection, used for surgical procedures on the forearm or the lower leg; performed in a bloodless field maintained by a pneumatic tourniquet that also prevents anesthetic from entering the systemic circulation.

Second degree AV block Eponyms can be confusing and open to misinterpretation. By plotting the historical course of their folksonomic semantic derivation we gain a deeper understanding of the condition, the authors and the eponym. We review the early development of arrhythmia recording and the contributions of Luciani , Galabin , Gaskell , Wenckebach , Hay and Mobitz to the current terminology associated with the categorization of Second-degree Atrioventricular block Second degree AV block ECG patterns that describe the behavior of the PR intervals in sinus rhythm in sequences with at least 2 consecutively conducted PR intervals in which a single P wave fails to conduct to the ventricles Mobitz Type I Wenckebach AV block Progressive prolongation of the PR interval culminating in a non-conducted P wave PR interval is longest immediately before the dropped beat PR interval is shortest immediately after the dropped beat Mobitz Type II Hay AV block Intermittent non-conducted P waves without progressive prolongation of the PR interval PR interval in the conducted beats remains constant. RR interval surrounding the dropped beat s is an exact multiple of the preceding RR interval e. Luciani used a tonographic apparatus for the graphic representation of the ventricular pulse of the frog heart preparation [; Upshaw and Silverman created a laddergram drawn beneath the waves which illustrates Wenckebach second-degree AV block. He used the apexcardiogram to study patients with mitral stenosis and found a patient Richard B- with a slow pulse; the case report in which he described atrial contraction asynchronous with ventricular contraction. However a repeat study taken later in the same day, figure 15 XV , demonstrates an almost exact repetition. Galabin postulated that the atria of the heart contracted twice in the interval between two ventricular contractions, and sometimes singly in the midst of a long pause instead of just before the systole of the ventricle. Galabin Apexcardiogram â€” Karel Wenckebach consulted a year-old woman with an irregular pulse which he interrogated using a sphygmogram and tuning fork. He noted there were regular pauses every 3 to 4 beats, but the small extra pulse seen during pauses were longer, and subsequent intervals were smaller. The first interval after each pause was longer, and subsequent intervals were shorter. Wenckebach credited Luciani as the first to describe this recurrent pattern in his frog heart experiments and defined this form of group beating as Luciani periods [; This is followed by the recommencement of the cycle. Wenckebach periodicity â€” Type I AV block â€” John Hay kymographically recorded simultaneous jugular venous and radial arterial pulses of a year-old man with a slow pulse. He observed that the a-to-c intervals of the jugular venous waves remained constant until an a jugular venous wave occurred that was not followed by the c radial pulse wave. The pause was equal to 2 atrial pulse-wave intervals [Lancet ; The middle diagonal line depicts AV conduction P-R interval , which gradually lengthens until the point at which AV conduction is absent altogether. After this point, the cycle starts again. The bottom line of the laddergram illustrates increasing time periods between ventricular contraction R-R interval , before a long pause as a result of the dropped beat, followed by a repeat of the cycle. Type I AV Block: Laddergram and cardiac rhythm strip â€” Mobitz Mobitz Type II Hay Atrial rate is constant, AV conduction rates are constant when successful, and ventricular contraction is present only after successful AV conduction. The rate of ventricular contraction is the same as rate of atrial contraction, or where AV block occurs, is an exact multiple of the atrial rate, as below algebraically Type II AV Block: Laddergram â€” Mobitz

Chapter 5 : Heart Block | Cleveland Clinic

Atrioventricular (AV) Block. A slow heart rate can be due to many causes, including the earlier described sick sinus syndrome (SSS). Another cause, atrioventricular block (AV block), is due to abnormally slowed electrical conduction of the sinus impulse through the AV node.

Tchou, MD, talks about blocked impulses in the heart. What is heart block? The signal is produced in an area of specialized cells in the atrium called the sinus node. The electrical signal moves down through the heart to the atrioventricular AV node, another cluster of specialized cells that is located in the center of the heart between the atria and ventricles. The AV node is sometimes referred to as an electrical relay station because its function is to slow the electrical current before it passes to the lower chambers of the heart ventricles. From the AV node, the electrical current travels to the ventricles along special fibers embedded in the heart walls. When the current arrives in the ventricles, they contract and pump blood out to the body. In people with heart block, also called AV block, the electrical signal that controls the heartbeat is partially or completely blocked from reaching the ventricles. What are the different types of heart block? Heart block is classified as first-, second- or third-degree, depending on the extent of electrical signal impairment. In first-degree heart block, the electrical impulse moves more slowly than normal through the AV node but it still conducts each signal. This condition is common in highly trained athletes. It can also be caused by drugs, particularly those that slow electrical impulse conduction through the AV node, such as beta-blockers, diltiazem, verapamil, digoxin and amiodarone. Second-degree heart block is broken down into two categories: Type I and Type II. In this condition, the electrical signal goes slower and slower until the heart actually skips a beat. In patients with Type II heart block also called Mobitz Type II, some of the electrical signals do not reach the ventricles, and the pattern is irregular. Individuals with this type of heart block may have a heartbeat that is slower than normal. The area that is blocked is lower in the conduction system and is often associated with more severe conduction disease. In patients with third-degree complete heart block, the electrical signal is not sent from the atria to the ventricles. The heart compensates by producing electrical signals from a specialized pacemaker area in the ventricles. These signals make the heart contract and pump blood, but at a rate that is much slower than normal. What are the symptoms of heart block? First-degree heart block often does not cause symptoms. Symptoms of second- and third-degree heart block include fainting, dizziness, fatigue, shortness of breath and chest pain. In third-degree heart block, the symptoms reflect the severity of the slow heart rate. In some cases this may be dangerous and need immediate medical attention. What causes acquired heart block? Acquired heart block has many possible causes, including heart attack the most common cause, heart disease, an enlarged heart cardiomyopathy, heart failure and rheumatic fever. Sometimes heart block occurs as a result of injury to the heart during open heart surgery, as a side effect of some drugs, or after exposure to a toxin.

Chapter 6 : Management and treatment of AV block (atrioventricular blocks) – ECG learning

Understanding Atrioventricular Block Atrioventricular blocks (AV) are conduction delays or a complete block of impulses from the atria into the ventricles. AV block may be due to increased vagal tone that may be elicited during sleep, athletic training, pain or stimulation of the carotid sinus.

Under normal conditions, the sinoatrial node SA node in the atria sets the pace for the heart, and these impulses travel down to the ventricles. In an AV block, this message does not reach the ventricles or is impaired along the way. The ventricles of the heart have their own pacing mechanisms, which can maintain a lowered heart rate in the absence of SA stimulation. The causes of pathological AV block are varied and include ischaemia, infarction, fibrosis or drugs, and the blocks may be complete or may only impair the signaling between the SA and AV nodes. Certain AV blocks can also be found as normal variants, such as in athletes or children, and are benign. The cholinergic receptor types affected are the muscarinic receptors. There are three types: Progressive prolongation of PR interval with dropped beats the PR interval gets longer and longer; finally one beat drops. PR interval remains unchanged prior to the P wave which suddenly fails to conduct to the ventricles. Mobitz I is characterized by a reversible block of the AV node. When the AV node is severely blocked, it fails to conduct an impulse. Mobitz I is a progressive failure. Some patients are asymptomatic; those who have symptoms respond to treatment effectively. There is low risk of the AV block leading to heart attack. Mobitz II is characterized by a failure of the His-Purkinje cells resulting in the lack of a supra ventricular impulse. These cardiac His-Purkinje cells are responsible for the rapid propagation in the heart. Mobitz II is caused by a sudden and unexpected failure of the His-Purkinje cells. The risks and possible effects of Mobitz II are much more severe than Mobitz I in that it can lead to severe heart attack. This means that none of the signals reach either the upper or lower chambers causing a complete blockage of the ventricles and can result in cardiac arrest. Third-degree atrioventricular block is the most severe of the types of heart ventricle blockages. Persons suffering from symptoms of third-degree heart block need emergency treatment including but not limited to a pacemaker. This degree is typically asymptomatic and is only found through an ECG reading. Second-Degree AV block, although typically asymptomatic, has early signs that can be detected or are noticeable such as irregular heartbeat or a syncope. A Third-Degree AV block, has noticeable symptoms that present itself as more urgent such as: A clinical evaluation also looks at infection, myxedema, or connective tissue disease studies. In order to properly diagnose a patient with AV block, an electrocardiographic recording must be completed ECG. Based on the P waves and QRS complexes that can be evaluated from these readings, that relationship will be the standardized test if an AV block is present or not. In order to identify this block based on the readings the following must occur: Other examinations for the detection of an AV block include electrophysiologic testing, echocardiography, and exercise. In severe cases or emergencies, atropine administration or isoproterenol infusion would allow for temporary relief if bradycardia is the cause for the blockage, but if His-Purkinje system is the result of the AV block then pharmacologic therapy is not recommended.

Chapter 7 : Treatment for Atrioventricular (AV) Block in Washington DC & Maryland

Mobitz type I 2nd-degree AV block may be physiologic in younger and more athletic patients. The block occurs at the AV node in about 75% of patients with a narrow QRS complex and at infranodal sites (His bundle, bundle branches, or fascicles) in the rest.

This system controls the rate and rhythm of heartbeats. With each heartbeat, an electrical signal spreads across the heart from the upper to the lower chambers. As it travels, the signal causes the heart to contract and pump blood. Heart block occurs if the electrical signal is slowed or disrupted as it moves through the heart. An arrhythmia is any problem with the rate or rhythm of the heartbeat. Some people are born with heart block, while others develop it during their lifetimes. Doctors might detect congenital heart block before or after a baby is born. Certain diseases that may occur during pregnancy can cause heart block in a baby. Some congenital heart defects also can cause heart block. Acquired heart block is more common than congenital heart block. Damage to the heart muscle or its electrical system causes acquired heart block. Diseases, surgery, or medicines can cause this damage. The three types of heart block are first degree, second degree, and third degree. First degree is the least severe, and third degree is the most severe. This is true for both congenital and acquired heart block. Doctors use a test called an EKG electrocardiogram to help diagnose heart block. It maps the data on a graph for the doctor to review. Outlook The symptoms and severity of heart block depend on which type you have. First-degree heart block may not cause any severe symptoms. Second-degree heart block may result in the heart skipping a beat or beats. This type of heart block also can make you feel dizzy or faint. This type of heart block may cause fatigue tiredness , dizziness, and fainting. Third-degree heart block requires prompt treatment because it can be fatal. A medical device called a pacemaker is used to treat third-degree heart block and some cases of second-degree heart block. This device uses electrical pulses to prompt the heart to beat at a normal rate. Pacemakers typically are not used to treat first-degree heart block. All types of heart block may increase your risk for other arrhythmias, such as atrial fibrillation A-tre-al fih-brih-LA-shun. Talk with your doctor to learn more about the signs and symptoms of arrhythmias. An EKG records the strength and timing of electrical signals as they pass through the heart. In figure A, a normal heart rhythm recording shows the electrical pattern of a regular heartbeat. In figure B, a patient lies in a bed with EKG electrodes attached to his chest, upper arms, and legs. A nurse monitors the painless procedure. Each electrical signal begins in a group of cells called the sinus node or sinoatrial SA node. The SA node is located in the right atrium AY-tree-um , which is the upper right chamber of the heart. Your heart has two upper chambers and two lower chambers. In a healthy adult heart at rest, the SA node sends an electrical signal to begin a new heartbeat 60 to times a minute. From the SA node, the signal travels through the right and left atria. The electrical signal moving through the atria is recorded as the P wave on the EKG. The electrical signal passes between the atria and ventricles through a group of cells called the atrioventricular AV node. The signal slows down as it passes through the AV node. This slowing allows the ventricles enough time to finish filling with blood. On the EKG, this part of the process is the flat line between the end of the P wave and the beginning of the Q wave. The electrical signal then leaves the AV node and travels along a pathway called the bundle of His. From there, the signal travels into the right and left bundle branches. The ventricles then recover their normal electrical state shown as the T wave on the EKG. The muscle stops contracting to allow the heart to refill with blood. This entire process continues over and over with each new heartbeat. Click the "start" button to play the animation. Written and spoken explanations are provided with each frame. Use the buttons in the lower right corner to pause, restart, or replay the animation, or use the scroll bar below the buttons to move through the frames. Types Some people are born with heart block congenital , while others develop it during their lifetimes acquired. First-degree heart block may not cause any symptoms or require treatment. Second-Degree Heart Block In this type of heart block, electrical signals between the atria and ventricles are slowed to a large degree. Second-degree heart block is divided into two types: Mobitz type I and Mobitz type II. Sometimes people who have Mobitz type I feel dizzy or have other symptoms. This type of second-degree heart block is less serious than Mobitz type II. It also shows what happens during

second-degree Mobitz type I heart block. However, the pattern is less regular than it is in Mobitz type I. Some signals move between the atria and ventricles normally, while others are blocked. Sometimes, though, the QRS wave is missing when a signal is blocked. Some people who have type II need medical devices called pacemakers to maintain their heart rates.

Third-Degree Heart Block In this type of heart block, none of the electrical signals reach the ventricles. This type also is called complete heart block or complete AV block. When complete heart block occurs, special areas in the ventricles may create electrical signals to cause the ventricles to contract. On an EKG, the normal pattern is disrupted. Complete heart block can result in sudden cardiac arrest and death. This type of heart block often requires emergency treatment. A temporary pacemaker might be used to keep the heart beating until you get a long-term pacemaker.

Causes Heart block has many causes. Some people are born with the disorder congenital, while others develop it during their lifetimes acquired.

Congenital Heart Block One form of congenital heart block occurs in babies whose mothers have autoimmune diseases, such as lupus. In pregnant women, antibodies can cross the placenta. Congenital heart defects also may cause congenital heart block.

Acquired Heart Block Many factors can cause acquired heart block. Damage to the heart from a heart attack. This is the most common cause of acquired heart block. Coronary heart disease, also called coronary artery disease. Myocarditis MI-o-kar-DI-tis, or inflammation of the heart muscle. Other diseases may increase the risk of heart block. Exposure to toxic substances and taking certain medicines—including digitalis, beta blockers, and calcium channel blockers—also may cause heart block. Doctors closely watch people who are taking these medicines for signs of problems. Some types of heart block have been linked to genetic mutations changes in the genes. An overly active vagus nerve also can cause heart block. You have one vagus nerve on each side of your body. These nerves run from your brain stem all the way to your abdomen. Activity in the vagus nerve slows the heart rate. In some cases, acquired heart block may go away if the factor causing it is treated or resolved. For example, heart block that occurs after a heart attack or surgery may go away during recovery. Also, if a medicine is causing heart block, the disorder may go away if the medicine is stopped or the dosage is lowered. Always talk with your doctor before you change the way you take your medicines.

Risk Factors The risk factors for congenital and acquired heart block are different.

Congenital Heart Block If a pregnant woman has an autoimmune disease, such as lupus, her fetus is at risk for heart block. Autoimmune diseases can cause the body to make proteins called antibodies that can cross the placenta. Congenital heart defects also can cause heart block. Heredity may play a role in certain heart defects. For example, a parent who has a congenital heart defect might be more likely than other people to have a child with the condition.

Acquired Heart Block Acquired heart block can occur in people of any age. However, most types of the condition are more common in older people.

Chapter 8 : Atrioventricular block, ECG tracing: MedlinePlus Medical Encyclopedia Image

For second- and third-degree heart block, you may get a small device called a pacemaker in your chest. This is considered "minor" surgery and you'll be sedated for it.

Localization of the level of the block Atrioventricular block AV blocks: Below follows a general discussion on AV blocks, with emphasis on ECG characteristics and clinical features. Impulse conduction through the atrioventricular node is slow. This is explained by the scarcity of gap junctions in the cells of the atrioventricular node. Nevertheless, the slow impulse conduction through the atrioventricular node has a physiological purpose. After leaving the atrioventricular node, the impulse continues through the His bundle which branches into the left and right bundle branch. The left bundle branch is further divided into two fascicles. From these bundles and fascicles the Purkinje fibers sprout out into the myocardium. Impulse conduction through the Purkinje system is very rapid due to the high abundance of gap junctions. The rapid impulse transmission enables the majority of ventricular myocardium to be depolarized more or less simultaneously. This is important since it optimizes the efficiency of the contraction. Refer to Figure 1. Components of the ventricular conduction system and the temporal association between the ECG and impulse transmission through the heart. The atrioventricular node is richly innervated with sympathetic and parasympathetic fibers. Very strong parasympathetic input may lead to complete block of impulses. An overview of AV blocks Impulse conduction from the atria to the ventricles may be abnormally delayed or even blocked. These conditions are referred to as atrioventricular AV blocks, which are subdivided according to the degree of block. First-degree AV block synonyms: However, all impulses are conducted to the ventricles. Second-degree AV-block occurs in the following two variants: Second-degree AV block Mobitz type 1. Second-degree AV block Mobitz type 2. Second-degree AV block particularly Mobitz type 2 mandates treatment. Third-degree AV block synonyms: This condition is referred to as atrioventricular AV dissociation. Cardiac arrest occurs if no escape rhythm arises. Second-degree AV block is usually asymptomatic, unless there is high-degree block many atrial impulses blocked. Those patients may experience irregular heart rate, palpitations, pre-syncope or even syncope. However, this is uncommon particularly syncope. Lightheadedness, dyspnea, angina, dizziness, pre-syncope or syncope may occur. Idiopathic fibrosis of the conduction system: This correlates strongly with age. Note that inferior myocardial infarction usually causes transient AV blocks which resolves within 7 days, whereas anterior wall infarction generally cause permanent AV blocks. The Vagus nerve slows heart rate as well as conduction through the AV node. In the vast majority of cases the asystole is transient. Recall that digoxin may cause all arrhythmias and conduction defects, including all degrees of AV block. Localization of the level of the block Localizing the level of the block is relevant as it has implications for the prognosis and treatment. The more distal from the atrioventricular node the block, the greater the risk of development of complete heart block third-degree AV block. This is because automaticity diminishes gradually with the distance from the AV node. It is often difficult to localize the level of the block on the lead ECG. There are, fortunately, some rules of thumb that should be noted. The block in second-degree AV block Mobitz type 1 is also mostly located in the atrioventricular node. These types of AV block are the most benign. The block in second-degree AV block Mobitz type 2 is mostly located in the bundle of His or distal to it. The block in third-degree AV block is mostly located in the atrioventricular node or the bundle of His. QRS duration may be used to differentiate between blocks located in the AV node and the bundle of His. Thus, normal QRS duration implies that the block is located proximal to the bifurcation of the bundle of His. Electrophysiological study is necessary to firmly establish the level of the block, but this is only rarely needed because management is based primarily on the degree of the AV block. Principles of AV blocks.

Chapter 9 : AV block- 1st, 2nd and 3rd degree blocks - Cancer Therapy Advisor

First-degree AV block (synonyms: AV block 1, AV block I, 1st degree AV block) The term block is somewhat misleading

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in this case, because first-degree AV block only implies that the conduction is abnormally slow (the PR interval is $> s$).